Duane and DaBen - Being Luminous Light: Part 2 Becoming Luminous Light

In this course DaBen will guide you to some peak experiences of pure, clear, refined luminous light and all the spaces and experiences that open up when you become luminous light. Those who have experienced this state have said it showed them that although they thought they had reached a very high point in their previous meditations, it was possible to go beyond whatever they had experienced in the past into new levels of pure, beautiful, radiant luminous light and all the new expressions of consciousness this allowed.

This light allows you to better recognize the infinite possibilities of everything on which you focus.

This light takes you beyond obstructions and allows you to better see into the infinite possibilities and more of the infinity of anything you look at. Luminous light lifts you higher, above your daily concerns, and it is from this perspective you can see more of who you are, your aspect selves, and yourself as you exist in higher dimensions. DaBen will show you some wonderful beings to work with in the higher realms. Your vision of what is possible in your life will expand and you will be more able to direct your life from a higher understanding and viewpoint.

Your earth plane focus is not your only focus. It is an important focus, but a small part of your overall focus. In the Becoming Luminous Light state, you begin to notice *you*, your expression on the earth plane and in other places. As you discover the importance of these other places, you find a balance in expression of your earth plane focus of consciousness that now includes a focus on these other places.

Luminous Light lifts you above earth plan thought forms so you can be true to who you are.

Part of the *Becoming* course will be about becoming who you are, a true authentic expression that matches, that is appropriate to the level, that has the confidence that what you are experiencing is correct, that you are not taking your cues from the earth plane or thought forms and so on. You can learn to take your cues from your great beingness, an inner sense that you have from these higher levels.

You will be developing this skill in a very dynamic way, so that your personality is shifting, keeping up, releasing, forming anew, flexible. Your energy becomes so large that the earth plane at this point in time can only handle it on the inner planes and on the grid work. Becoming is creatively finding expressions on the earth plane and on other planes as well for your energy, so that you are playing larger than just on the earth plane.

LB972 22 DaBen guided meditations plus Duane talks, in download and streaming formats. Includes transcripts.

Read comments from participants about their experiences with DaBen's previous Luminous Body courses.

Proof Content

