

Week 2 Assignment: Weekly Journal

Instructions

After doing the reading and watching the lecture, answer the following questions and then submit them as .doc, .docx, or .pdf by 11:59 pm on Sunday. You can copy and paste the questions below, or download a copy of the worksheet to work on here.

Part A

1. What does it mean to say that the field of human services has historically been 'whitewashed'?
2. What does it mean to say that an aspect of society is socially constructed?
3. What are the different dimensions of diversity? Which dimension do you feel most comfortable in your knowledge of? In which dimension do you feel like you have the most room to grow in your understanding?
4. Why is it important to understand diversity and the social construction of difference if you want to work in human services?

Part B

Watch [Cultural Humility: People, Principles, and Practices - Vivian Chaves](#) (Viewing time: 29 minutes and 28 seconds) and answer the following questions:

1. How are cultural humility and cultural competence different from one another?
2. What are the three principles of cultural humility?
3. Why is cultural humility important? Provide an example of how not being culturally humble could harm a client.
4. What is community based participatory research? What is unique about this kind of research? How is cultural humility involved in this kind of research?
5. Questions, thoughts, concerns?

Purpose

These Weekly Journal assignments should help you to identify what is important in the lecture, create study tools to prepare for the exam, and reflect on and think more deeply about the week's topic and material.

Grading Criteria

- Answer each question fully and concisely, addressing all aspects of it. Points will be taken off if you fail to answer all questions or do not provide sufficient detail. Please refer to the rubric for this assignment, which reflects these criteria.
- Submit your answers as a .doc, .docx, or .pdf by 11:59 pm on Sunday. One point (aka 5%) will be taken off your grade for each day the assignment is late.

Submitting your Assignment

[How to Upload a File as an Assignment Submission](#)

Points: 20

Submitting a file upload

File Types: doc, docx, and pdf