



Academic Resources

Welcome to the academic resource page! These are a collection of resources for Tk-5 elementary school counselors to teach, engage, and build students' academic skills in a virtual counseling program.

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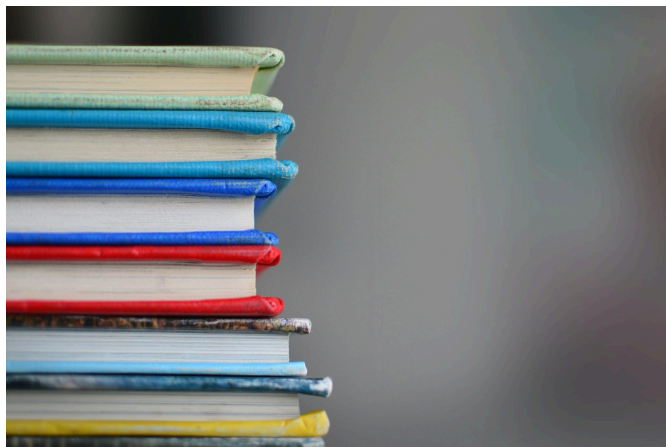
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Creativity

Resources for creative learning at home or to use in school counseling virtual learning.



All Academic Areas

- 225+ learning resources for all academic areas:
<https://www.weareteachers.com/free-online-learning-resources/#elementary>
- Best EdTech Tools -
<https://www.common sense.org/education/search?contentType=lists>
- BrainPop <https://www.brainpop.com/>
 - All academic content areas, coding, art & technology
- BrainPop Jr. K-3 - <https://jr.brainpop.com/>
 - All academic content areas, coding, art & technology
- BrainPop ELL - <https://ell.brainpop.com/>
 - All academic content areas, coding, art & technology
- BrainPop Games - <https://www.brainpop.com/games/>
 - Quality online games for all academic content
- BreakoutEDU - <https://www.breakoutedu.com/funathome>
 - Digital games organized by grade for all academic content areas



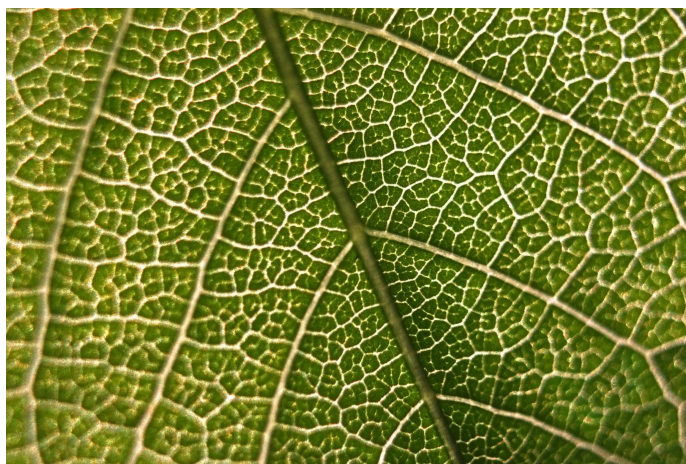
Arts & Crafts

- Scholastic - <https://classroommagazines.scholastic.com/support/learnathome.html>
 - At home creative and learning activities
- Tinkergarten - <https://www.tinkergarten.com/activities>
 - Outdoor DIY creative activities
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Building

- Lego - <https://www.lego.com/en-us/letsbuildtogether>
 - Lego building activities for home
- Pitsco - <https://resources.pitsco.com/stem-at-home>
 - STEM learning at home



Science

- Creosity Space - <https://www.creosityspace.com/spring2020.html>
 - Online science experiments and curriculum
- Mystery Science - <https://mysteryscience.com/school-closure-planning>
 - Science Lessons for remote learning

Writing

- Elementari - <https://www.elementari.io/>
 - Write & code interactive stories

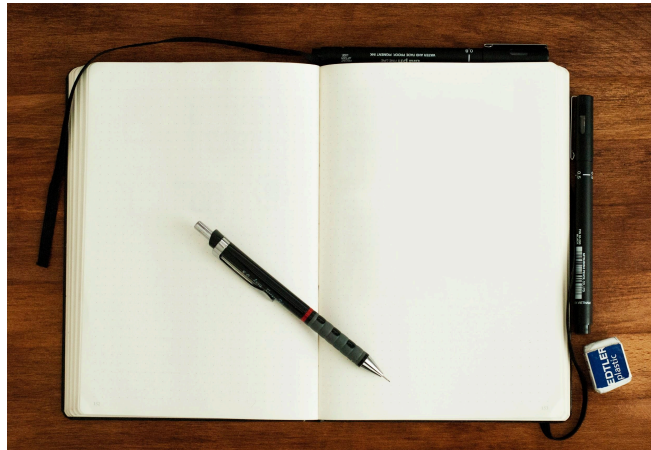


Critical Thinking

Resources for teaching and reinforcing critical thinking skills. The links below are all ideas to foster critical thinking skills. The activities can be modified for counseling lessons, virtual small groups, and individual counseling.

Teaching Tips & Lesson Plans

- 10 tips to teach critical thinking - <https://www.weareteachers.com/10-tips-for-teaching-kids-to-be-awesome-critical-thinkers/>
- 7 Critical Thinking Lesson Plans - <https://www.aeseducation.com/career-readiness/top-7-critical-thinking-lesson-plans>



Games & Activities for Critical Thinking

- Board Games - <https://ourjourneywestward.com/logic-and-critical-thinking-games/>
 - Game Ideas - <https://study.com/academy/popular/critical-thinking-games-for-kids.html>
 - Activities & Worksheets - <http://videa.ca/wp-content/uploads/2015/07/81-Fun-critical-Thinking-activities.pdf>
 - DIY Games - <http://info.thinkfun.com/stem-education/improve-critical-thinking-skills-with-diy-games>
 - Group Activities - <https://www.playmeo.com/theme/critical-thinking/>
 - Team Building Games - <https://loquiz.com/2019/09/07/5-team-building-games-that-teach-you-critical-thinking-skills/>
 - Teaching Concepts & Activities - <https://wabisabilearning.com/blogs/critical-thinking/10-great-critical-thinking-activities-that-engage-your-students>
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Digital Communication & Safety

Digital communication and safety is important for students to understand during a time where learning is completely online. The resources below are tips, lesson plans, videos, and information to help students be safe, polite, and responsible online.

Digital Communication & Etiquette Resources

Digital Etiquette

- BrainPOP - Digital Etiquette
<https://www.brainpop.com/technology/digitalcitizenship/digitaletiquette/>
- 5 Things to Teach Your Kids About Digital Etiquette
<https://www.verywellfamily.com/things-to-teach-your-kids-about-digital-etiquette-460548>

Video Conferencing

- Tips and Tricks: Teachers Educating on Zoom
<https://zoom.us/docs/doc/Tips%20and%20Tricks%20for%20Teachers%20Educating%20on%20Zoom.pdf>
- How to Get Kids Ready to Video-Chat for Online Classes
<https://www.common sense media.org/blog/how-to-get-kids-ready-to-video-chat-for-online-classes>
- Zoom 101 for Teachers
- <https://www.weareteachers.com/zoom-for-teachers/>
- Comprehensive Guide for Educating Through Zoom
<https://zoom.us/docs/doc/Comprehensive%20Guide%20to%20Educating%20Through%20Zoom.pdf>

Online Safety

Cyberbullying

- Prevention Toolkit -
<https://www.common sense.org/education/articles/teachers-essential-guide-to-cyberbullying-prevention>

Digital Citizenship

- Free lessons to teach digital citizenship - <https://www.commonsense.org/education/digital-citizenship>
- Fun Videos - <https://www.commonsense.org/education/articles/10-fun-digital-citizenship-videos-for-k-5-classrooms>
- 18 Topics to teach kids - <https://www.waterford.org/resources/18-tips-and-9-activities-for-digital-citizenship-week/>

Internet Safety

- Lesson Plans - <https://www.commonsense.org/education/articles/23-great-lesson-plans-for-internet-safety>
- NetSmartz Resources - <https://www.missingkids.org/netsmartz/resources>
- Protecting Student Privacy Tips - <https://www.commonsense.org/education/articles/protecting-student-privacy-on-social-media-dos-and-donts-for-teachers>



Goal Setting

It is important for students to set short & long term goals. It is especially important to create goals when they are managing their online learning. The resources below are tips, videos, and worksheets to help students create goals.

- SMART Goals <https://creativeeducator.tech4learning.com/2017/lessons/set-SMART-goals>
- SMART Goal Worksheet <https://www.mcckc.edu/counseling/goal-setting/docs/SMARTGoalWorksheet.pdf>
- Teach Elementary Students to Set SMART Goals <https://www.whatihavelearnedteaching.com/teach-elementary-students-to-set-smart-goals/>
- How to Write a SMART Goal Video <https://www.khanacademy.org/partner-content/learnstorm-growth-minds>

[et-activities-us/elementary-and-middle-school-activities/setting-goals/v/learnstorm-growth-mindset-how-to-write-a-smart-goal](https://www.learnstorm.com/activities-us/elementary-and-middle-school-activities/setting-goals/video/learnstorm-growth-mindset-how-to-write-a-smart-goal)

- Setting Goals Video for Kids -
<https://www.brainpop.com/health/personalhealth/settinggoals/>
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Growth Mindset

During a time of uncertainty it is beneficial for students to have a growth mindset. The resources below include teaching tips, videos, and free printables for kids.

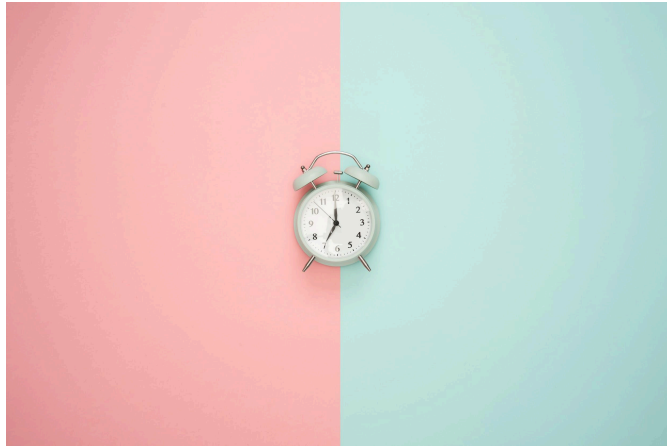
Teaching Tips & Lessons

- Teaching Growth Mindset
<https://proudtobeprimary.com/teaching-a-growth-mindset-in-the-classroom/>
- Growth Mindset: What You Need to Know
<https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/growth-mindset>
- Khan Academy Lesson Plans -
<https://www.khanacademy.org/partner-content/learnstorm-growth-mindset-activities-us/elementary-and-middle-school-activities>

Activities & Videos

- 5 Videos to Explore Growth Mindset
<https://www.edutopia.org/film-festival-growth-mindset>
- 10 Fun and Challenging Growth Mindset Activities for Kids
<https://wabisabilearning.com/blogs/mindfulness-wellbeing/growth-mindset-activities-kids>
- Free Growth Mindset Printables for Kids
<https://bitsofpositivity.com/the-ultimate-list-of-free-growth-mindset-printables-for-kids-and-adults/>

- Growth Mindset Games - <https://www.understood.org/en/friends-feelings/empowering-your-child/building-on-strengths/download-growth-mindset-activities-for-kids>
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Organization & Time Management

Being organized and managing time is an essential skill for learning from home. The resources below are tools and skills to help students learn how to be organized and responsible with their learning at home.

Organization Resources

Schedules

- Individual and Visual Schedules <https://www.pbisworld.com/tier-2/individual-visual-schedules/>
- Visual Schedule Ideas for Students with ASD <https://www.readingrockets.org/article/visual-schedules-school-setting>

Organization Tools & Skills

- Organizational Tools <https://www.pbisworld.com/tier-2/organizational-tools/>
- 5 Ways to Develop Your Child's Organizational Skills <https://www.scholastic.com/parents/family-life/social-emotional-learning/social-skills-for-kids/12-ways-to-develop-your-childs-organizational-skills.html>
- Organizational Skills for Kids with ADHD <https://www.additudemag.com/getting-and-staying-organized-neat-tricks/>

Task Management

- 11 Tips for Breaking Tasks Down for Students <https://blog.brookespublishing.com/11-tips-on-breaking-tasks-down-for-students-an-executive-function-post/>

Time Management Resources

- Using Timers to Help Kids with ADHD Finish Their Homework and Chores (can be helpful for all students)

<https://study.com/blog/using-timers-to-help-kids-with-adhd-finish-their-homework-and-chores.html>

- Research Tested Benefits of Breaks
<https://www.edutopia.org/article/research-tested-benefits-breaks>
 - Breaking Down Assignments
<https://www.pbisworld.com/tier-1/break-down-assignment/>
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Staying on Task

At home learning means students are managing their own assignments and projects. Students need skills to stay on task to finish their learning. The resources below are tips, skills, lessons, and games to help students stay focused and ignore distractions.

Staying on Task & Focus Resources

Staying on Task

- Strategies to Stay on Task -
<https://education.gov.gy/web/index.php/teachers/tips-for-teaching/item/1931-list-of-strategies-to-keep-students-focused-on-task>
- Concentration Activities for Students -
<https://www.gettingsmart.com/2016/10/4-concentration-activities-students/>
- ADHD Strategies -
<https://www.verywellmind.com/help-for-students-with-adhd-20538>

Focus

- Apps to Keep Kids Focused -
<https://www.common sense media.org/lists/apps-to-help-kids-stay-focused>
- Focus Strategies -
<https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/add-adhd/how-to-improve-focus-in-kids>

Ignoring Distractions Resources

- 4 Questions Your Child Can Keep in Mind to Curb Distractions
<https://www.oxfordlearning.com/questions-that-help-curb-distractions/>

- Goals for Attention and Ignoring
<http://goalsprogram.org/preschool/attention-ignoring/>
 - Centervention -Freeze game to avoid distractions
<https://www.centervention.com/freeze-game/>
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Study & Test Taking Skills

Depending on district and teacher requirements, students may be taking online tests. Resources below are online test taking and at home study skills.

Study Skills

- Study Skills Guides - <https://www.educationcorner.com/study-skills.html>
- 31 Study Skills for Students - <https://elementaryassessments.com/list-of-study-skills-for-elementary-students/>
- Study Skills Tips for Parents - <https://www.understood.org/en/school-learning/learning-at-home/homework-study-skills/ways-to-help-your-grade-schooler-develop-good-study-habits>

Test Taking Skills

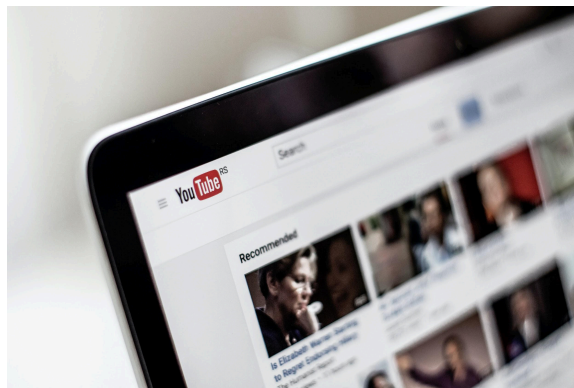
- Test Prep Strategies - <http://www.nea.org/tools/lessons/Test-Prep-Review-Strategies-Grades-K-5.html>
 - Test Taking Tips for Students - <https://jenniferfindley.com/test-taking-strategies/>
 - Online Testing Strategies - <https://jenniferfindley.com/online-testing-strategies/>
 - Test Taking Skills Video - <https://www.brainpop.com/english/studyandreadingskills/testtakingskills/>
 - Online Assessment Tools - <https://www.teachthought.com/technology/26-teacher-tools-to-create-online-assessments/>
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Virtual Field Trips

Resources for virtual field trips to explore the world without leaving home!

- List 1 - <https://wakelet.com/wake/f8a76c0f-a5b0-4ea4-b762-ce7bb28816f3>
- List 2 - <https://virtuelschoolactivities.com/>
- List 3 - <https://www.discoveryeducation.com/community/virtual-field-trips/>
- List 4 - <https://www.weareteachers.com/best-virtual-field-trips/>
- List 5 - <https://www.virtualfieldtrips.org/>
- List 6 - https://www.weareteachers.com/resources-learning-home/?utm_source=WAT&utm_medium=SiteTicker&utm_campaign=LearningatHome
- List 7 - <https://www.travelandleisure.com/trip-ideas/disney-vacations/watch-disney-rides-on-youtube>



Youtube

- Educational Youtube Channels List -
<https://www.diigo.com/outline/2teak7/Lucy's-List-of-Educational-YouTube-Channels?key=6v6o076dp2>