

AGOGÉ NEW IDENTITY TEMPLATE

The Ideal Version of Yourself 3-6 Months From Now

My Power Phrases (2-3)

I already have them:

- THE LORD commands you.
 - Trust in God and his plan for you! ✝
 - What would the better version of you do?
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My Core Values (2-3)

- Faith. F. E. A. R: Face everything and RISE!
- Extreme discipline.
- Boldness.
- Righteousness.

Whatever word you would use to describe this:



My Daily Non-Negotiables - Update the further I progress (like resistance training).

Physical wins:

1. Power-inducing training in the gym.
2. At least 30 minutes of running.
3. 300 Pushups with proper form.
4. 300 Russian twists.
5. 5 1-minute planks.

Mental wins:

1. 5-minute game of chess, with the opponent conquered. If I lose, 100 Pushups.
2. Watch morning power up call, learn from Luc lessons and Prof Dylan lessons.
3. Spend 10 minutes analyzing copy, then more wherever possible.
4. Wake up at 5AM each day.
5. Spend 15 seconds visualizing who I WILL become. ✓
6. Review plans to conquer the day.
7. Listen to power-up songs: 'The only thing they fear is you', 'The rev3nge', 'Overkill (by RIOT)'.
8. Say GMs and glorify GOD.

Financial wins:

1. 8 Hours of client work.
2. Complete all crypto-defi airdrops daily tasks.

3. Learn from Investing daily IA.
4. Make at least \$50 per day through hustling, client work, or otherwise.

Spiritual wins.

1. THANK GOD FOR EVERYTHING!!!
2. Pray day and night.
3. Read bible for 15 minutes minimum.
4. Watch at least ONE of my daily "Faith calls" (God and Jesus videos on YT).
5. No sin. No lust. No pride. No lying. No gluttony. No greed. NO SIN. Thou art commanded to do good in the name of the LORD.

Other:

1. Complete ALL Agoge assignments and burpees.
2. **Complete ALL daily checklists. That is,**
 - 15s focusing on ideal self. ✓
 - Watch MPUC.
 - Spend 10 minutes reviewing top player copy.
 - Perform one G-work session on client work.
 - Train.
 - Review wins and loses for the day.
 - Listen to SM & CA campus daily lessons.
 - Stay hydrated and eat healthy.
 - Go to a learning center and implement knowledge.
 - Attend or listen to a moneybag workshop.
 - 30 Minutes of sunlight on skin.
 - Make a plan to execute on a side hustle that day.
 - Go over two lessons in the business campus and implement.
 - Post 3 most important to-do items in a daily accountability channel.
 - Go over 'content in a box channel' and do the task each day.
 - **Go over this document everyday.**



My Goals Achieved

- 5K/month in revenue at 15 - done through multiple campuses. Looking over that four-figure number in my bank account knowing through God's blessings and my

extreme hard work, I am set on the path to hammering-in my empire into the world so that my family and descendants would be able to continue the POWERFUL bloodline.

- Having forged an iron-clad body, a razor-sharp mind, and a rock-solid conviction in the spirit capable of dominating any soul who dares to challenge me to battle (I.e a*\$holes at school).
- Saving family from matrix crackdown. Watching from above while those weak, broke people succumb to the deathly grasp of the devil knowing that through extreme hard work, indefatigability, perspicacity, and the LORD's blessings, I am saved. But I know through extreme hard work, I am already saved, for the LORD has answered my prayers. I declare it.
- **Pleasing GOD consistently.**

My Rewards Earned

- The crisp money made of which I can multiply through the investing campus, further saving my bloodline.
- The satisfaction knowing that I am pushing my limits, conquering my enemies in all realms, and do what is REQUIRED of me.
- Getting to have my amazing, half-burnt sausage sizzles for lunch.
- POWER.
- **THE PLEASING OF GOD!!!**

My Appearance And How Others Perceive Him

They either are compelled to respect him, or fear him. He is like a machine - a terminator. He consistently reduces his giant tasklist to atoms day-in, day-out. He doesn't feel fear, or sadness, only an extreme dissatisfaction with life brought upon by GOD. He is a soldier of God, willing to do whatever it takes to succeed, and dominating his enemies while he's at it. He's handsome, lean, powerful, physically strong, materially and spiritually wealthy...with extreme perspicacity and an indefatigable mindset. He is among the highest echelons of men for his

age, and he does not allow anyone to steal that rank from him. He is seen to know and command many people in his network, like a general commanding an army. He is a force to be reckoned with, strengthened and blessed by GOD! †

My Day In The Life Stories.

- I explode out of bed to turn off my loud and sudden alarm screaming at me to “get up and go to the gym”. I feel like slaying a dragon. Almost instantly, I humble myself before God, thanking him for this wonderful and fruitful day, then pray that I am granted everything I need to conquer sin on this day, and to conquer my tasks on this day. Then, I thank God again and move to guzzle down a power drink (coffee, Musashi, or a 45g protein coffee). After that, I move to complete 100 Russian twists, pushups, and burpees, before the sun is even up. I thank God, and move throughout my day, emboldened with the flame of ambition.
- I launch out of the house, listening to empowering music like “The only thing they fear is you”, starting to run a great distance that normal people would only believe you’re doing because you’re training for a marathon - but it’s just a part of my checklist. I return to the house, conquering the morning. I instantly move to hit the gym, emboldened with strength of Christ †
- I move swiftly like a soldier in the battlefield into my powerful, protein-filled breakfast where I catch up on my daily faith calls, the MPUC, and the daily lessons. After that, I begin a long stretch of work for my clients - putting in hard hours that will eventually compound into millions of dollars in the future. I crush my tasklist bare-handed throughout the day. I feel powerful, emboldened, blessed...knowing I have made the LORD proud.
- I prepare for a energising rest, the day conquered. I review my wins and loses, and plan accordingly. I visualise my ideal self a day, a week, a month, a year from now, then pray to the LORD that desire will be fulfilled. I thank God, then I drift off to sleep knowing he has answered my prayers.

(ADD IMAGES BELOW)

