

Daniel Yee

danielyeepsych@gmail.com | youtube.com/@danielyee-psychology

PROFESSIONAL SUMMARY

Professional clinical counselor and MFT trainee and life coach committed to providing trauma-informed, culturally sensitive care to underprivileged communities. My theoretical orientation prioritizes relinquishing shame using the Internal Family Systems (IFS) model, Bowen Family Systems Theory, and Acceptance and Commitment Therapy (ACT).

EDUCATION

July 2024 – Present	Notre Dame de Namur, Belmont Master of Clinical Psychology, MFT/LPCC Completed Coursework <table><tr><td>Family Systems</td><td>Coaching for Psychotherapists</td><td>Lifespan Development</td></tr><tr><td>Couples Psychotherapy</td><td>Professional Ethics & Law</td><td>Death, Dying, and Bereavement</td></tr><tr><td>Cross-cultural Issues</td><td>Cognitive Behavioral Therapy</td><td>Child and Adolescent Psychopathology</td></tr><tr><td>Psychopathology</td><td>Psychopharmacology</td><td>Crisis, Trauma, and Recovery</td></tr><tr><td>Career Development</td><td>Human Sexuality</td><td>Positive Psychology</td></tr></table>	Family Systems	Coaching for Psychotherapists	Lifespan Development	Couples Psychotherapy	Professional Ethics & Law	Death, Dying, and Bereavement	Cross-cultural Issues	Cognitive Behavioral Therapy	Child and Adolescent Psychopathology	Psychopathology	Psychopharmacology	Crisis, Trauma, and Recovery	Career Development	Human Sexuality	Positive Psychology
Family Systems	Coaching for Psychotherapists	Lifespan Development														
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Psychopathology	Psychopharmacology	Crisis, Trauma, and Recovery														
Career Development	Human Sexuality	Positive Psychology														
Aug 2013 – Dec 2016	University of California, Berkeley B.S. Electrical Engineering and Computer Science, <i>College of Engineering</i>															

EXPERIENCE

July 2026 - Present	School Counseling and Intervention - Discovery Counseling Center - Provide therapy and support to students at Monte Vista High School - Attend weekly trainings and lectures to grow in competency
Oct 2025 - May 2026	IHSS Care Provider – Mental Health & Chronic Illness Support - Support an adult client managing OCD, CRPS, and chronic migraines using a collaborative, person-centered care approach grounded in empathy and psychological safety - Apply active listening, motivational support, and clear, attuned communication to build trust and encourage healthy coping without fostering dependence - Assist with daily living tasks while promoting autonomy, empowerment, and self-efficacy in line with trauma-informed care principles - Observe behavioral patterns and adjust support strategies accordingly, reinforcing safety
Nov 2022 – Jan 2025	Software Engineer – Cisco Meraki - Mentored junior engineers and new hires, providing guidance and emotional support - Managed high-pressure production issues calmly and thoughtfully - Supported organizational well-being by fostering inclusive team dynamics and modeling empathy
Jul 2021 – Mar 2022	Tech Lead and Co-Founder – Wingit Technologies - In charge of tech and development of a social media app built with MVVM SwiftUI and Firestore - Managed and maintained the backend and migrated to a Python server and Neo4j graph database
Oct 2018 – Jul 2021	Executive Administrator and Homegroup Mentor – Livingwater Church - Provided emotional support and counseling to individuals navigating religious trauma + life transition - Facilitated small-group discussions and mentorship for teens and adults, promoting interpersonal skills - Collaborated with pastoral and leadership teams to assess congregational needs and care resources

REFERENCES

Teresa Buccheri - Director of Clinical Training at NDNU | tbuccheri@ndnu.edu
Robert Ayala - Marriage and Family Therapist Supervisor | roba@discoveryctr.net