### LANE COVE NETBALL CLUB



# **CODE OF CONDUCT**

The Lane Cove Netball club complies with the Department of Sports and recreation – NSW Code of Conduct. LCNC also adopts the <u>Netball NSW Code of Behaviour policy</u>. In accordance with this, any breach of the Code of Conduct will be pursued.

### **CODE OF CONDUCT - PLAYER**

- Participate because you enjoy it
- Know the rules and play by them
- Participate fairly and safely
- Abide by decisions, without argument
- Captains have the right to approach an umpire during an interval or after the game for clarification of any rule approach the umpire in a courteous and polite way.
- Cooperate with your coach, and other players
- Verbal abuse of officials or other players, deliberately contacting or provoking an opponent and throwing or damaging equipment is not acceptable or permitted
  - o Treat all players as you would like to be treated
  - o Always ensure that your behaviour is fair
  - o Be a patient and enthusiastic supporter of fellow players
- Applaud all good play, by your own team and opponents
- Be a responsible team member
  - o Always be on time
  - Encourage and assist all players
  - o Attend all training sessions and games
  - Ensure you always bring the appropriate uniform and equipment to training and/or matches
- Do not engage in practices that affect sporting performance
- Respect and acknowledge the contribution of those who create the opportunity for you to play volunteers (scorers, coaches, timekeepers, administrators, and umpires).

#### CODE OF CONDUCT - PARENT/GUARDIAN

- If your child is interested, encourage them to participate. However, if your child is not willing to participate, do not force him or her. Remember, children are involved in organised activity for their enjoyment, not yours
- Focus upon your child's efforts and performance rather than the overall outcome of the event. This
  assists your child in setting realistic goals related to his/ her ability by reducing the emphasis on
  winning
- Teach your child that an honest effort is as important as victory, so that the result of each game is accepted without undue disappointment
- Encourage your child to play always according to the rules
- Never ridicule or yell at a child for making a mistake or losing a game
- Remember that children learn best from example. Applaud good play by all players

- If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public
- Support all efforts to remove verbal and physical abuse
- Recognise and respect the value and importance of volunteer administrators, coaches, and umpires. They give up their time and resources to provide recreational activities for players and deserve your support
- Do not undermine our junior coaches during trainings or games, let them coach, they are learning a new skill too.
- Be a model of good sports behaviour for children to copy
- Be courteous in communication with administrators, coaches, players, and umpires. Teach children to do likewise
- Support the use of age-appropriate development activities and modified rules.

### CODE OF CONDUCT - COACH

- Operate within the rules and spirit of netball, promoting fair play
- Encourage and support opportunities for people to learn appropriate behaviours and skills
- Support opportunities for participation in all aspects of the sport.
- Treat each person as an individual.
- Display control and courtesy to all involved with the sport
- Respect the rights and worth of every person regardless of their gender, ability, cultural background, or religion
- Respect the decisions of umpires, officials, coaches, and administrators in the conduct of the sport
- Adopt appropriate and responsible behaviour in all interactions
- Act with integrity and objectivity and accept responsibility for your decisions and actions
- Ensure your decisions and actions contribute to a safe environment.
- Ensure your decisions and actions contribute to a harassment-free environment.
- Do not tolerate harmful or abusive behaviours
- Place the safety and welfare of the players above all else
- Help each person (player, umpire etc) reach their potential respect the talent, developmental stage and goals of each person and compliment and encourage with positive and supportive feedback
- Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development
- Be honest and do not allow your qualifications to be misrepresented
- When under 16 years of age ensure a parent/guardian is included on team group chats.

### **CODE OF CONDUCT - UMPIRE**

- Umpire in accordance with the Official Rules of the Game
- Treat all players, coaches, match officials and other umpires with respect
- Place the safety and welfare of the players above all else
  - o Ensure the court and its surrounds are compliant with the rules
  - Take appropriate action to manage dangerous play
- Always maintain a high standard of personal behaviour
- Be a positive role model through behaviour and personal appearance projecting a favourable image of netball and umpiring at all times
- Be courteous, respectful, and open to discussion and interaction
- Maintain or improve your current performance level and seek continual improvement
- Junior umpires under 13 years of age should have a parent/guardian courtside while they umpire.
- Inexperienced junior umpires should have a parent/guardian courtside while they umpire.

#### CODE OF CONDUCT - SPECTATORS

- Most players (in particular children) participate in netball activities for fun. They are not participating for the entertainment of spectators only.
- Applaud good performance and efforts by all players. When watching a game, congratulate both teams on their performance regardless of the game's outcome.
- Respect the umpires' and coaches' decisions. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach children to do likewise.
- Never ridicule or scold a player for making a mistake during a competition. Positive comments are motivational.
- Condemn the use of violence in any form, be it by administrators, coaches, players, umpires, or parents/guardians.
- Show respect for your team's coach, the umpire and opponents. Without them there would be no game.
- Encourage players to play according to the rules and the official decisions and develop your own knowledge of the rules.
- Demonstrate appropriate social behaviour by refraining from using foul language, harassing administrators, coaches, players, or umpires.
- Support the use of age-appropriate development activities and modified rules
- **If an incident occurs** during the game spectators are NOT to engage with the opposition, players, spectators or umpires. Spectators should advise their team manager/coach, who will notify an NSNA official from the admin office as soon as possible. During the game is preferred so the officials can witness first hand.

#### CODE OF CONDUCT - SOCIAL MEDIA

Please refer to our Social Media Policy

### FEEDBACK, COMPLAINTS & APPEALS

- During the season, to monitor sentiment, LCNC requests anonymous feedback from players and parents, half way through the season and at the end of season.
- Players or parents can give feedback, make a complaint, or appeal at any time during the season by sending an email to Di Payne at <a href="mailto:presidentlcnetball@gmail.com">presidentlcnetball@gmail.com</a>.
- Parents should not directly address these concerns to junior team coaches, either in person or via email or group chats.



# NETBALL

# PARENT'S GUIDE

16 TIPS TO KEEP IT FUN

Please read the <u>LCNC Code of Conduct</u> at lanecovenetballclub.com.au





### **ENCOURAGE**

Encourage your child and all players on the team. Be constructive and positive.





### **BE PROUD**

Be proud of what your child achieves, and tell them. Support their development.



### PRAISE EFFORT

Praise the process not only the result. Praise effort & hard work into training & games.



# CONTROL YOUR

Be aware of your emotions, and lanuage. Stay positive.



### RESPECT THE COACH

Respect and do not interfere with the coach.



### LISTEN TO YOUR CHILD

Listen to your child and respect their decisions.



### RESPECT UMPIRES

Don't be rude or disrespectful to the umpires or NSNA officials. Respect them.



## DON'T SHOUT

Leave coaching to your coach, even if you're trying to help!



Give your child the freedom to solve their problems.





# DEVELOP COMPETENCY

Help your child to feel good about their netball progress.



### LEARN FROM FAILURE

Learning from mistakes is vital to development in sport.



## TEACH LIFE

Make sports a life lesson for your child.



### BE A GOOD SPORT

Teach good sportsmanship.
Be respectiful and cordial
to the opposition.





### BE FRIENDLY

Be friendly to parents, players and officials from your club and others. Get to know people.



### **BE HELPFUL**

Participate by showing interest and helping out by scoring or managing.



### **HAVE FUN**

Enjoy the experience... Inspire and motivate your child to be their best.

NO ONE IS PERFECT, NO MATTER THE AGE, WE CAN ALL GROW AND LEARN