



## Frequently Asked Questions

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## What is 'A Gift of Hope'?

This is a special event in a series of events *Paint a Thousand Lives* will be hosting. In this event our Artist will be guiding all the attendees to create beautiful greeting cards that will then be delivered to patients at Hospice Care Centres. You will get a chance to write personal messages in the greeting cards that we create and we hope that these cards and your messages will bring a ray of hope, of support in the lives of these people. It's a wonderful volunteering opportunity that you can be a part of from the comfort of your homes and yet make a significant impact on someone's life.

This event is happening on the 8th of November, 2020 virtually on Zoom at 2 P.M. PST.

## What are Hospice Care Centers?

Hospice Care Centers are health care institutions for terminally ill individuals, where care is provided when there is no active or curative treatment being given for serious illnesses. As you can imagine, patients or individuals in hospice care have very difficult days, and need a lot of care and support. These centers provide palliative or symptom management care and support to these patients either at their homes, or at the centers themselves.

## Where can I register?

There is a google form for registration, and you will get an email with the Zoom meeting details that will help you join this session. Please use the link below to register.

[Sign up here!](#)

## What art supplies will I need?

You can paint in any medium of your choice (watercolors, acrylic, pencil colors, pastels, etc). Our aim is to create beautiful cards and we welcome any and every contribution. Please feel free to use any supplies you have on hand. We do recommend you purchase Greeting cards with a minimum size of 3.5" x 5" and maximum size of 6.5" x 11.5." Here are some suggestions:

- a. [Watercolor/Acrylic Medium Greeting Cards](#)
- b. [For other color mediums](#)

Here is a carefully curated supply list that you can take a look at for ideas: [Art Supplies suggestions](#)

## Is there a format for the messages to be written within the cards?

Since we are dealing with a sensitive matter, we have to be very careful about what wishes or messages we convey to the patients. Here is the [list of some messages](#) that you can refer to! These messages are reviewed by the Hospice Care Center and have been approved. We have carefully curated this list, but feel free to add a personal touch to these as well, like your name and location in the From section.

## How do I send my cards to you?

There are two options to send your cards to us. We will update further instructions closer to the event day. Please indicate your choice in this [Greeting Card logistics form](#).

1. You can ship the cards back to us to the address provided below. We recommend you use USPS and if possible, please do send us the tracking number for your shipment so that we can monitor your mails.

*Sejal Shinde*  
*General Delivery*  
*209 E JAVA DR*  
*SUNNYVALE, CA 94089-9998*

2. There will be dedicated card drop-off zones in locations like the San Francisco Bay Area, Portland and Seattle where *Paint a Thousand Lives* team members can collect your creations.

## Who is the artist leading this event?

We want to proudly introduce our artist *Sireesha* who will be leading this session for *Paint a Thousand Lives*. You can check some of her work on her instagram page [@atringsoul](#).

## What will we be painting?

Our artist will be using watercolor as a medium to demonstrate the paintings below, but she will also go over how you can achieve the same effect using other mediums. So feel free to pick what you are comfortable in. Here are some of the painting styles we will be creating.



## How can I contact you?

You can reach us via our email at [paintathousandlives@gmail.com](mailto:paintathousandlives@gmail.com) or message us on our social media platforms, [Instagram](#) and [Facebook](#).

## I am not free on November 8th, but would like to contribute. How can I help?

Feel free to get in touch with us and we can provide you with our mailing address and other information so that your contribution can be taken into account as well! Every single bit of assistance matters! You matter.

## Can I email you the image? Do you accept other forms of donations?

This event is geared toward handing out personalized greeting cards to Hospice Care Patients and therefore we're not accepting emails for the greeting cards. Feel free to still join in and paint along with our community and show support to this event even if you are not able to mail in your pictures. You can also follow our Social media pages to participate in our future events that might be more suitable to these options.