

What Major is Right for Me?

Notetaking Guide for Students

Before you begin...

What questions do you already have about choosing a major? List them below:

What is a major?

Two Myths about College Majors

Myth #1:

Myth #2

Step 1: Ask yourself, “What Major is Right for Me?”

Identify your:

Consider your Abilities - Ask yourself, "What am I good at?"

Jot down a few ideas about your abilities below:

Determine your Values - Ask yourself, "What really matters to me?"

Jot down some of your convictions and values below:

Identify your Interests - Ask yourself, "What do I enjoy doing?"

List your interests below:

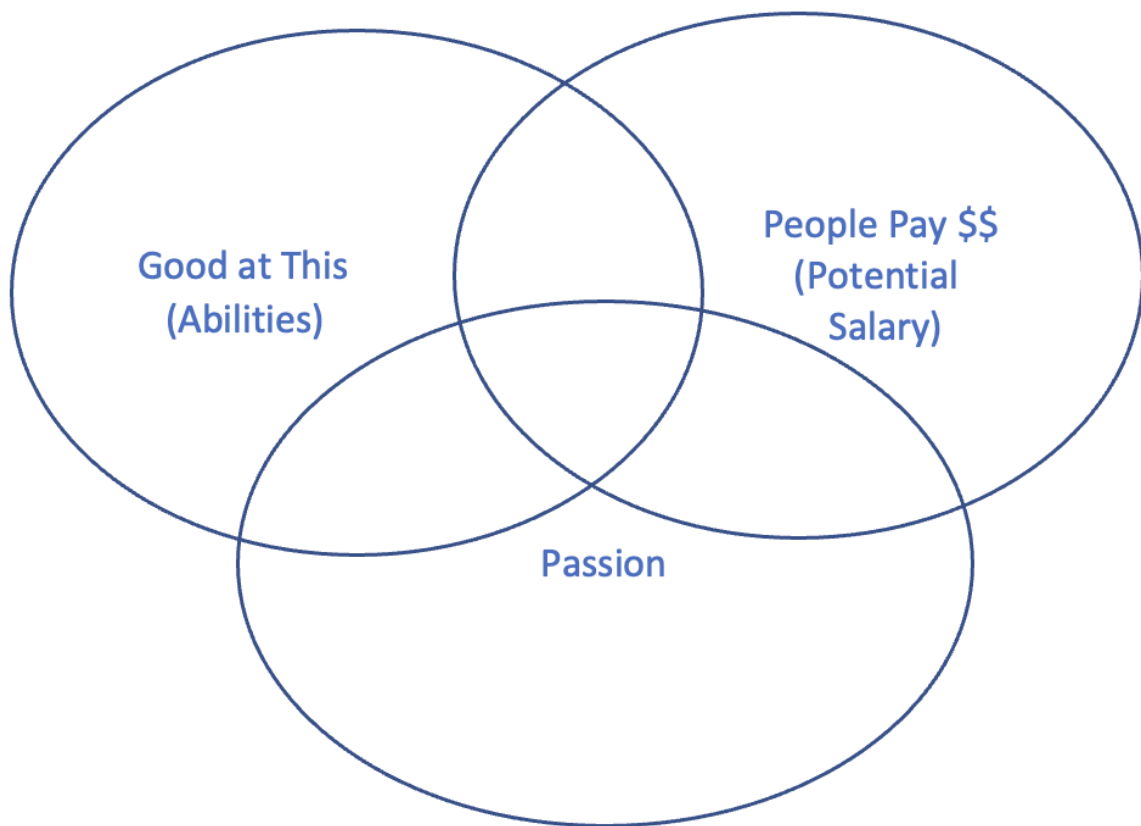
Follow your Passions - Ask yourself, "Do I have an area of deep interest or a lifelong desire?"

Write down your passions below:

Step 2: Consider the Future

Add notes you need below considering additional training, potential salaries and future employability.

After listening to Matt Smith's video, begin to complete the Venn Diagram below:



Step 3: Seek Advice

Make a list of people you want to reach out to for advice below:

Step 4: Do Research

List ideas for research below as well:

If after completing these steps, list actions below to consider if you are still undecided:

After today's presentation, use the checklist below to walk through the process:

Checklist for Choosing a College Major (Check Off as Completed)

- ☐ Step 1: Identify your Abilities, Values, Interests and Passion
- ☐ Step 2: Consider the Future - any additional training after the degree, potential salaries and future employability of the career
- ☐ Step 3: Seek Advice
- ☐ Step 4: Do Research