



Poway High School Day Modified Bell Schedule

Practice CAASPP Run and CA Healthy Kids Survey (CHKS)

March 26, 2026

Period	Time	Minutes
Breakfast	8:00-8:30	–
Period 1	8:35-9:35	60
Passing	9:35-9:40	5
Period 2	9:40-10:40	60
Break	10:40-10:50	10
Passing	10:50-10:55	5
CAASPP/CHKS <i>Students will be told which classroom to report to by their second-period teacher. If they have a second-period off-roll, they can check with their first-period teacher or the front office.</i>	10:55-11:45	50
Passing	11:45-11:50	5
Period 3	11:50-12:55	65
Lunch	12:55-1:25	30
Passing	1:25-1:30	5
Period 4	1:30-2:30	60
Passing	2:30-2:35	5
Period 5	2:35-3:35	60
Total Inst. Min.		380