
PE / HEALTH

COURSE SYLLABUS

COURSE DESCRIPTION

This **course** provides students with the opportunity to learn a variety of sports and sport related movements as well as **health** and fitness concepts. ... Emphasis is placed on active participation and positive social interaction during fitness and sport activities.

Suggested Materials for Student Success:

Below are the items that will be utilized for my class.

- Comfortable clothing to work out in which includes tennis or running shoes
- Pencils or pens
- Chromebooks

Classroom Donations Needed

- Hand sanitizer
- Facial tissue

GRADING SCALE

90 – 100% = A
80 – 89% = B
74 – 79% = C
70 – 73% = D
69% and below = F

GRADING WEIGHTS

The grading percentages are as follows:

- ✓ Practice ~ 40%
 - Classwork Participation
 - Homework
- ✓ Assessments-40%
 - Tests/ Projects
 - Quizzes
 - Common Summative Assessments
- ✓ Final Exams~ 20%

Vision



McDonough Middle School will equitably advance an exceptional learning experience that promotes Powerful Learning for Purposeful Living.

IMPORTANT PHYSICAL CLASSROOM RULES:

- Be respectful of your peers, teachers, yourself and your classroom environment.
- Bring required materials/ assignments everyday
- Talk only when permitted
- Remain in your assigned seat/area unless you have permission to get up
- Use polite speech and body language.
- No gum, food, or drink in the classroom unless permitted.

***Students who do not follow these classroom rules will be assigned a consequence, depending on the situation.

Rewards	Consequences (May be adjusted based on circumstances)
• Verbal Praise • Phone Call/ Note Home • Special Treat • Free Computer Time	• Citation 1/ Warning/ Teacher Conference • Citation 2/Parent Contact/Detention • Citation 3/ Parent Contact/ Team Conference • Citation 4/ Parent Contact/ Office Referral

The requirements and information on this syllabus are all designed with a successful year in mind. I am confident that learners will gain the necessary tools to *learn powerfully and live purposefully!* This year will begin many changes in your academic life and it is my goal to prepare you for the road ahead, high school, which for many of you will lead to college and/or career. I want all of you to know my door is open any time for advice and help. I look forward to learning from all of you, along with teaching and guiding you. It is important to be aware that this syllabus may be adjusted at any time during the school year, to better meet the needs of the classroom and you as learners.

Good Luck and Welcome to my class!

Vision

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Grade: 6,7,8 Subject: PE/Health
Subject COURSE SYLLABUS
McDonough Middle School



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Your efforts are greatly appreciated for the time dedicated to reading and discussing the information printed above. I look forward to working with each of you this year. Please complete the information on this form, and then sign below and return it. If you have any questions, please do not hesitate to contact me via email.

[Click here to sign syllabus](#)