

‘Working Group Regen Advocate’ Role:

Each national working group needs to elect a **Regenerative Culture Advocate**. These people will be an already existing member of the working group but also be a key link to the Central RC working group.

As your working group’s Regen Advocate you will:

- Track and document the use /or not of Regen practices in working groups, and feed this back to the Regen working group.
- Be given support and mentoring from the *Resources Group* (a sub-group of central Regen) -who are made up of people with relevant experience/skills rooted in regenerative practices, such as non-violent communication, active listening or community building- on how best to enact RC in your working group.
- Be actively invited to relevant training and online webinars to support their understanding of RC and gain their personal insights.
- Link individuals in your working group with the Burn-Out Prevention sub-group to provide them with personal support e.g. peer mentoring, a therapeutic ear, nature/bodywork etc.

There will be a Working Group Regen Advocate Coordinator who is based in central Regen who you will feedback to and have one to one chats and check ins. They will be linked with all the other WG Regen Advocates to ensure dissemination of information and will get a full picture of how best to support working groups and therefore individuals to embody Regenerative Culture within XR.

Once this person has stepped forward then they can (for now) email xr.regenerativeculture@gmail.com with the **name** of their working group and their **contact details**. They should clearly state the subject of their email so it can be picked up by the right people. They will then be contacted to have a further check in.