

Checklist – Before submitting your manuscript, please ensure the following checklist (✓) is complete:

SUBJECT		YES	NO
1	The manuscript is a full paper manuscript		
2	The word count does not exceed 2000 words (including the title page, abstract, tables, figures, legends, and references)		
3	The abstract is within 250 words		
4	A maximum of 4 tables/figures are included		
5	The total manuscript does not exceed 8 pages		
6	The Turnitin similarity index is less than 24%		
7	The manuscript has been thoroughly reviewed for grammar and language quality		
8	The reference list does not exceed 20 references		