

SENATE RESOLUTION
[NUMBER - SR-F23-004]

PRIMARY AUTHOR(S)	Ángel Rentería Enríquez (Vice President of External Affairs) Paolina Ochoa (ACQUIRE Coordinator Office of External Affairs)
SECONDARY AUTHOR(S)	Ray Khan (CHASS Senator)
SPONSOR(S)	Rachit Shah (CHASS Senator)

TITLE	Resolution to Support the Use of Increased Funding for UCR's Collegiate Recovery Services
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WHEREAS, recovery is defined as the “a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential” and the four components of recovery are health, home, purpose, and community;¹

WHEREAS, the “health” component of recovery includes physical, mental, and emotional health,¹ and recovery is a “holistic” journey, which requires the “treatment of the whole person, taking into account mental and social factors, rather than just the symptoms of an illness”²;

WHEREAS, according to the American College Health Association's National College Health Assessment (ACHA-NCHA), currently 2.2 percent of all college students identify as being in recovery from a substance-use disorder;²

WHEREAS, UC campuses with an established collegiate recovery program (CRP) have independently developed their own respective programs, resulting in a disparity of resources when comparing programs across the system;²

WHEREAS, data gathered by CRP staff indicates that UC recovery programs each serve between 30 to 75 students who engage directly in recovery services and reach between 500 to 2400 students engaging in harm-reduction education and overdose prevention efforts offered by CRPs;²

WHEREAS, ARHE, the Association of Recovery in Higher Education, outlines the following recommendations for CRP programs:³

¹ <https://www.samhsa.gov/find-help/recovery>

² <https://drive.google.com/file/d/1wiG-zp6dn1zN0H6eGMyGEGW3-Pf93G8d/view>

³ <https://collegiaterecovery.org/standards-recommendations/>

1. CRPs embrace that recovery from substance use disorder is an individualized, intentional, dynamic, and relational process involving sustained efforts to improve wellness.
2. CRPs have dedicated physical space for students in recovery to gather and support one another.
3. CRPs have within them a collegiate recovery community (CRC) with students who offer each other peer support.
4. CRPs provide a variety of recovery support programmatic elements to assist students in maintaining and protecting their recovery.
5. CRPs have paid, qualified, trained, ethical, and dedicated professionals who support students in recovery.
6. CRPs are non-profit entities.
7. CRPs are housed within Institutions of Higher Education that confer degrees (e.g., associates, bachelors, masters, and/or doctorate degrees).
8. CRPs often identify and collaborate with on and off campus partners and stakeholders.
9. CRPs actively cultivate an environment of belonging which honors the whole student.

WHEREAS, at UC Riverside, The Well Services are in need of more funding and expansion of services given the increasing enrollment of UC Riverside;

Now, therefore, be it

- (1) *Therefore let it be further resolved*, the Associated Students of the University of California, Riverside supports the establishment of a harm-reductionist approach as the standard of our system, recognizing recovery as an individualistic process for which there are multiple pathways;
- (2) *Therefore let it be further resolved*, the Associated Students of the University of California, Riverside implore UC Riverside to employ at least one paid full-time professional who is dedicated to specifically overseeing the collegiate recovery program and supporting students in recovery, funded by an institutional operating budget which is ongoing and covers programmatic and staffing costs;
- (3) *Therefore let it be further resolved*, the Associated Students of the University of California, Riverside implore UC Riverside to have this collegiate recovery program recognize the importance of a low-barrier approach in promoting confidentiality, inclusivity, and accessibility in the face of the stigma surrounding substance abuse, with no general membership requirements for participation beyond an intrinsic desire to decrease problematic substance use.
- (4) *Therefore let it be further resolved*, the Associated Students of the University of California, Riverside urge campus administration to designate private, dedicated, accessible physical space on or near campus, managed by program staff, for students in recovery to gather and support one another;

- (5) *Therefore let it be further resolved*, the Associated Students of the University of California, Riverside recognize the historical and ongoing harms of substance use — both direct and indirect — that disproportionately affects historically underserved communities (including, but not limited to, people of color and LGBTQ+ communities) and that CRPs commit to centering equity, inclusion, antiracism and cultural competence and humility in tangible and meaningful practices.
- (6) *Let it be finally resolved*, the Associated Students of the University of California, Riverside urge the CRP at Riverside to follow the standards outlined by the ARHE and the “CRP SYSTEMWIDE RECOMMENDATIONS” outlined in the June 2023 CRP Summary released by Graduate, Undergraduate And Equity Affairs;

CC:

Chancellor Wilcox

Provost

Vice Chancellor for Diversity, Equity, and INclusion

Vice Chancellor for Student Affairs

Vice Provost of Academic Affairs

The Highlander

Victoria Nguyen

Executive Vice President

INTRODUCED ON - *November 3, 2023*

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VOTE COUNT - *14-0-0*