April 29, 2020

Dear Parents/Guardian,

As we are nearing the end of this school year and looking to the coming year, it is time to think about keeping your students up to date and making sure they have everything they need for this coming year. Below are the required immunizations that each student needs in order to start on the first day of school. Also, if your student (grades 7-12) is planning on participating in sports, they will need to have a **physical completed prior to starting practice on the enclosed KHSAA form.** You may go see your primary health care physician, the Health Department, or Dr.Yasmin at Lincoln Medical Clinic. She is taking appointments now for physicals and the clinic is offering no out of pocket pay. The Health Department is currently taking appointments for immunizations as well. **Due to COVID-19 we are unable to provide physicals at the school like normal, but your student will still be required to have a physical completed by a licensed MD,DO, ARNP-C, or PA-C.**

The Academy of Pediatrics recommend that each student has a yearly physical especially those who are on daily medications or who have an underlying health issue such as; asthma, diabetes, food allergies, ADHD, growth issues, inactivity, etc. As the school nurse, I highly recommend a yearly physical. Children grow so fast and are changing so quickly, sometimes their bodies can get out of whack and it really affects their life in the present and in the future. A physical completed by your primary physician will help myself and the staff appropriately take care of your student, especially if an emergency arises. If you have any questions, please call me at the number below or email me. **Below is what your specific student will need to start the 2020-2021 school year and will not be allowed to start school without these completed**. Thank you and have a very blessed summer!

Elizabeth Sheldon, RN
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Health Department 524-4406
Dr.Yasmin- LMC 524-4474

Your student,_____needs;

____Sports Physical/Yearly Physical

____Dtap/Tdap

____MMR

____Varicella

____HIB

____Hep B

____Hep A

____Polio

____Meningitis

____HPV (not required but recommended)