



Recess Weather Protocols

The following protocols will be followed to determine if recess will be held outside or inside during extreme weather:

- **Heat**

- The following site will be used to determine the temperature and associated heat index: www.weather.gov (Preferred mobile apps: NOAA, weatherbug, weather wunderground)
- **Heat indexes between 95--104**
 - Recess can occur outside. Teachers should use discretion in providing additional drink breaks or shortening recess.
- **Heat indexes of 105 or higher**
 - Recess will occur inside.

- **Cold**

- www.weather.gov (Preferred mobile apps: NOAA, weatherbug, weather wunderground) will be used as describe above for determining temperature and wind chill.
- If the temperature is below 32 degrees recess will occur inside.
- If the wind chill is 25 degrees or below, regardless of the temperature, recess will occur inside.