

The 6 F-Words for My Transition into School

- Function
- Family
- Fitness
- Friends
- Fun
- Future

Ākonga Name: _____

Attach Photo



1. Function

I might do things differently. How I do it is not important. Please let me try!



- I see best when I...
- How I use my senses (see, touch, hear, move etc.)...
- How to keep me safe...
- How I manage myself...
- How I communicate...
- I can nearly...
- I need a bit of help with...



2. Family

They know me best and I trust them to do what is best for me. Listen to them. Talk to them. Hear them. Respect them.



- Who is in my family/extended family...
- Who lives in my house...
- How we live as a family (values, beliefs, routines etc.) ...



3. Fitness (Physically, Mentally and Spiritually)

Everyone needs to stay fit and healthy, including me. Help me find ways to keep fit.



- What I do to be fit and healthy...
- What I like to do...
- What works well for me...
- Things I need help with to be fit...
- What gets in the way of me staying fit...



4. Friends

Having childhood friends is important. Please give me opportunities to make friends with my peers.



- The special people in my life are...
- My friends are...
- Things I like to do with my friends...
- I am learning to (take turns, share my toys) ...



5. Fun

Childhood is about fun and play. This is how I learn and grow. Please help me do the activities that I find the most fun.



- Things I like to do by myself...
- Things I like to do with my family...
- I like to go to...
- Things I need help with...



6. Future

I will grow up one day, so please find ways for me to develop independence and be included in my community.



- One day I would like to be/do/go...
- I am working towards...
- My family's dream for me is to...
- My short- and long-term goals...



Background Information

My name is:

My eye condition is:

My visual acuity: ____/____

Medical:

Other:



About the 6 F-words

The F-words build upon the World Health Organisation's International Classification of Functioning, Disability and Health (ICF) framework (Rosenbaum & Gorter, 2012).

In response to decades of research, CANchild created the 6 F-words in Childhood Disability. The F-words offers a communication tool - to promote conversation between the family, child, and service providers and an organisational tool - to set goals, highlight strengths, and discuss needs.

The F-words focus on six key areas of child development. To ensure that our services address all areas of child development, this is a tool that can be used to support BLENNZ whānau and ākonga through the transition process.



www.canchild.ca/f-words

Rosenbaum, P., & Gorter, J.W. (2012). The 'F-words' in childhood disability: I swear this is how we should think! Child: Care, Health and Development, 38(4), 457 – 463. DOI: 10.1111/j.1365-2214.2011.01338.x; CanChild's F-words Knowledge Hub:



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