



BREAKFAST

NOVEMBER 2024

SMPS & SMES

Make check payable to RSU 73
For student's id email
lmerrill@rsu73

Monday

Tuesday

Wednesday

Thursday

Friday



Cereal
Fruit
Raisins
Milk

4

Muffin
Juice
Fruit
Milk

5

Cereal
Fruit
Raisins
Milk

6

Muffin
Juice
Fruit
Milk

7

Cereal
Fruit
Raisins
Milk

8

No School

11

Cereal
Fruit
Raisins
Milk

12

Muffin
Juice
Fruit
Milk

13

Cereal
Fruit
Raisins
Milk

14

Breakfast Bread
Juice
Fruit
Milk

15

Cereal
Fruit
Raisins
Milk

18

Breakfast Bread
Juice
Fruit
Milk

19

Cereal
Fruit
Raisins
Milk

20

Muffin
Juice
Fruit
Milk

21

Cereal
Fruit
Raisins
Milk

22

Pop tart
Juice
Raisin
Milk

25

Cereal
Fruit
Raisins
Milk

26

No School

27

Happy
Thanksgiving

28

No School

29

Menu is subject to change without notice
Alternate Sandwich choice is offered daily

All meals are served with whole grains and a variety of vegetables to meet the USDA requirements.
"This Institution, the Department of Education and the USDA are equal opportunity providers and employers."



PAY FOR MEALS ONLINE

[MySchoolBucks.com](https://www.myschoolbucks.com)