

Healthy Parties = Healthy Kids

Recognizing holidays, special occasions, and achievements are an important part of the school experience. We want to celebrate special times with students while modeling and promoting healthy lifestyle habits.

Across our school district, we are working hard to make sure students are ready to learn each day. Students who eat a healthy diet and get regular physical activity are more focused and prepared for academic success. Let's work together to help our children develop healthy habits to live long, successful lives.

[Editable space for inserting LEA specific information: LWP language regarding food at classroom parties, resources available to schools, etc]

For information and resources to help you plan healthy classroom parties, contact

[contact information for central office or School Health Council point of contact]

Consult with your food services team for suggestions and to provide healthy snacks



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