



To Parents/Guardians;

The Quioccasin Girls' Soccer Team will be conducting tryouts beginning on **Monday, March 20th and Tuesday, March 21st**. If your daughter is interested in trying out, please make sure you have turned in the following no later than the morning of Monday, March 20th:

1. Current Physical Card (white) signed and dated by the player, a parent, and a physician **DATED AFTER MAY 2022. THIS MUST BE TURNED IN TO MR. SEMO (E-26).**
2. Concussion and Athletic Contract Form

The physical form can be found outside Mr. Semo's room and **must turned in NO LATER THAN Monday, MARCH 20th before a player can take the field to try-out**. If the physical card is turned in late, the player will not be able to make up the try-out days they miss.

Tryouts will begin promptly at 3:30 and will end each day around 5:30. Please make sure your daughter is picked up **NO LATER than 5:35**.

It is the students' responsibility to make sure their possessions are LOCKED in a locker during try-outs. During try-outs, students should keep all school materials in their gym locker.

Dress: T-Shirt, athletic shorts, knee long athletic socks, shin guards, **running shoes and soccer cleats**. Players not adhering strictly to this dress code **will not** be allowed to participate in try-outs. Players MUST also bring their own water container. A cooler will be provided to refill!

Each player trying out for the team will be assigned a try-out number that will be taped to the player's shirt. Final cuts will be made by 6:30 on Tuesday, March 20th and will be posted on the QMS website under Athletics.

Best of luck!

Coaches Semo and Coach Keller

