

RSU 71

PreK-12 Instructional Expectations Framework (Approved by BOD 8/3/2020)

- Last update 10/22/2020

For Remote (RED-Light)
Modified-Hybrid (YELLOW-Light)
and Full (GREEN-Light) Return to Classroom Instruction

[View Full Maine DOE Framework Document \(PDF\)](#)

[Framework for Returning to Classroom Instruction](#)

[DOE Framework. Part I: Physical Health and Safety](#)

(part II found at the bottom on this document)

[DOE Framework Part III: Academic Programs and Student Learning](#)

[DOE Framework. Part IV: Common Expectations for Hybrid and Remote Learning Models](#)

Parents may choose to:

- have their children participate in in-person learning (when we are GREEN or YELLOW) OR
- have their children participate remotely using one of the following;
 - Google Meets/ZOOM/BAHS Individualized Plans to include Edgenuity,, Khan Academy, BYU, Fort Kent, Hutchinson, Adult Ed
 - MOOSE (Maine Online Opportunities for Sustained Education)
 - HomeSchooling
 - Second semester: OWLS video-conferencing

<p>Remote Learning/At Home Learning (RED) https://www.maine.gov/doe/framework/part-IV The goal of a fully remote plan is to mitigate the impact when community health metrics indicate a high level of risk.</p>	<p>Modified Learning Schedule/Partial Building Based Learning (YELLOW) https://www.maine.gov/doe/framework/part-IV The goal of a hybrid education model is to reduce the numbers of students and staff in one place at the same time when there is a moderate risk of transmission of COVID-19.</p>	<p>Full-Day Building Based Learning (GREEN) - with precautions Returning to in-person instruction (with health and safety guidelines in place) for all students where there is low risk of the COVID-19</p>
Elementary	Elementary	Elementary
<p>1. Structure:</p> <ul style="list-style-type: none"> - Monday -Thursday: teachers will provide instruction from 9:00 - 3:00 with 1 hour for lunch and recess. There will also be scheduled breaks throughout the day. Schedules will allow for instruction that consists of a mix of online time, flipped classroom assignments, packets, and other activities. Instruction will cover the same content that would be covered if learning was taking place in the classroom. 	<p>1. Structure: Students will experience a mixture of at home/independent and in-person learning. Classes will be divided into two cohorts with Cohort A attending on Monday and Wednesday and Cohort B attending on Tuesday and Thursday. All students will work from home on Fridays.</p> <p>Students will be provided with assignments and materials to work independently at home on the days when they are not in the school building. (Google Classroom or hard copy resources)</p> <p>2. Delivery of Instruction: Students will experience a mixture of in-school learning and learning at home. Students will also participate in music, art and physical education with their cohort on an amended schedule. *Students with IEPs will continue to access their special education services following their Individualized Remote Learning Plans in hybrid status.</p>	<p>Safety protocols and requirements will include the following:</p> <ul style="list-style-type: none"> a) <u>Self-checks</u> before arriving at school/bus b) <u>Sanitizing stations</u> - All students and staff in a school will receive training in proper hand hygiene. All students and staff must wash hands or use sanitizing gel: <ul style="list-style-type: none"> * upon entering the school * before and after eating * before and after donning or removing a face mask * after using the restroom * before and after use of playgrounds and shared

<ul style="list-style-type: none"> - Friday AM project based independent activity will be assigned. - Instruction will take place using Google Classroom. - Content to be covered may include resources and materials; hard copy or accessed through Google Classroom. <p>2. <u>Delivery of Instruction:</u></p> <ul style="list-style-type: none"> • Teachers will provide instruction from 9:00 - 3:00 with 1 hour for lunch and recess. There will also be scheduled breaks throughout the day. • Schedules will allow for direct instruction and for independent work. • Instruction will cover the same content that would be covered if learning was taking place in the classroom. <p>3. <u>Schedules:</u></p> <p>Teachers will create a</p>	<p>3. <u>Nutrition:</u> Schools will utilize both classrooms and cafeterias for breakfast and lunch with students 6' apart when removing their masks. Students will have the option to bring home breakfast and lunch for the days they will be learning at home.</p> <p>4. <u>Safety Precautions:</u> <i>Safety will be a priority. There will be required training for all families, students and staff members prior to returning to in-school instruction and on the following topics:</i></p> <ul style="list-style-type: none"> • Required safety protocols to be used within each school • How viruses work <p>Safety protocols and requirements will include the following:</p> <p>a) <u>Self-checks</u> - symptom screening at home before arriving at school/bus by all students and staff. Information will be provided.</p> <p>b) <u>Sanitizing stations</u> - All students and staff in a school will receive training in proper hand hygiene. All students and staff must wash hands or use sanitizing gel:</p> <ul style="list-style-type: none"> * upon entering the school * before and after eating * before and after donning or removing a face mask * after using the restroom * before and after use of playgrounds and shared 	<p>equipment</p> <ul style="list-style-type: none"> * upon entering and exiting a school bus. <p>c) <u>Masks</u> - will need to be worn all day (school and bus) by everyone, covering mouth and nose for ages 5 and above, except:</p> <ul style="list-style-type: none"> • when eating at 6' distance from others • during scheduled mask breaks at 6' distance and preferably outside • When outside with a minimum of 14' distance (gym, music, recess) • staff and students may wear see-through plastic shield instead <i>if</i> a doctor's note indicating need for this is provided <p>d) <u>Social distancing:</u></p> <ul style="list-style-type: none"> • 3' between students • 6' between adults • 6' between adults and their students • groups no larger than 50 people
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<p>teaching/learning schedule and share with students and families.</p> <p>4. Nutrition: Happy Wheels breakfast and lunch meals will be delivered on M, W and F. Please contact your school to be added to the delivery list.</p> <p>5. SPED: Students with IEPs will continue to access their special education services remotely and their Individualized Remote Learning Plans will be implemented.</p>	<p>equipment</p> <p>* upon entering and exiting a school bus.</p> <p>c) <u>Masks</u> - all day (school and bus), by everyone, covering mouth and nose for ages 5 and above, (and recommended for 4 year olds) except:</p> <ul style="list-style-type: none"> • when eating • during scheduled mask breaks at 6' distance and preferably outside. • staff and students may wear see-through plastic shield instead if a doctor's note indicating need for this is provided <p>d) <u>Social distancing:</u></p> <ul style="list-style-type: none"> • 6' between students and adults and 3' between students • groups no larger than 50 people indoors (gym/cafeteria) and 100 people outdoors • classrooms organized for 3' social distancing at all times (when combined with all other safety recommendations) <p>e) <u>Upgraded Ventilation and Air Filters:</u> HVAC with O2 Prime Ionization, Increased Airflow, MERV Rating Increases, and Perpetually Running Disinfectant of all Surfaces (all day, every day), windows open and fans used to circulate air.</p> <p>f) <u>Outdoor Learning:</u> Classes will take place as much as possible outside.</p> <p>g) <u>Movement within Schools:</u></p> <ul style="list-style-type: none"> • staggered arrivals and dismissals using a variety of entrances/exits for students 	<ul style="list-style-type: none"> • classrooms organized for 3' social distancing of students at all times at a 6' distance from teachers (when combined with all other safety recommendations) <p>e) <u>Upgraded Ventilation and Air Filters:</u> HVAC with O2 Prime Ionization, Increased Airflow, MERV Rating Increases, and Perpetually Running Disinfectant of all Surfaces (all day, every day)</p> <p>f) <u>Outdoor Learning:</u> Purchase of Bags of Portable Chairs, Tarps for Shade, Clipboards and Picnic Tables</p> <p>g) <u>Movement within Schools:</u></p> <ul style="list-style-type: none"> • Staggered arrivals and dismissals; • Social distancing in hallways with pathways marked; • Recess and meals staggered and at safe social distances within
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	<ul style="list-style-type: none"> • social distancing in hallways with pathways marked; • recess and meals staggered and at safe social distances within cafeterias and classrooms; • alternative classrooms and lunchrooms will be used when necessary • students will be assigned to pods in which the teachers come to them for Music, Art, PE, Library, Health and Instructional Technology <p>h) <u>Building Access Limited:</u> Only students and staff will be admitted (no guests or volunteers except at principals' discretion)</p> <p>i) <u>Cleaning and Sanitization</u> - Daily cleaning and disinfecting of all surfaces, door knobs, handles, etc.</p> <p>j) <u>Bus Transportation</u> * Students within walking and biking distance will be encouraged to walk or bike to school * Families will be encouraged to transport children to and from school * Students on the bus will be required to:</p> <ul style="list-style-type: none"> • use hand sanitizer before entering bus, and when exiting bus • Sit as assigned to maximize social distancing <p>k) A "medical isolation room" (separate from the nurse's office) will be available for students/staff who exhibit COVID-19 symptoms during the school day.</p> <ul style="list-style-type: none"> • Return to School after Illness - Sick staff members and students must use home 	<p>cafeterias and classrooms;</p> <ul style="list-style-type: none"> • Alternative classrooms and lunchrooms will be used when necessary. • Students will be assigned to pods in which the teachers come to them for Music, Art, PE, Library, Health and Instructional Technology <p>h) <u>Building Access Limited:</u> Only students and staff will be admitted (no guests or volunteers)</p> <p>i) <u>Cleaning and Sanitization</u> - Additional nightly cleaning and disinfecting of all surfaces, door knobs, handles, etc.</p> <p>j) <u>Bus Transportation</u> * Students within walking and biking distance will be encouraged to walk or bike to school.</p>
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	<p>quarantine/isolation until they meet criteria for returning to school.</p> <p>l) <u>RSU # 71 Emergency Response Plan and Crisis Team</u></p> <p>- A team will be convened in the event of a case of COVID-19 in the RSU # 71 Community. Communication will be through the Superintendent of Schools in consultation with the Centers for Disease Control (CDC) and the District's Crisis Team. The community will be notified (while also preserving the required confidentiality of affected parties).</p> <p>The full document of Maine state requirements and guidance may be seen here</p> <p>5. <u>Accountability, Progress Notes and Report Cards:</u></p> <p>Students are expected to attend in-school sessions and complete all assigned independent work and return it to school the following in-person day. Teachers will assess student attainment of standards through in class participation and completed work as is part of the usual assessment process. Students will continue to set academic goals that will be shared with families. Progress Notes and Report Cards will be completed following the schedule on the district calendar.</p> <p>-IEP progress notes will be completed following the schedule on the district calendar for report cards.</p>	<p>* Families will be encouraged to transport children to and from school.</p> <p>* Students on the bus will be required to:</p> <ul style="list-style-type: none"> ● use hand sanitizer before entering the bus, and when exiting the bus. ● Seating will be assigned to maximize social distancing. <p>k.) A "medical isolation room" (separate from the nurse's office) will be available for students/staff who exhibit COVID-19 symptoms during the school day.</p> <ul style="list-style-type: none"> ● Return to School after Illness - Sick staff members and students must use home isolation until they meet criteria for returning to school. <p>l.) <u>RSU # 71 Emergency Response Plan and Crisis Team</u> - Will be convened in the event of a case of COVID-19 in the RSU #</p>
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		<p>71 Community. Communication will be through the Superintendent of Schools in consultation with the Centers for Disease Control (CDC) and District's Crisis Team. Community will be notified (while also preserving the required confidentiality of affected parties).</p> <p>The full document of Maine state requirements and guidance may be seen here.</p>
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<p>Remote Learning/At Home Learning (RED) https://www.maine.gov/doe/framework/part-IV The goal of a fully remote plan is to mitigate the impact when community health metrics indicate a high level of risk.</p>	<p>Modified Learning Schedule/Partial Building Based Learning (YELLOW) https://www.maine.gov/doe/framework/part-IV The goal of a hybrid education model is to reduce the numbers of students and staff in one place at the same time when there is a moderate risk of transmission of COVID-19.</p>	<p>Full-Day Building Based Learning (GREEN) - with precautions Returning to in-person instruction (with health and safety guidelines in place) for all students where there is low risk of the COVID-19</p>
<p>Middle School</p>	<p>Middle School</p>	<p>Middle School</p>
<p>DRAFT Troy Howard Middle School Remote Plan 2020-2021 1. Delivery of Instruction: Teachers and students will participate in a synchronous schedule that is similar to the organization of the student's current daily schedule. Students will be expected to participate in specific class meetings via ZOOM or Google Meets and complete other work that is assigned by the teacher, primarily through Google Classroom.</p>	<p>DRAFT Troy Howard Middle School Hybrid Plan 2020/2021 1 Structure: Students will experience a mixture of at home/independent and in-person learning. Classes will be divided into two cohorts with Cohort A attending on Monday and Wednesday and Cohort B attending on Tuesday and Thursday. All students will work from home on Fridays. Each time they attend school, they will participate in all 6 scheduled periods. 2 Delivery of Instruction: Students will attend school two days a week in the building and work independently at home on the other three days. (7:30 - 2:05).</p>	<p><u>Safety will be a priority and include the following:</u> a) <u>Self-checks</u> before arriving at school/bus, training provided. b) <u>Sanitizing stations</u> - All students and staff in a school will receive training in proper hand hygiene. All students and staff must wash hands or use sanitizing gel: * upon entering the school * before and after eating * before and after donning or removing a face mask * after using the restroom * before and after use of</p>

<p>2. Grading: Teachers will use the Google grades tab to record student grades for completed assignments so that they can be easily transferred to Infinite Campus when appropriate for summative and standards reports.</p> <p>3. Communication: Communication with students and families will be done via Google Classroom, email and grade level webpages as appropriate.</p> <p>4. Nutrition: Happy Wheels breakfast and lunch meals will be delivered on M, W and F.</p> <p>5. SPED: Students with IEPs will continue to access their special education services remotely and their Individualized Remote Learning Plans will be implemented.</p>	<p>*Students with IEPs will continue to access their special education services following their Individualized Remote Learning Plans in hybrid status.</p> <p>3 Accountability: Students are expected to attend in-school sessions at scheduled times and google classroom sessions that occur on Fridays. Students will be expected to complete assignments during the days they are not in the building. Each teacher will assign work for them to complete in order to continue progressing through the curriculum.</p> <p>4. Nutrition: Schools will utilize both classrooms and cafeterias for breakfast and lunch with students 6' apart when removing their masks. Students will have the option to bring home breakfast and lunch for the days they will be learning at home</p> <p>5. Safety Precautions: Safety protocols and requirements will include the following: a) <u>Self-checks</u> before arriving at school/bus b) <u>Sanitizing stations</u> - All students and staff in a school will receive training in proper hand hygiene. All students and staff must wash hands or use sanitizing gel: * upon entering the school * before and after eating * before and after donning or removing a face mask * after using the restroom</p>	<p>playgrounds and shared equipment * upon entering and exiting a school bus.</p> <p>c) <u>Masks</u> - need to be worn all day (school and bus) by everyone, covering mouth and nose for ages 5 and above, except during:</p> <ul style="list-style-type: none"> • eating at a 6' distance • during scheduled mask at 6' distance and preferably outside <p>d) <u>Social distancing:</u></p> <ul style="list-style-type: none"> • 3' between students • 6' between adults • 6' adults and and their students • Groups no larger than 50 people <p>e) <u>Upgraded Ventilation and Air Filters:</u> HVAC with O2 Prime Ionization, Increased Airflow, MERV Rating Increases, windows open as much as possible and the use of fans to circulate the air.</p>
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<p>6. <u>Athletics and Co-Curricular</u></p> <ul style="list-style-type: none"> • Offer opportunities for staying active. <ul style="list-style-type: none"> • Obstacles courses • Challenges that give students opportunities to challenge themselves and Others- • Iron-man type activities • Virtual foot races • Co-curricular and club meetings and other activities can be done virtually. 	<ul style="list-style-type: none"> * before and after use of playgrounds and shared equipment * upon entering and exiting a school bus. <p>c) <u>Masks</u> - all day (school and bus), by everyone, covering mouth and nose for ages 5 and above, except:</p> <ul style="list-style-type: none"> • when eating • during scheduled mask breaks at 6' distance and preferably outside. • staff and students may wear see-through plastic shield instead if a doctor's note indicating need for this is provided <p>d) <u>Social distancing</u>:</p> <ul style="list-style-type: none"> • 6' between adults and also between adults and students • groups no larger than 50 people • classrooms organized for 3' social distancing at all times <p>e) <u>Upgraded Ventilation and Air Filters</u>: HVAC with O2 Prime Ionization, Increased Airflow, MERV Rating Increases, windows open as much as possible and the use of fans to circulate the air.</p> <p>f) <u>Outdoor Learning</u>: will occur as much as possible</p> <p>g) <u>Movement within Schools</u>:</p> <ul style="list-style-type: none"> • Staggered arrivals and dismissals; • Social distancing in hallways with pathways marked; • Outdoor breaks and meals staggered and at safe social distances within cafeterias and classrooms; 	<p>f) <u>Outdoor Learning</u>: Portable Chairs, Outdoor Classroom and Learning Spaces, Tarps for Shade, Clipboards and Picnic Tables</p> <p>g) <u>Movement within Schools</u>:</p> <ul style="list-style-type: none"> • Staggered arrivals and dismissals • Social distancing in hallways with pathways marked • Recess and meals staggered and at safe social distances within cafeteria, classrooms, school gym and outdoors. • Alternative classrooms and lunchrooms will be used when necessary • Students will be assigned to homeroom pods that travel together to minimize mixing of student cohorts. <p>h) <u>Building Access Limited</u>: Only students and staff will be admitted (no guests or volunteers without prior approval)</p>
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	<ul style="list-style-type: none"> Alternative classrooms and lunchrooms will be used when necessary <p>h) <u>Building Access Limited:</u> Only students and staff will be admitted (no guests or volunteers without prior approval)</p> <p>i) <u>Cleaning and Sanitization</u> - Additional nightly cleaning and disinfecting of all surfaces, door knobs, handles, etc.</p> <p>j) <u>Bus Transportation</u> * Students within walking and biking distance will be encouraged to walk or bike to school * Families will be encouraged to transport children to and from school * Students on the bus will be required to:</p> <ul style="list-style-type: none"> use hand sanitizer before entering bus, and when exiting bus Sit as assigned to maximize social distancing <p>k.) A "medical isolation room" (separate from the nurse's office) will be available for students/staff who exhibit COVID-19 symptoms during the school day.</p> <ul style="list-style-type: none"> Return to School after Illness - Sick staff members and students must use home isolation until they meet criteria for returning to school. <p>l.) <u>RSU # 71 Emergency Response Plan and Crisis Team</u> - Will be convened in the event of a case of COVID-19 in the RSU # 71 Community. Communication will be through the Superintendent of Schools in consultation with the Centers for Disease Control (CDC) and District's Crisis Team. Community will be notified (while also</p>	<p>i) <u>Cleaning and Sanitization</u> - Additional nightly cleaning and disinfecting of all surfaces, door knobs, handles, etc.</p> <p>j.) <u>Bus Transportation</u> * Students within walking and biking distance will be encouraged to walk or bike to school * Families will be encouraged to transport children to and from school * Students on the bus will be required to:</p> <ul style="list-style-type: none"> use hand sanitizer before entering bus, and when exiting bus Seating will be assigned to maximize social distancing <p>k.) A "medical isolation room" (separate from the nurse's office) will be available for students/staff who exhibit COVID-19 symptoms during the school day.</p> <ul style="list-style-type: none"> Return to School after Illness - Sick staff members and students must use
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	<p>preserving the required confidentiality of affected parties).</p> <p>The full document of Maine state requirements and guidance may be seen here</p> <p>6. <u>Progress Notes and Report Cards:</u> Teachers will assess student attainment of standards through participation (in-class and online class) and completed work as is part of the usual assessment process. Students will continue to set academic goals that will be shared with families. Progress Notes and Report Cards will be completed following the schedule on the district calendar. -IEP progress notes will be completed following the schedule on the district calendar for report cards.</p> <p>7. <u>Athletics and Co-Curricular</u></p> <ul style="list-style-type: none"> • Offer athletic activities as allowed by State and CDC guidelines following the following guidelines: <ul style="list-style-type: none"> • Play outdoors as much as possible • Limit time spent in close contact and in big groups • Limit shared equipment, shared spaces, and the number of contacts of the team • Modify the season schedule and restrict game attendance if feasible. • Limit full gameplay to competitions and focus practices on other elements of skill development. 	<p>home isolation until they meet criteria for returning to school.</p> <p><u>l.) RSU # 71 Emergency Response Plan and Crisis Team</u> - Will be convened in the event of a case of COVID-19 in the RSU # 71 Community. Communication will be through the Superintendent of Schools in consultation with the Centers for Disease Control (CDC) and District's Crisis Team. Community will be notified (while also preserving the required confidentiality of affected parties).</p> <p>The full document of Maine state requirements and guidance may be seen here</p> <p><u>Athletics and Co-Curricular</u></p> <ul style="list-style-type: none"> • Full athletics and co-curricular activities following: <ul style="list-style-type: none"> • State Guidelines • CDC guidelines • MPA Guidelines • League rules and expectations.
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	<ul style="list-style-type: none"> Consider limiting the number of competitions in a season overall or hold within-team or within-school competitions. 	
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Remote Learning/At Home Learning (RED) https://www.maine.gov/doe/framework/part-IV The goal of a fully remote plan is to mitigate the impact when community health metrics indicate a high level of risk.	Modified Learning Schedule/Partial Building Based Learning (YELLOW) https://www.maine.gov/doe/framework/part-IV The goal of a hybrid education model is to reduce the numbers of students and staff in one place at the same time when there is a moderate risk of transmission of COVID-19.	Full-Day Building Based Learning (GREEN) - with Precautions Returning to in-person instruction (with health and safety guidelines in place) for all students where there is low risk of the COVID-19
High School	High School	1. High School
<u>1. Delivery of Instruction:</u> Students will attend a remote schedule two days per week as part of a cohort. In some cases, students with IEPs may be able to attend more than two days. One cohort will consist of 9th-12th grade students with last names that start with A-K. The second cohort will be 9th-12th grade students with last names L-Z. Groups will alternate days with one group attending Monday	<u>1. Structure:</u> Students will attend school two days per week as part of a cohort. In some cases, students with IEPs may be able to attend more than two days. One cohort will consist of 9th-12th grade students with last names that start with A-K. The second cohort will be 9th-12th grade students with last names L-Z. Groups will alternate days with one group attending Monday and Wednesday, and another attending Tuesday and Thursday. At this point, Friday will be a full remote day for teachers and students with an 8 period synchronous ZOOM schedule on that day. <u>2. Delivery of Instruction:</u> Students will experience a mixture of remote and in-person learning. Each time	<u>Safety will be a priority and include the following:</u> a) <u>Self-checks</u> before arriving at school/bus, training provided b) <u>Sanitizing stations</u> - All students and staff in a school will receive training in proper hand hygiene. All students and staff must wash hands or use sanitizing gel: * upon entering the school * before and after eating

<p>and Wednesday, and another attending Tuesday and Thursday. Friday will be a full remote day for teachers and students with an 8 period synchronous ZOOM schedule on that day.</p> <p><u>2. ZOOM Schedule:</u> In the event of a transition to fully remote learning, we will utilize a modified time schedule that mirrors the periods and cohorts that we are using in the hybrid model. Students will still have class on their cohort day, and will be expected to be present for class activities via the synchronous schedule. Friday will be a full remote day for teachers and students with an 8 period synchronous ZOOM schedule on that day. Students in both cohorts will attend the same zoom session together.</p> <p>BAHS Remote Schedule</p>	<p>they attend school, they will participate in 4 of their 8 scheduled periods. Odd number periods are scheduled for Monday and Tuesday of each week, while even number periods will be on Wednesday and Thursday. On days when students are not attending school, each teacher will assign work for them to complete in order to continue progressing through the curriculum. (7:45 - 2:15)</p> <p>*Students with IEPs will continue to access their special education services following their Individualized Remote Learning Plans in hybrid status.</p> <p>BAHS Hybrid Schedule</p> <p><u>3. Nutrition:</u> Schools will utilize both classrooms and cafeterias for breakfast and lunch with students 6' apart when removing their masks. Students will have the option to bring home breakfast and lunch for the days they will be learning at home</p> <p><u>4. Safety Precautions:</u></p> <p>Safety will be a priority. There will be required training for all families, students and staff members prior to returning to in-school participation on the following topics:</p> <ul style="list-style-type: none"> • <i>Required</i> safety protocols to be used within each school • How viruses work 	<ul style="list-style-type: none"> * before and after donning or removing a face mask * after using the restroom * before and after use of playgrounds and shared equipment * upon entering and exiting a school bus. <p>c) <u>Masks</u> - need to be worn all day (school and bus), by everyone, covering mouth and nose for ages 5 and above, except during:</p> <ul style="list-style-type: none"> • eating at a 6' distance • during scheduled mask at 6' distance and preferably outside <p>d) <u>Social distancing:</u></p> <ul style="list-style-type: none"> • 3' between students • 6' between adults • 6' between adults and their students • groups no larger than 50 people • classrooms organized for 3' social distancing of
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<p>3. Grading: In the event of a shortened closure, we will remain in our typical grading system. If the need arises for a long term closure, we will work with teachers and students to investigate if a grading change is necessary.</p> <p>4. Communication: Email will continue to be the best mode of communication in a remote learning situation. Teachers will be available via email from 8-3 Monday through Friday. Emails that come in over the weekend or in the evenings will be addressed no later than the morning of the next workday.</p> <p>5. Nutrition: Happy Wheels breakfast and lunch meals will be delivered on M, W and F.</p> <p>6. SPED: Students with IEPs will continue to access their special education services remotely and their Individualized Remote</p>	<p>Safety protocols and requirements will include the following:</p> <p>a) <u>Self-checks</u> before arriving at school/bus</p> <p>b) <u>Sanitizing stations</u> - All students and staff in a school will receive training in proper hand hygiene. All students and staff must wash hands or use sanitizing gel:</p> <ul style="list-style-type: none"> * upon entering the school * before and after eating * before and after donning or removing a face mask * after using the restroom * before and after use of playgrounds and shared equipment * upon entering and exiting a school bus. <p>c) <u>Masks</u> - all day (school and bus), by everyone, covering mouth and nose for ages 5 and above, except:</p> <ul style="list-style-type: none"> • when eating • during scheduled mask breaks at 6' distance and preferably outside. • staff and students may wear see-through plastic shield instead if a doctor's note indicating need for this is provided <p>d) <u>Social distancing:</u></p>	<p>students at all times at a 6' distance from teachers</p> <p>e) <u>Upgraded HVAC</u> with O2 Prime Ionization, Increased Airflow, and MERV Rating Increases</p> <p>f) <u>Outdoor Learning:</u> Purchase of Bags of Portable Chairs, Tarps for Shade, Clipboards and Picnic Tables</p> <p>g) <u>Movement within Schools:</u></p> <ul style="list-style-type: none"> • Staggered arrivals and dismissals; • Social distancing in hallways with pathways marked; • Outdoor breaks and meals staggered and at safe social distances within cafeterias and classrooms; • Alternative classrooms and lunchrooms will be used when necessary spaces, <p>h) <u>Building Access Limited:</u></p>
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<p>Learning Plans will be implemented.</p> <p>7. <u>Athletics and Co-Curricular</u></p> <ul style="list-style-type: none"> Co-curricular and club meetings and other activities can be done virtually. Offer athletic activities as allowed by State and CDC guidelines . 	<ul style="list-style-type: none"> 6' between adults and also between adults and students groups no larger than 50 people classrooms organized for 3' social distancing at all times <p>e) <u>Upgraded Ventilation and Air Filters</u>: HVAC with O2 Prime Ionization, Increased Airflow, MERV Rating Increases, and Perpetually Running Disinfectant of all Surfaces (all day, every day)</p> <p>f) <u>Outdoor Learning</u>: Purchase of Bags of Portable Chairs, Tarps for Shade, Clipboards and Picnic Tables</p> <p>g) <u>Movement within Schools</u>:</p> <ul style="list-style-type: none"> Staggered arrivals and dismissals; Social distancing in hallways with pathways marked; Outdoor breaks and meals staggered and at safe social distances within cafeterias and classrooms; Alternative classrooms and lunchrooms will be used when necessary <p>h) <u>Building Access Limited</u>: Only students and staff will be admitted (no guests or volunteers)</p>	<p>Only students and staff will be admitted (no guests or volunteers)</p> <p>i) <u>Cleaning and Sanitization</u> - Additional nightly cleaning and disinfecting of all surfaces, door knobs, handles, etc.</p> <p>j) <u>Bus Transportation</u> * Students within walking and biking distance will be encouraged to walk or bike to school * Families will be encouraged to transport children to and from school * Students on the bus will be required to:</p> <ul style="list-style-type: none"> use hand sanitizer before entering bus, and when exiting bus Seating will be assigned to maximize social distancing <p>k.) <u>A "medical isolation room"</u> (separate from the nurse's office) will be available for students/staff</p>
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	<p>i) <u>Cleaning and Sanitization</u> - Additional nightly cleaning and disinfecting of all surfaces, door knobs, handles, etc.</p> <p>j) <u>Bus Transportation</u> * Students within walking and biking distance will be encouraged to walk or bike to school * Families will be encouraged to transport children to and from school * Students on the bus will be required to: <ul style="list-style-type: none"> • use hand sanitizer before entering bus, and when exiting bus • Sit as assigned to maximize social distancing </p> <p>k.) A “<u>medical isolation room</u>” (separate from the nurse’s office) will be available for students/staff who exhibit COVID-19 symptoms during the school day. <ul style="list-style-type: none"> • Return to School after Illness - Sick staff members and students must use home isolation until they meet criteria for returning to school. </p> <p>l) <u>RSU # 71 Emergency Response Plan and Crisis Team</u> - Will be convened in the event of a case of COVID-19 in the RSU # 71 Community. Communication will be through the Superintendent of Schools in consultation with the Centers for Disease Control (CDC) and District’s Crisis Team. Community will be notified (while also preserving the required confidentiality of affected parties).</p>	<p>who exhibit COVID-19 symptoms during the school day.</p> <ul style="list-style-type: none"> • Return to School after Illness - Sick staff members and students must use home isolation until they meet criteria for returning to school. <p>l.) <u>RSU # 71 Emergency Response Plan and Crisis Team</u> - Will be convened in the event of a case of COVID-19 in the RSU # 71 Community. Communication will be through the Superintendent of Schools in consultation with the Centers for Disease Control (CDC) and District’s Crisis Team. Community will be notified (while also preserving the required confidentiality of affected parties).</p> <p>The full document of Maine state requirements and guidance may be seen here</p> <p><u>Athletics and Co-Curricular</u></p> <ul style="list-style-type: none"> • Full athletics and co-curricular activities following:
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	<p>The full document of Maine state requirements and guidance may be seen here</p> <p>5. <u>Grading and Accountability</u> Students are expected to attend in-school sessions at scheduled times and zoom sessions that occur on Fridays. Students are also expected to complete assignments on the days that they are working from home and turn them in when they return to classroom learning. Teachers will assess student attainment of standards through participation (in-class and online class) and completed work as is part of the usual assessment process. Students will continue to set academic goals that will be shared with families. Progress Notes and Report Cards will be completed following the schedule on the district calendar.</p> <p>-IEP progress notes will be completed following the schedule on the district calendar for report cards.</p> <p>6. <u>Athletics and Co-Curricular</u></p> <ul style="list-style-type: none"> • Offer athletic activities as allowed by State and CDC guidelines following the following guidelines: <ul style="list-style-type: none"> • Play outdoors as much as possible • Limit time spent in close contact and in big groups • Limit shared equipment, shared spaces, and the number of contacts of the team 	<ul style="list-style-type: none"> • State Guidelines • CDC guidelines • MPA Guidelines • League rules and expectations.
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	<ul style="list-style-type: none"> • Modify the season schedule and restrict game attendance if feasible. • Limit full gameplay to competitions and focus practices on other elements of skill development. • Consider limiting the number of competitions in a season overall or hold within-team or within-school competitions. 	
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RSU # 71

Mental Health and Wellness Recommendations

July 2020

	Communication	Community Resources	School Supports
For Fall (August - October)	<p>1. Coordinate with Governance Group on written communication with families to inform them of school supports <i>(Return to School Letter)</i></p> <p>2. RSU 71 Resources Site</p> <p>3. Optional Parent Information Meetings organized by building</p> <p>4. Optional FaceBook Group for Parents/Students</p>	<p>1. Additional Mental Health Providers & Community Resource Agencies available for drop-in times for <u>Staff & Students</u>, utilizing safety precautions if in person, or via telehealth, if we are remote, for 1st two weeks:</p> <ul style="list-style-type: none"> • Sweetser: Leah R. Poisson, LCSW School-Based Clinical Supervisor (207)930-2916 OFFICE 207.322-4017 CELL LPoisson@sweetser.org • Sequel Care: Melissa Hodgdon 	<p>Professional Development for Staff:</p> <p>a. Overview of Trauma-Informed Schools: https://store.storr.org/Course/view/trauma-informed-resilient-schools (Use the coupon code TRAUMA INFORMED then it is free.)</p> <p>b. <i>Enhancing Trauma-Sensitive Schools: Addressing Students' Multi-Tiered Emotional Self-Regulation Needs (1-hour webinar)</i></p>

	<p>by building</p> <p>5. Shared Communication among staff to support students (starting in fall & continuing all year)</p> <p>6. Weekly grade level meetings on KIN (Kids in Need), shared with school student support team (starting in fall & continuing all year)</p>	<p>Central Intake Coordinator SequelCare of Maine Phone (207)338-8960 ext. 205 melissa.hodgdon@sequelyouthservices.com</p> <ul style="list-style-type: none"> • Waldo County Hospice Volunteers: Flic Shooter (207) 930-2677 Hospice Volunteers hvowc1@gmail.com • Northern Light Health Case Management Services Bobbie Jo Benjamin (207) 322-3613 bbenjamin@northernlight.org • Waldo Community Action Partners (207) 338-6809 Waldocap.org <p>2. Option to have guest speakers visit classrooms (utilizing safety precautions or via zoom) offering group mental health/emotional support sessions to classrooms (i.e.: Kellie Bailey)</p>	<p>http://nasp.informz.net/z/cjUucD9taT03OTgzNDI5JnA9MSZ1PTg4Mzc2NDg1MSZsaT02NjlzMjkyNg/index.html</p> <p>c. The Kids We Lose</p> <p>d. Child Savers</p> <p>e. Mind Beat Effective School Solutions</p> <p>f. Kellie Bailey MDOE Recorded Sessions: https://docs.google.com/spreadsheets/d/1xHqP0sPH33ehXHujYabKNoRUrxHslqwRYwgcNAlhrxM/edit#gid=9142758</p> <p>https://docs.google.com/spreadsheets/d/1xHqP0sPH33ehXHujYabKNoRUrxHslqwRYwgcNAlhrxM/edit#gid=9142758</p> <p>https://docs.google.com/spreadsheets/d/1xHqP0sPH33ehXHujYabKNoRUrxHslqwRYwgcNAlhrxM/edit#gid=9142758</p> <p>https://docs.google.com/spreadsheets/d/1xHqP0sPH33ehXHujYabKNoRUrxHslqwRYwgcNAlhrxM/edit#gid=9142758</p>
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			RUrxHslqwRYwgcA1hrxM/edit#gid=9142758 g. Mental Health & Trauma-Informed Schools MDOE webinar (recorded) 2. Identify students at risk based upon attendance, discipline referrals, lack of school engagement by Student Support Teams at each building to <u>identify students as Tier 1-3 (1 = no intervention required- 3 = crises support)</u> 3. Student support team individually connect with the student and parent/guardian to determine any needs 4. Staff wellness support by building
	Communication	Community Resources	School Supports
Ongoing - (November-June)	1. Shared communication for staff to support students (starting in fall & continuing all year)	1. Ongoing outreach to students & staff for mental health support sessions	1. Ongoing Professional Development for staff re social/emotional support 2. Emotional check-in/observations by classroom teachers for students

	<p>2. Weekly grade level meetings on KIN (Kids in Need), shared with school student support team (starting in fall & continuing all year)</p>		<p>(weekly)</p> <p>3. Staff wellness support by building (ongoing)</p> <p>4. Informal check-ins with all students especially in times of virtual learning.</p> <p>5. Building based outreach and support on social and emotional skill-building, mental and behavioral health, personal safety, and self-regulatory skills (recognizing all have likely regressed due to the absence of typical socialization).(i.e.: BAHS Wellness Room, bulletin boards, outreach to students & staff, school counselor classroom lessons, etc.)</p>
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[DOE Framework. Part II: Social, Emotional, Behavioral, and Mental Health](#)

Prior to re-entry:

1. Consult/communicate with mental health staff, counselors, social workers, and educators.

2. Communicate plans, schedules, and updates to staff, families, and community – there's no such thing as too much communication when it comes to helping people feel safe. Consider a direct contact for each family.
3. Provide (virtual) forums in which families and students can ask questions or share concerns and ideas.
4. Reach out to higher needs students and families throughout the remote learning period and have social workers or counselors develop individualized support plans as needed.
5. Plan for school-wide trauma informed practices. The [Maine School Safety Center](#) can provide free training and resources.
6. Consider and mitigate impacts of adjusting to new cultures, new languages, and new community resources and support for students and families who are Black, Indigenous, People of Color (BIPOC) families of color or who have an immigrant/refugee status.

Structuring re-entry to support the unique needs of your school community:

1. Consult with mental health staff, counselors, social workers, educators.
2. Consider differentiated approaches based on age, grade, and developmental levels; consider looping models for flexibility.
3. Provide frequent check-ins with staff; encourage mindfulness and use of employee assistance plans for well-being.

Ongoing:

1. Encourage vigilance with respect to student and staff mental health; engage staff in professional development to increase awareness of the signs of anxiety and depression.
2. Utilize a multi-tiered system of support for social/emotional needs.

3. Make widely available a list of resources to support children and/or adults experiencing distress. Normalize conversations around mental health to dispel stigma around asking for help. Cultural brokers may be necessary to navigate sensitive conversations for some students and their family members.