

Physical Pr

pushups- 500

Time to complete 500 burpees- 44:32

Time to complete 100 burpees- 5:49

Squatsday- 160

Creation prs

time to create video reel- (4 hours BROKEN) NEW PR ⚡⚡🎯 - 1 hour

Content record in a Visit- NEW PR ⚡⚡🎯 (Recorded 2 pieces of postable content in one session)

Fastest time to market research(needs editing)- 4 days

Greatest views for video reels-708

Efficiency and speed to do the winners writing process- NEW PR ⚡⚡🎯 - 3 hrs

Task list

Most amount of tasks you completed in one day- 7

Fastest time to *study for test* and do good - 4 hours and 30 min

G Works session Prs

2 G work sessions- NEW PR ⚡⚡🎯 Created a site map and finish values section of market analysis and frustration of avatar for the meeting