

Welcome to SBS!

We're so grateful that you've chosen to be a boarding student at The Stony Brook School!

Transitions like this often come with many questions, and we're here to help. Below, you'll find helpful information and links designed to answer some of those questions and make your transition as smooth as possible.

Contacts for SL Department

Director of Student Life- TBD@sbs.org (Boarding Program)

Assistant Director of Student Life- kia.keyes@sbs.org (Boarding Program, Activities, Service Program)

Student Life Assistant- paul.hudson@sbs.org (Orah Leaves and Service Program)

Arriving to Campus on Opening Day

For those of you booking flights, we ask that new families arrive between 9 am and 12 pm on opening Day, Sunday, August 24th. This allows us the chance to meet you and for you to settle into your room before our returning boarding students arrive on campus. We will send you a reminder at the end of the summer!

Transportation to and from Campus

We do not provide transportation to or from the local New York airports. Students have several options when arriving on Long Island: 1. They can take the Long Island Railroad (LIRR) to Stony Brook Station, the school is located directly across the street! 2. The other option is to use our recommended transportation service: *Stony Brook Car and Transport*. This company is owned and operated by an SBS alumnus and gives us the best rates on the island!

Stony Brook Car and Transport

stonybrookcarandtransport@gmail.com

Bob McCarroll is the owner and founder. His phone number is +1(631) 834-9264

Packing List

Here is our suggested [packing list](#).

Roommate Selection

A team of dorm parents meet in early August to place boarding students in dorms and assign them their roommates. All first year students do not get to choose their roommate(s). We work with the Admissions Office to determine the best fit for each of our boarding students. When placing them with a roommate we look for similar interests and schedules, but do not want two students that are exactly the same. Our hope is that roommates learn to appreciate each other and grow from any potential differences that may arise. Note: It is our policy not to disclose roommates before opening day.

Size of Rooms and Accommodations

In most dorms you will have one or more roommates. Pictured below is a standard size dorm room. Not all rooms are the same shape or size, but this pictures gives a general idea:



All dorm rooms come with a Twin XL (boys) or standard Twin (girls) mattress, a wardrobe and dresser for clothes, and a desk for studying.

All dorms are equipped with WiFi and have shared bathrooms, lounge spaces, and a shared community refrigerator for you to store food. **Note:** *no students are allowed a mini-fridge unless they are a member of Dorm Council or they are an athlete with a doctor's note!*

E&R Laundry Service (Optional Add-On)

At The Stony Brook School, we offer students the opportunity to opt into a full-service laundry program through **E&R – The Campus Laundry**, our exclusive laundry service provider.

This optional service includes:

- Wash, dry, and fold for everyday laundry
- Laundering of sheets, towels, pillowcases, face cloths, and hand towels
- Laundered and pressed dress shirts
- Gentle care cleaning and pressing
- Unlimited dry-cleaning

All **Seven/Five-Day Boarding students** are eligible to sign up for this service. While laundry facilities remain available in each dorm, we highly encourage students to consider the convenience of this professional service.

Please note: Additional fees apply.

Mail Room Address and Sending Things Early

We have a year round full service mailroom on campus! If you would like to ship belongs to SBS early, please make sure that you clearly label with your first and last name and send to the address below:

1 Chapman Parkway
Stony Brook NY, 11790

Study Hours

We have nightly structured study hours for all grades 7-9th grade Sunday-Thursday from 7:30- 9:15 pm and 10-11th grade Monday-Thursday from 7:30- 9:15 pm. Seniors, as a privilege, may start Study Hours at 8:30 pm on weeknights, if they so choose.

We also offer Supervised Study Hours (same times) for any boarding student who may be struggling academically and need a little extra supervision and accountability.

Campus Leaves- Day Leaves and Overnight Stays

You or your child may request campus leaves through a program called Orah. We will send you an invite to this program on move in day!

Tech Use and Limits

One of the great challenges of our day is to teach our students how to be in control of their electronic devices instead of the devices being in control of them. We have our students turn in their phones in the lounge during study hours nightly. We also conduct late light checks in the dorms, periodically, to ensure students are sleeping and are not up late studying, watching movies, etc.

Community

- Dorm Prayer: We meet for five minutes every night as a dorm. We call this time Dorm Prayer. During this time we listen to announcements from the Dorm Council Members and Dorm Parents, talk about upcoming events, and pray together before we depart.
- Navigating roommate conflicts- Part of boarding school is learning to live, love, and respect those who may be different from you. The Student Life staff and Dorm Heads work with each student to manage and mitigate conflicts that may arise between roommates.
- Closed Weekends: We “close” certain weekends to keep our boarders on campus to build relationships. Typically the first weekend and the last weekend of school are closed. There will be other partially closed dates that will be sent to you shortly.
- Family Dinner: We eat dinner together as a boarding community on Monday and Wednesday evenings. These meals are served family style and boarding students are assigned to a table with a faculty member.

Kanas Dining Hall and Food Service

Culinart is our food service provider. They work diligently to provide balanced and nutritious meals to our boarding students. Since we are a boarding school with students from all over the world, they regularly cook meals from all parts of the globe.

Food Delivery Policy

We allow you to order food through apps like GrubHub, Doordash, etc. but all food must be dropped off no later than 10:30 pm on weeknights and 11:30 pm on weekends.

Storage for Summer and the School Year

During the school year, we allow students to store 1 large rubbermaid tub and their suitcase(s) in the storage area of each dorm.

Note: SBS does not allow students to store their belongings on campus over the summer months. We provide a storage company, [OnDemand Storage](#), that you may choose to use. You may also make different arrangements, if you so please.

Chapel

Chapel starts at 7 pm on Sunday nights and is mandatory for all seven day boarding students.

Visitor Policy for Parents

It is our top priority to keep our students safe and to make the dorms feel like home. This means, however, that the doors remain locked and that parents and guardians do not have access throughout most of the week. If you would like to see how your child is living (totally normal for boarding school) or help them pack up for the weekend, visiting hours are from 3:30-7:00 pm on Fridays. We just ask that you notify their Dorm Head that you are stopping by to visit. You may then assist them with drop off of their laundry (if applicable)/other things they are bringing back on Sunday, but it should be a quick drop off with no lingering. Typically we do not have parents in the dorms outside of move in/out day and, quickly, for the reasons listed above. If you would like to spend more time with your child, please do so in Hollis Student Center or feel free to make a Day Leave or Personal (Overnight) Pass on Orah so that you can take them off campus for the day/night, depending on your plans.

Additional Academic/Prep Evening Classes

Although not recommended, boarding students are allowed to take additional online/prep classes, *after* receiving approval from the Student Life Office. These classes should not interfere with Student Life programming and should be booked in consultation with the College Counseling, Academic, and Student Life Offices.

Dress Code Information

SBS has a school day dress code. For more information please check out the school portal or message Tonja Detwiler, our Dean of Students, at: tonja.detwiler@sbs.org

Breaks and Closed Campus

All boarding students must leave campus for Thanksgiving, Christmas and February (Spring) Break. We will remain open during Homecoming and Parents Weekend and Easter Recess this upcoming school year.

Here is our [Calendar at a Glance](#) for the 2025-2026 Academic Year.

International Boarding Students

IMPORTANT: Guardians and SHA!

Remember, your health and safety is our first priority! Please read our **Stateside Emergency Contact Policy** carefully:

All boarding students are required to have a local guardian who is able to pick up and house their child for reasons listed. All guardians will be contacted to verify that they are willing and able to meet our requirements as a boarding school. If you cannot provide a reliable and able local guardian we recommend [Student Health Advocates](#) (SHA). This is to ensure that our students are receiving the best care while not under our watch.

- For **severe illness, health emergencies**, or if a **quarantine** is necessary, the student must be picked up from campus within 24 hours of contact. The Stony Brook School will not have the ability to quarantine students as our dormitories will be at full capacity during the 2024-2025 school year.
- In the event that a student is found to have violated a major school rule and is **suspended** or **dismissed** from the School, the student will be required to leave campus the same day.
- The local guardian should also be able to provide housing when campus is closed over **major breaks** (Thanksgiving, Christmas, and Spring/February Break).
- In the case of a **mental health emergency** the parents are responsible to pick up their child within 24 hours (domestic parents) and within 48 hours (international parents). In this instance, the parents, and only the parents, will need to pick up their student directly from campus.

If you do not have a stateside guardian, we recommend signing up for Student Health Advocates (SHA).

SHA is a fully insured Guardian and Concierge Service with over 500 members from 82+ countries. Services are provided by professional, experienced staff who are trained in medical and mental healthcare and pre-screened for safety. Membership provides students with access to same-day emergency services and pickup within 3-6 hours, including mental health support, disciplinary supervision, and medical emergencies. It also includes access to non-emergency services, such as airport transportation, injury recovery, private/group hotel stays and a variety of fun and exciting programs during holidays and breaks. Services can be booked online 24hrs a day or using the new [SHA Mobile App](#).

To sign up for the SHA Guardian + Membership: [CLICK HERE](#)

Use coupon code: **Guardian2425 for a 10% discount – expires May 31st.*

Memberships are purchased through their multi-language website and automated sign-up process, which sends parents a guardianship contract, along with SHA's emergency contact information after checkout is completed. Parents also receive an official membership certificate for verification and proof of membership to provide to your school.

Watch videos to learn more: [Membership Video](#)

To speak to someone about SHA, you can [CHAT](#) with them online, or schedule a meeting or phone call with their team here: [Schedule Meeting](#)

SHA Member Services Include:

Website: www.studenthealthadvocates.com

- Guardianship and Emergency Contact Services
- Mental Health + Crisis Support
- Professional Chaperones and Nurses on staff
- Same-Day Pick Up in 3-6 Hours
- Holiday Breaks and Long Weekend Programs
- Airport Services + Unaccompanied Minor Assistance
- Homestays – anywhere in US!
- Off-Campus Care and Supervision (hotel, meals + chaperone)
- COVID / Illness Recovery (private suites)
- College Tours and Academic Support
- Private Transportation (appointments, airport etc.)
- Mobile App for Families

Contact: Pete Tonkin (Owner & CEO)

Email: pete@studenthealthadvocates.com

Phone: +1 844-742-2255

WhatsApp: +1 267-245-5060

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All boarding students must leave campus for Thanksgiving, Christmas and February (Spring) Break. We will remain open during Homecoming and Parents Weekend and Easter Recess this upcoming school year.

Here is our [Calendar at a Glance](#) for the 2024-2025 Academic Year.

Do Not Overpack!

The temptation will be to pack lots of clothes and items that you “may” need. We have found that many of our international students come with far too many clothes and things that they never wear and do not use. When packing, think, “do I absolutely need this?” If the answer is “no”, then leave it at home! We are situated a matter of minutes from groceries stores and a mall. You will be able to find most everything you need once you arrive to SBS.

Cell Phones Plans for International Students

You may purchase a SIM Card at any local department store. We recommend Target, however, there are major providers such as Verizon and AT&T located ten minutes or less from our campus.

International Health Insurance

All international students are automatically enrolled on our school accident and sickness plan. The premium for the insurance is approximately \$1500 and is not included in the tuition. The premium for the insurance will be billed to your student account at the beginning of the school year. For policy details contact - anita.morhaim@sbs.org

I-20's

We will sign your I-20 once you arrive on campus this fall. Contact- deirdre.milligan@sbs.org,
molly.shteierman@sbs.org