

TEEN BOOKS

7 Habits of Highly Effective Teens - Sean Covey

The Teen Girl's Survival Guide - Lucie Hemmen, PhD

The Stress Reduction Workbook for Teens - Gina Biegel, MA LMFT

Just As You Are: A Teen's Guide to Self Acceptance and Lasting Self Esteem - Michelle Skeen, PhD

LGBTQ: The Survival Guide for Lesbian, Gay, Bisexual, Transgender, and Questioning Teens - Kelly Madrone

Stuff That Sucks - Ben Sedley, PhD

Shoot Your Shot: A Sport-Inspired Guide To Living Your Best Life - Vernon Brundage Jr.

Rising Above: How 11 Athletes Overcame Challenges in Their Youth to Become Stars Paperback – Gregory Zuckerberg