



Bilateral Upper Blepharoplasty Consent Form

Upper eyelid changes can cause problems

As we age, the skin and muscles of the upper eyelids may stretch, sag, and droop. This can lead to a change in appearance that is bothersome to patients. Occasionally, other associated problems may develop - for example, excess skin on the upper eyelids may block peripheral vision.

Upper blepharoplasty can help

Dr. Mettu can surgically remove skin and contour the upper eyelids to address a patient's concerns. The incisions are hidden in the upper eyelid creases and are closed with sutures.

Anesthesia

There are several options for anesthesia including local anesthetic only, monitored anesthesia care (IV sedation,) and general anesthesia. Dr. Mettu will help select the type of anesthesia that is best for you.

Upper blepharoplasty is an elective surgical procedure

Here are some other options:

- You may decide to do nothing.
- There are other treatments and procedures that may help including Botox though such treatments do not produce results that are comparable to surgery.
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As with all surgery, there are risks associated with upper blepharoplasty

Here are some of the risks:

- Bleeding
- Loss of vision
- Infection
- Numbness
- Suboptimal cosmetic results
- Inability to fully close the eyelids
- Tearing
- Dry eye
- Double vision
- Anesthesia problems: general anesthesia has its own risks that you may further discuss with the anesthesiology team. However, general anesthesia is generally well tolerated. Problems from local anesthetic injections that are given by Dr. Mettu during the surgery are possible but are also rare.
- Need for additional surgery/procedures to address post operative issues such as those listed above
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Consent

By signing below, I agree that:

- I have reviewed and understand this informed consent form.
- Dr. Mettu has answered my questions about upper blepharoplasty surgery to my satisfaction.

I consent to have Pradeep Mettu, MD perform BILATERAL UPPER BLEPHAROPLASTY on me.

Patient