

# Week 3 Quiz

1. The concept that all people deserve our respect as humans is referred to as:
  - congruence
  - unconditional positive regard
  - genuineness
  - none of the above
2. Cultural humility recognizes the power differential between the helper and the helpee.
  - True
  - False
3. Stating "I know how you feel--I had that same experience" is a good example of empathy.
  - True
  - False
4. Making sure that your actions match your words when working with a client is an example of:
  - cultural humility
  - patience
  - unconditional positive regard
  - none of the above
5. Why is an understanding of equity, diversity, and inclusion important for human service workers? You may refer to the text, but should not use direct quotes from the text. Your answer should be between 100-150 words.
6. In your own words, what is the difference between empathy and sympathy? Which is more important when working with clients? You may refer to the text, but should not use direct quotes from the text. Your answer should be between 100-150 words.