

BAYARD RUSTIN HIGH SCHOOL



THE GOLDEN KNIGHT School Counselor Edition



October 11, 2024

It's hard to believe that there are only 2 ½ weeks left in the first quarter! Counselors are still conducting senior conferences. If you are a senior, make sure you are checking email as this is how you will be notified of your meeting time. Additionally, for all students, if you need academic assistance please make sure you are talking to teachers, getting support during lunch and learn, and considering extra support with an NHS tutor. There are many ways to get help here at RHS! Don't hesitate to ask for help!

JUNIOR & SENIOR COLLEGE VISITS

Please login to your Naviance Account & sign up for individual college visits. To see the list, look under the Colleges tab in Naviance and click on “College Visits.” You will then select “Register” to attend. **Colleges track interest!!**

OR

Scan the QR code below to take you Naviance where you can sign-up for College Visits:



Please keep checking Naviance as colleges are signing up daily.

Sign-ups close 24 hours before the visit.

SAVE THE DATE!

[Chester County College Fair](#) (Downingtown, PA): October 14th (6-8pm)

[Delaware County College Fair](#) (Aston, PA): October 22nd (6-8pm)

[Philadelphia National College Fair](#) (Philadelphia, PA): November 2nd (11am-3pm)

Financial Aid Night (virtual event): January 14th (6:30-8pm)

FALL 2024

Includes STEM / PVA Component

NACAC National College Fair

PHILADELPHIA

Saturday, Nov. 2

11 a.m. - 3 p.m.

Pennsylvania Convention Center

Philadelphia, Pennsylvania

NACAC

National College Fairs

REGISTER NOW!

nacacattend.org/fairs

SAT & ACT INFO

Please contact your assigned School Counselor if you currently receive documented academic accommodations and are interested in applying for accommodation(s) on the SAT or ACT have questions about that process. Requests take about 6-8 weeks to process.

Accommodations are not guaranteed.

Register for the SAT on your CollegeBoard account & ACT on their website!

www.collegeboard.org & www.act.org

SAT DATES:		ACT DATES:
October 5, 2024		October 26, 2024
Registration Deadline: 9/20		Registration Deadline: 9/20
Late Registration Deadline: 9/24		Late Registration Deadline: 10/7
November 2, 2024		December 14, 2024
Registration Deadline: 10/18		Registration Deadline: 11/8
Late Registration Deadline: 10/22		Late Registration Deadline: 11/22
December 7, 2024		February 10, 2025
Registration Deadline: 11/22		Registration Deadline: 1/3
Late Registration Deadline: 11/26		Late Registration Deadline: 1/20

3

March 8, 2025		April 15, 2025
Registration Deadline: 2/21		Registration Deadline: 2/28
Late Registration Deadline: 2/25		Late Registration Deadline: 3/16
May 3, 2025		June 14, 2025
Registration Deadline: 4/18		Registration Deadline: 5/9
Late Registration Deadline: 4/22		Late Registration Deadline: 5/26
June 7, 2025		July 12, 2025
Registration Deadline: 5/22		Registration Deadline: 6/6
Late Registration Deadline: 5/27		Late Registration Deadline: 6/20

Career Corner with Ms. McCreesh

Email Ms. McCreesh (kmccreesh@wcasd.net) to schedule an appointment. She is here to help students explore career options, choose a major, and research post-secondary options!



Throughout the school year there will be many large group job shadows and college visits. Below are the ones scheduled so far, if you would like to attend please email me! The trips are free to students and we usually have a bus for transportation.

Arcadia University- October 10th

Any student interested in learning about Arcadia, students will receive a tour and hear from an admissions rep.

Cheyney University- October 16th

Any student interested in learning about Cheyney, students will receive a tour and hear from an admissions rep.

Immaculata University October 18th

Any student interested in learning about Immaculata, students will receive a tour and hear from an admissions rep.

Exton Automotive Training Center- November 6th

Students interested in the automotive industry

Local 420 Steamfitters Union- November 13

Students interested in the trades such as Pipe Fabrication, Pipe Welding, Orbital Tube Welding, Medical Gas Systems, Process Safety Management, Instrumentation /Calibration, Heating/Air Conditioning/Refrigeration

FTI- Finishing Trades Institute - November 19th

Students interested in the trades such as commercial painter, glazier, drywall finisher and more!

Franklin Mint Federal Credit Union- December 11th, 2024

Students interested in finance, business, marketing and more!

BUILD YOUR RESUME:

Volunteer opportunities: [CLICK HERE](#)

Job Opportunities: Maris Grove will be holding a Student Job Fair. Thursday, 10/10/24 3pm – 5pm. Cardinal Clubhouse – Catering Room

Mental Health Corner with Gina Piombino

After a month into the school year, parents may notice a fair amount of exhaustion. Students are busy with school, homework, jobs, sports, activities with church, friends, family time, and the list continues. It may be difficult for our teens to find time to sleep as they are pulled in so many directions which may lead to exhaustion and even burnout. When the intersections of identity, culture, race, and mental and emotional challenges intersect with the aforementioned factors, the exhaustion may be even further pronounced. The thoughts may be to remove some of the stressors, but students may resist despite the toll it is taking on them. We are here to help. Check out the article below for more information on this pressing issue and for what caregivers can do for their students and for themselves too. Please contact your child's counselor or Gina Piombino gpiombino@wcasd.net with concerns.

Have a great school year!

[9 Signs of Burnout in Teenagers: Coping, What to Do \(verywellmind.com\)](#)

Give us a follow!



rustinhs_counseling ▾ • @ + ≡



Rustin High School Counseling

11 posts 139 followers 9 following

Follow for upcoming events through the counseling department, college rep visits at Rustin, info sessions/workshops held by colleges, and more!

linktr.ee/rustinhs_counseling

Edit profile

Share profile

