## **Prosthetic & Orthotic Sustainable Network Co-lead wanted!**

The Centre for Sustainable Healthcare (CSH) is looking for you to become our **Prosthetic & Orthotic Sustainable Network Co-Lead**. We aim to identify and foster sustainable practice within P & O nationally and internationally alongside the financial and social sustainability co-benefits.

The network creates a safe space to collaborate with others looking to embed sustainability into healthcare and ensure an environmentally sustainable future for generations to come.

Your volunteer post is for *one* year initially, requiring approx. 0.5-1-day a month (variable).

| Responsibility  | Time per<br>month | Time pp (2 +)<br>per month                | Time pp (4 +)<br>per month                  |
|---|-------------------|---|---|
| Help develop the online network, hosted on the CSH website (http://networks.sustainablehealthcare.org.uk)  O Reach out to members of the network, encourage engagement in the online community (often by starting discussions/Q&As yourself) O Post news, events, and resources (such as research papers, journals, case studies) | 4+ hours          | 2+ hours                                  | 1+ hour                                     |
| Organise, promote, facilitate & oversee online networking events (i.e., a monthly event – which you will host, or co-host as needed)  | 2.5+ hours        | 2.5+ hours (alternating responsibility)   | 2.5+ hours (alternating responsibility)     |
| Develop and disseminate a <b>campaign</b> of simple changes that can be implemented by P & O teams.   | 1.5+ hour         | 1.5 hours                                 | 0.5-1 hour                                  |
| Agree on a network purpose statement and 3 key goals/objectives of the network (or update existing ones) and ensure you work toward achieving these as a network. Work together and meet regularly to plan how you will do this successfully  | 1+ hour           | 1+ hour                                   | 1+ hour                                     |
| Total time per month needed to carry out responsibilities of volunteer role   | 8+ hours          | 3.5+ hours<br>(alternating<br>2.5+ hours) | 1.5-2+ hours<br>(alternating<br>2.5+ hours) |

## Opportunities include:

- Learn how P & O can be made more environmentally sustainable.
- Develop skills in leadership and project management at a national/international scale.
- Develop networking skills.
- Develop Facilitation skills.
- Contribute to an impactful movement and make a measurable difference.
- Work with fellow experts in the field.

You will be supported by CSH Networks Lead, Rachael Ward. Find out more and apply olly.coe@sustainablehealthcare.org.uk