

# Activities for older people in and around Kilburn



Nov 25 –  
Jan 26

***Walks – campaigning  
games – discussion –  
socials – museums – meals – arts***

Kilburn is really changing: KOVE were the first to use the new Grange park entrance. Thank you all of our great toilets campaign volunteers. Still for sale ~ best offers for toddlers' bed 57" x 30", 15" high.

Kilburn Music Mile includes the Royal Philharmonic Orchestra and singers at the beautiful Gaumont State, 7.30pm, Thurs 6<sup>th</sup> November ~ first concert in 50 years.



One Kilburn issues include police, Transport for London, health, Kingsgate Neighbourhood Centre and return of Light up Kilburn in February 2026.

(Note Kew Gardens visit Wednesday 29<sup>th</sup> October)

## Nov 2025

Sun 2	Roast dinner	1pm pub grub North London Tavern, 375 K H R, NW6 7QB Enjoy eating together, KOVE discount
Mon 3	Monthly Kiln get together	11am-12.30pm. Share what's happening KILN, 269 Kilburn High Road, NW6 7JR (middle of ground floor).
Wed 5	Supported walk Grange Park	1pm, gentle walk round the park - trees identification, autumn poetry. Refreshments. Meet John at entrance near the Black Lion on Kilburn High Road.
Thur 6	<b>Annual General Meeting</b>	Speaker Dr Anne Gray 'Radical Approaches to the Care Crisis' 1.30 – 3.30 pm Sycamore Hall, 27 West End Lane, NW6 4NY
Thur 6	Philharmonic & special guests	First concert for 50 years at this beautiful venue, 7.30pm Gaumont State Kilburn High Road, NW6 7HY. Tickets Eventbrite
Fri 7	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Tue 11	Age Friendly Brent	11 – 2pm Launch of new scheme at Brent Civic Centre

Wed 12	Bench to Bench London	Bloomsbury walk to the 'Thirst@ exhibition at the Welcome Collection'. Meet John outside Russell Square tube, 1.30pm
Thurs 13	KOVE toilets team	Open Steering group to discuss our policy for Kilburn and plan out World Toilet Day events (see 19 <sup>th</sup> and 22 <sup>nd</sup> ) 1.30pm - 3.30pm Sycamore Hall, 27 West End Lane, NW6 4NY
Wed 19	World Toilet Day (WTD)	11 am outside Kilburn (Jubilee line) station. Join Kove's action part of London Loo Alliance challenge to Transport for London.
Thurs 20	W H & Kilburn Pensioners	1.30pm Sycamore Hall, 27 West End Lane, NW6 4NY Tudor Allen presentation: George Bernard Shaw in Camden
Fri 21	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Sat 22	Loos for Kilburn (WTD)	KOVE's annual event: Kilburn Library NW6 5UH from 1.15pm <b>Why is there no public toilet on Kilburn High Road?</b>
Wed 26	Bench to Bench London goes east	Rotherhithe to Island Gardens. With local historian and scouse tearaway Paul Hayes. Meet John at West Hampstead Overground 1pm

### Dec 2025

Mon 1	Monthly Kiln get together	11am-12.30pm. Share what's happening Kiln, 269 Kilburn High Road, NW6 7JR (middle of ground floor).
Wed 3	Supported walk Grange Park	1pm, gentle walk round the park - trees identification, autumn poetry. Refreshments. Last chance for 2025! Meet John at entrance near the Black Lion on Kilburn High Road.
Fri 5	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Sun 7	Roast dinner	1pm pub grub North London Tavern, 375 K H R, NW6 7QB
Wed 10	Bench to Bench Golders Hill Park	Gentle walk around the park led by Alexandru and John (Chuckles). Meet 1pm at West Hampstead Overground Station
Thurs 18	Kilburn & WH Pensioners	Members Boccia & Christmas Tea 1.30pm Sycamore Hall, 27 West End Lane.
Fri 19	Fun & games Season party	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.

### Jan 2026

Some future event details to be finalised

Fri 2	Fun & games	11-12.30pm Lauriston Lodge, Barlow Road, NW6 2BH.
Sun 4	Roast dinner	1pm pub grub North London Tavern, 375 K H R, NW6 7QB
Mon 5	Monthly Kiln get together	11am-12.30pm. Share what's happening Kiln, 269 Kilburn High Road, NW6 7JR

Thurs 15	W H Pensioners	1.30pm Sycamore Hall. Topic to be announced.
Fri 16	Fun & games	11am Lauriston Lodge, Barlow Road, NW6 2BH.

Do always allow good time to meet up & help with introductions. It is  
your KOVE.

If you no longer wish to receive this programme, or know someone who wants to  
get it, let us know [www.kove.org.uk](http://www.kove.org.uk) Enquiries to Lynda : [chair@kove.org.uk](mailto:chair@kove.org.uk)  
phone 07773267505