

WEEK 2 - 28 Days To A Client

THE MASTER WAR MODE DAY PLAN + REPORT

✓/✗	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. ✓/✗	Q1	Worship god 4 times ✗
2. ✓/✗	Q1	90-minute deep work sessions 5-10 minute breaks in between ✓
3. ✓/✗	Q1	Research 3 prospects pains/desires use chat gpt to help and create an avatar for that prospect ✓✓
4. ✓/✗	Q1	Break down/review students copy form HU and then got to the swipe file and find a piece of copy and break it down
5. ✓/✗	Q1	Pick a prospect from your list and go into their niche and breakdown the top 3 businesses in their niche and then go build an avatar for that prospect repeat this 3 times for all your 3 prospects ✓
6. ✓/✗	Q2	200 pushups a day ✓
7. ✓/✗	Q2	Watch The new content in the copywriting course and take a lot of notes
8. ✓/✗	Q2	Watch all the morning power-up calls that you missed ✓
9. ✓/✗	Q2	Finish your dropshipping website and make sure the FB ads are setup and then let it sit on Autopilot✓
10. ✓/✗	Q2	Stay hydrated ✗
11. ✓/✗	Q3	Eat healthy meals ✗
12. ✓/✗	Q3	Find 3 good prospects ✓
13. ✓/✗	Q3	Send out 3 outreaches before you send them out sit down and analyze why the other ones did not get a response and use chat gpt to help give you an idea ✓
14. ✓/✗	Q3	Take a cold shower ✗
15. ✓/✗	Q3	Check all the announcements in TRW ✓
16. ✓/✗	Q4	Take a walk to gain distance to gain perspective ✓
17. ✓/✗	Q4	Play some soccer outside ✓
18. ✓/✗	Q4	Do morning and night routines ✓

 /✗	U+I Of Task	Task List For The Day - Fill In ALL 20!
19.  /✗	Q2	Review the Work that you did today
20.  /✗	Q4	Take time to plan for the next day

	 DAY NUMBER + DATE + TIME 
Day Number:	1
Date:	April 10, 2023
Start Time:	10 am

	 3 Things That I Am Grateful To Have In My Life 
1.	My mom
2.	My family
3.	Every person in HU

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Worship god 4 times
2.	Send out 3 outreaches
3.	Finish Website

 **Hour-By-Hour Tracking:** 
[Plan+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	🔔 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
✍️ Reflection:	✍️ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN

🧠 What Do I Plan To Accomplish This Morning? 🧠
Morning routine and website setup

🎯 What Is The Main Goal For This Morning? 🎯
Finsh webiste

🔑 How Will I Start My Morning With Power? 🔑
Some pushups

**(Delete Any Boxes Below
 That Are Before The Time
 That You Start Your Day +**

After The End OF Your Day In Your Own Copy)

7 am: Task 💰	Wake up and do morning routine
Intention 🔔	Need to do this
Reflection ✍️	

🎯END-OF-THE-MORNING REPORT🎯

🧠What Did I Learn This Morning?🧠
That i need to wake up earlier

❌What Problem's Did I Face This Morning?❌
None really

🔑How Will I Solve These Problems For This Afternoon?🔑
None

🏹MY AFTERNOON WAR PLAN🏹

🧠What Do I Plan To Accomplish This Afternoon?🧠

All the tasks i listed below

🎯What Is The Main Goal For This Afternoon?🎯

Send out 3 outreaches

🔑How Will I Start My Afternoon With Power?🔑

Some pushups

4:00 pm: Task 💰	Get home do routine and Find 3 good prospects and make sure they are good prospects and take your time to find good ones and eat breakfast
Intention 🔔	Without good prospects you can't get clients
Reflection ✍️	

5 pm: Task 💰	Read the bible and pray and Pick a prospect from your list and go into their niche and breakdown the top 3 businesses in their niche and then go build an avatar and then go and make free value for that prospect repeat this 3 times for all your 3 prospects Read bible and pray and Start another 1 hour 30 minutes deep work session on researching pains/desires for your 3 prospects. 5-10 minute breaks use 360 marketing and use youtube to see what the audience wants and what he wants. And also use chat gpt do 50 pushups
Intention 🔔	I have to get this does one of the most important task
Reflection ✍️	

7 pm: Task 💰	Read the bible and pray and Pick a prospect from your list and go into their niche and breakdown the top 3 businesses in their niche and then go build an avatar and then go and make free value for that prospect repeat this 3 times for all your 3 prospects
Intention 🔔	Also need this for my outreach
Reflection ✍️	

8:30 pm: Task 💰	Read the bible and pray and Start to write your outreaches for your 3 prospects use the research you used to make it unique and desirable. take your time to make an amazing piece of copy then after you wrote it analyzes it and make sure it links up with their pains and make sure it has everything the notes tell you to write. After you did all these steps send it for review to HU and tweak it and add the final touches and send them out Reapt this process 3 times
Intention 🔔	This is the most important task
Reflection ✍️	

10:30 pm: Task 💰	Watch The new content in the copywriting course and take a lot of notes and watch all the morning power-up calls you missed for 30 minutes
Intention 🔔	The new content will help me improve
Reflection ✍️	

11 pm: Task 💰	Review all the work you did and do your night time routine and go to sleep If you have any unfinished tasks make sure to complete them before you sleep And eat dinner
Intention 🔔	
Reflection ✍️	

End-Of-The-Day Report:

 What Did I Learn Today? 
That if i stay focused and i get in a flow nthing is going to stop me from competing the tasks

✖ What Problems Did I Face In The Day? ✖
Waking up eraly being lazy and went to sleep late last night

 How Will I Solve These Problems Tomorrow? 
Wake up later and go to sleep later is what i will do

 **What Do I Plan To Do Differently Tomorrow?** 

The timefram i do eah task

 **What Do I Plan To Do The Same Tomorrow?** 

Most of the tasks

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Check above

Brain Dump: