



Medical and Inclement Weather Plan

If a player is injured during this event and needs medical treatment please submit an injury claim through [USA Ultimate Incident Report form](#) to start the process for a medical insurance claim.

Nearest Hospital

Name: Legacy Emanuel Medical Center

Address: 501 N Graham St, Portland, OR 97227

Phone Number: 503.413.2200

Map Link: [Directions from Delta](#)

Medical Services provided at tournament

There will be an athletic trainer on site at least 1 hour before games begin each day.

Where will the medical staff be at the event

At tourney central - between fields 1 and 2

How can teams contact the medical staff (phone, radio)



How will event staff communicate weather, emergency & schedule changes to teams

TD (Dan) will make his way to each field and let teams know the situation.

Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

None

USA Ultimate Weather Policy (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 100 F ([see NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.