



School Year 2025 - 2026

September 8 - June 13

Intermediate Open Enrollment (ages 14+)

Details of ADA's three programs on last page

Choose any classes from the below

Monday

5:30-6:00 [PBT](#)

6:00-7:30 Modern w/Perf Prep (understudy)

7:30-8:00 Yoga

Tuesday

5:45-7:00 Invite Only: Modern w/Perf Prep

7:00-8:00 Ballet & Pointe (on flat)

Wednesday

4:00-4:30 Pilates Equipment

4:30-5:45 Ballet

6:45-7:30 Contemporary w/Perf Prep

Thursday

5:15-5:45 Body Conditioning

5:45-7:15 Ballet & Pointe (on flat)

Saturday

10:30-11:00 Pilates Equipment

11:00-11:30 Yoga & Conditioning

11:00-11:30 Pilates Equipment

11:30-1:00 Ballet & Pointe (on flat)

Intermediate Half Program (ages 14+)

Details of ADA's three programs on last page

Choose 2 or 3 class days from the below

Monday 5:30-8:00

[PBT](#), Modern w/Perf Prep, Yoga

Optional: 7:30-8:00 Yoga

Tuesday 7:00-8:00

Ballet & Pointe

Invite Only: 5:45-7:00 Modern w/Perf Prep

Wednesday 4:30-7:30

Ballet w/Perf Prep, Contemp. w/Perf Prep

Optional: 6:45-7:30 Contemp. w/Perf Prep

Add'l \$20/month: 4:00-4:30 Pilates Equip.
(must register separately for Pilates Equip.)

Thursday 5:15-8:00

Conditioning, Ballet, Pointe & Variations

Saturday 11:00-1:00

Yoga & Conditioning, Ballet & Pointe

Add'l \$20/month: 10:30-11:00 Pilates Equip.
(must register separately for Pilates Equip.)

Intermediate Full Program (ages 14+)

Details of ADA's three programs on last page

FP students take all of the below classes

Monday 5:30-7:30

[PBT](#), Modern w/Perf Prep

Elective*: 7:30-8:00 Yoga

Tuesday 7:00-8:30

Ballet & Pointe, Perf Prep: Pointe**

Invite Only: 5:45-7:00 Modern w/Perf Prep

Wednesday 4:30-7:30

Ballet w/ Perf Prep, Contemp. w/Perf Prep

Invite Only: 4:00-5:45 Ballet & Pointe Rep**

Add'l \$20/month: 4:00-4:30 Pilates Equip.
(must register separately for Pilates Equip.)

Thursday 5:45-8:00

Ballet & Pointe, Pointe & Variations
Elective*: 5:15-5:45 Body Conditioning

Friday 5:00-6:30

Optional make-up: Ballet Coaching**

Saturday 11:30-1:00

Ballet & Pointe
Elective*: 11:00-11:30 Yoga & Conditioning
Add'l \$20/month: 10:30-11:00 Pilates Equip.
(must register separately for Pilates Equip.)

*Must choose at least 1 elective

**Full Program Exclusive

Any classes with **Perf Prep** prepare a piece for ADA's end of year show.
Levels 5 & up perform in a theater, Levels 4 & below perform in-studio.

Open Enrollment Monthly Tuition:

.5hr weekly class	\$62.50
.75hr weekly class	\$93.75
1hr weekly class	\$125
1.25hr weekly class	\$156.25
1.5hr weekly class	\$187.50

Half Program Monthly Tuition:

\$335 - \$650

Based on days chosen & weekly hours

Full Program Monthly Tuition:

\$685/month

Tuition is charged monthly on the 15th.

Create an account to enroll [HERE](#)

Students wear a **Uniform** leotard / t-shirt, purchased in ADA's online store.

Students use an **Access Card** to enter ADA. New students may pick up their access card after enrollment.

ADA's directors, Nicholas and Shayne Mishoe, are also the Artistic Directors of the **Company of Dance Arts**. CODA produces a Nutcracker and Spring Show that many ADA students, ages 6+, audition for and participate in. Check out www.CODANJ.com

Referral Program: if your referral enrolls for 3 months of the school year, you get \$100 off May tuition!

ADA has superior **technique-based** training and is not a comp school. Our approach also teaches students **life skills** that extend beyond the studio.

(732) 709-7792 text or call
info@adanj.com
70 Apple Street, Tinton Falls, NJ 07724

Open Enrollment (OE) Details:

- All ages & levels
 - Age cutoff September 1st
- No class requirements
- Various performing classes
- Eligible for Ballet assessment (upon request; add'l fee)

Half Program (HP) Details:

- Ages 6+

- Age cutoff September 1st
- Students choose 2 or 3 class days
- Discounted tuition rates
- Pre Pointe & Pointe
- Various performing classes including Ballet
- Considered for YAGP ensemble (additional fee)
- End of year progress report
- Eligible for Ballet assessment (upon request; add'l fee)

Full Program (FP) Details:

- Ages 8+ by teacher recommendation
 - Age cutoff September 1st
 - Set schedule of mandatory classes
 - Deep discounts on tuition
 - No registration fee
 - Pre Pointe & Pointe
 - Various performing classes including Ballet and Exclusives
 - Invited to YAGP for solos & ensembles (additional fees)
 - Heavily discounted Pilates equipment classes
 - End of year Ballet assessment
-