ODYSSEY OF ONSLAUGHT

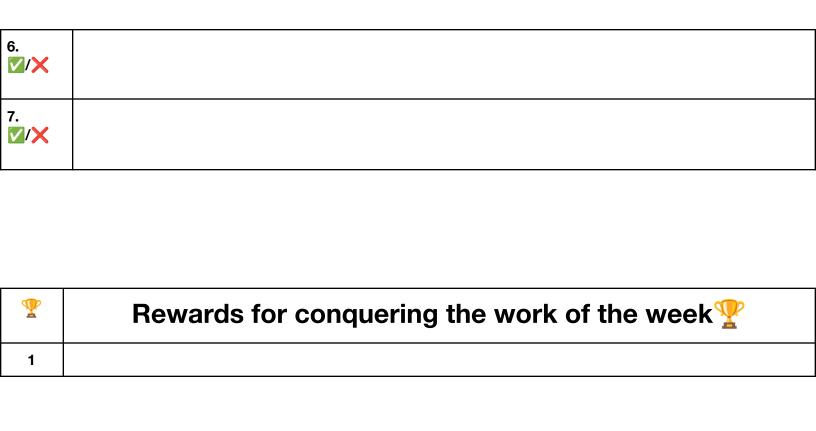
V/X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)	
	Wake up and sleep 🌙	
1.×		
2.		
💪 Health and training 🥊		
3. 🗸	MISSION: Eat daily 3280 cals Strategic Steps: Do 2 big meals, one lunch and one dinner	
4. 🗙		
5. 🗸		
6. 🗸		

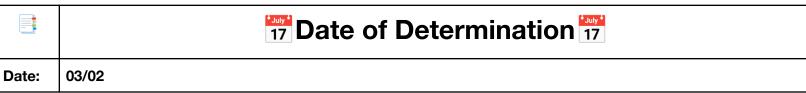
V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)	
7. 🗸	MISSION: Do 100 burpees	
	Strategic Steps: Do them in the least amount of time	
8. X	MISSION: Stretch for 15 minutes	
	Strategic Steps: Do them in the least amount of time	
9. 🗙	MISSION: Write FV/do missions	
	⊗ Strategic Steps:	
10. 🔽	MISSION: Send 4 outreaches	
	⊗ Strategic Steps:	
11. 🔽	MISSION: Search prospects	
	⊗ Strategic Steps:	
12. 🔽	⊚ MISSION: Review FV and outreach and find ways to improve them	
	⊗ Strategic Steps:	
13. 🔽	MISSION: Watch PUC	
	⊗ Strategic Steps:	
44 💌	MICCIONI Daview assessful constitutes	
14. 🔽	MISSION: Review successful copy for 15 minutes	
	Strategic Steps:	

▽/ ×	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
15. 🔽	⊚ MISSION: Help students for 10 minutes
	⊗ Strategic Steps:
16. 🗙	⊚ MISSION: Review and take new notes on step 1, 3 and the empathy course
	Strategic Steps: Apply new "how to learn" lessons
17. 🗙	⊚ MISSION: Share the notes you took with Gs
	Strategic Steps:
18. 🗙	MISSION: Review your notes at the end of the work sessions and before going to sleep
	⊗ Strategic Steps:
19. 🗙	⊚ MISSION: Watch lessons on social media fame
	⊗ Strategic Steps:
20. 🗙	⊚ MISSION: Do conquest planner mission
	Strategic Steps:
	X Review of the day's conquest and new battle plans 🙇
21. 🔽	MISSION: Plan the next day

V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
22. 🔽	MISSION: Review the work did in a day and come up with new ideas
23. 🔽/💢	⊚ MISSION:
	Ø Strategic Steps:
	Knowledge 🧠
24. 🔽	MISSION: Practice German for 15 minutes

▽ /×	Extra tasks - rewards for conquering the day X (do only after a G work sessions or if you have spare time)	
1. X	Playing 3 chess games	
2. 🗙	Reading 10 pages	
3. V / X		
4. V / X		
5. V / X		







Yesterday's Overall Benchmark Score to Surpass Today = 12/14

	3 Blessings I Cherish This Morning 🙌
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

	🎩 Magic Trio: 3 Priority Missions 🎩	
	(These are non-negotiable tasks and must be conquered today!)	
1.	Outreach	
2.	Research for prospect	
3.	Training	



(Design each hour with intention and reflect upon its journey)

Mission 🕌	Mission: What will I do?
Strategy Q	Strategy: How will I do it, step-by-step action?
Reflection /	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good
4 AM: Mission 🧏	
Strategy Q	
Reflection /	
Score 🏆	

5 AM: Mission 🖔	
Strategy <	
Reflection /	
Score 🏆	

6 AM: Mission 💃	Wake up, 100 burpees, shower and study
Strategy Q	
Reflection /	no, I didn't study because I woke up 10 minutes late and I could have moved fastwr
Score 🏆	7/10

7 AM: Mission 💃	Finish studying and go to school
Strategy Q	While going to school help students
Reflection /	no, I didn't finish studying as I didn't stat studying
Score 🏆	9/10

8 AM: Mission 🖔	School
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

9 AM: Mission 💃	School
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

10 AM: Mission	School
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

11 AM: Mission ↓	School
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

12 PM: Mission 💃	Get home and eat
Strategy Q	While getting home review copy and while eating listens to Agoge call 4
Reflection /	no, I didn't eat while listening to the Agoge call because the copy review took longer
Score 🏆	9/10

1 PM: Mission 🧏	Listen and take notes on Agoge call 4
Strategy 🔍	
Reflection /	accomplished
Score 🏆	9/10
2 PM: Mission 💃	Boxing
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10
3 PM: Mission 辈	Boxing
Strategy 🔍	
Reflection /	accomplished
Score 🏆	9/10

4 PM: Mission 💃	Get home, shower and cook
Strategy Q	
Reflection /	no, I didn't shower and cook because I had to wait to enter the shower as someone else was using it. While I was waiting I searched for prospects.
Score 🏆	9/10

5 PM: Mission 💃	Eat
Strategy 🔍	While eating perform conquest planner mission
Reflection /	no, I didn't perform the mission because I ah sto first finish the call
Score **	9/10

6 PM: Mission 辈	Do conquest planner mission
Strategy <	
Reflection /	no, I Didn't do the mission because I started eating later and I preferred continuing to listen to the Q&A part while eating so that I could finish eating pretty quick. I then had to finish the note taking process of the call.
Score 🏆	8/10

7 PM: Mission 🖔	Do conquest planner mission
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

8 PM: Mission 辈	Write outreach
Strategy 🔍	
Reflection /	no, I Didn't write outreach because I continued to work on the mission

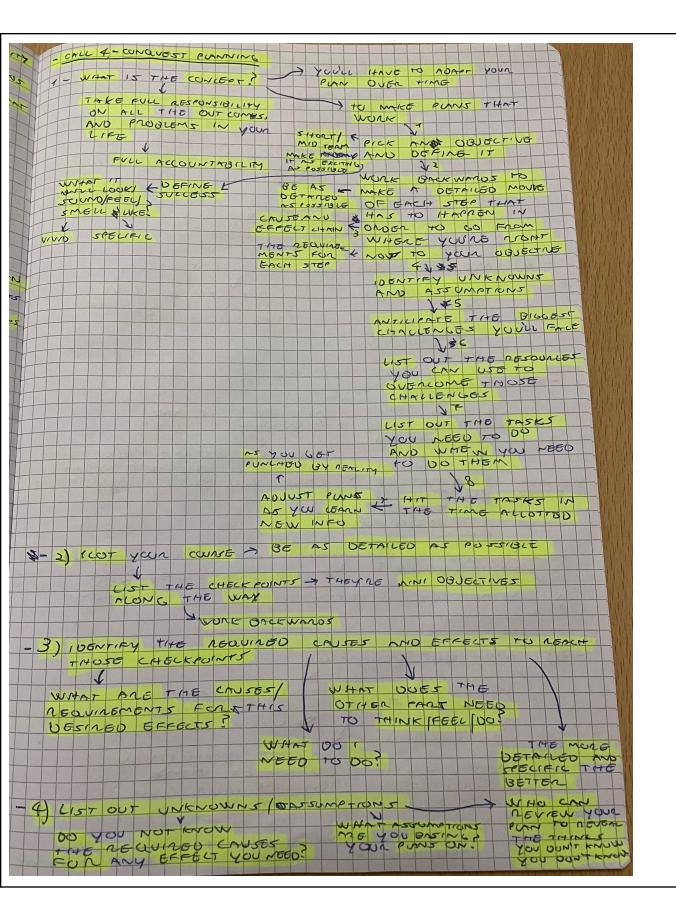
Score 🏆	9/10
9 PM: Mission 🖔	Eat
Strategy 🔍	
Reflection /	no, I didn't eat as I continued working on the mission till roughly 9:40 PM
Score 🏆	9/10
10 PM: Mission 💃	Review the work did in a day, plan the next day and get ready to go to sleep
Strategy Q	
Reflection /	accomplished
Score **	9/10



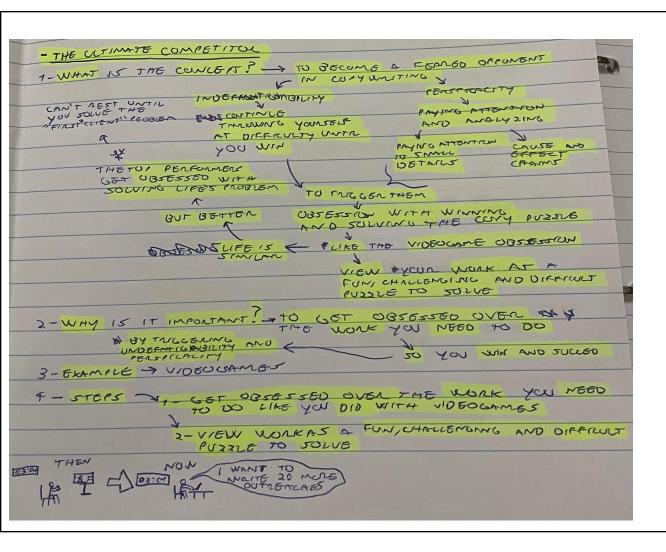
🌇 Twilight's Review 🌇



Today's Learnings: Wisdom or lessons learned from the day



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AND PRESENT FOR THEM AND GREET MONTON	Soyn worker flat makes you actique
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* Victories Celebrated: Accomplishments and successes of the day

Sent 4 outreaches

Stumbles Along the Way: Points of difficulty or mistakes made.

Tomorrow's Illuminations: Plan how to improve and progress the next day.
Consistencies to Keep: Recognize what worked well and should be repeated.
Copy work and training
Communications: Identifying individuals to connect with.
Pending Missions: Tasks that remain uncompleted
Waking up and going to sleep on time, drinking 3L of water, writing FV/doing missions, do conquest planner mission, reviewing and taking notes on lessons, sharing and reviewing them, watching social media lessons, stretching, reading and playing chess games
Day's Overall Score: A final assessment of the day's productivity
14/16
Weekly goals- conquests for the

week		
1. 🚺/💢	State of completion: 14/25	Write 25 outreaches
2. 🗸/🗙	State of completion: 1/7	Sleep at least 7 hours everyday except for Tuesday and Wednesday where the goal is 6 hours
3. 🚺/💢	State of completion: 1/7	Write 7 pieces of copy
4. V / X	State of completion: start level 3	Review all the level 1 and 3 lessons from the bootcamp and the empathy course
5. V / X	State of completion: 2/7	Complete daily checklist everyday