

Opens: 43.1% Clicks: 1.5% Around 120 contacts on the list.

Avatar Research/Writing process

SL: The quickest way to become confident

A **vulnerable** story was shared in my private community, **Authentic Academy**, and I want to share it with you all **for free**.



1d ago in Master Social Skills



How I solved my fear of talking to people (Personal Experience)

I've always had a fear of talking to people. I would constantly think:

- "What if they think I'm weird?"
- "What if they laugh at me?"
- etc.

As I got older, I was forced into situations where I had to speak to audiences. I once led an in-person meeting with over 500 people.

How did I manage to overcome my fears? It's simple.

I remembered that they were only people. I was not talking to God. I was not talking to a killer robot. I was talking to other humans.

And they would not kill me if I said something wrong. You have nothing to worry about unless you are talking to killer robots.

The people you talk to are no different. They poop every morning just like everyone else.

There's no reason to fear bro.

Many of you are scared of what others will do for no reason.

I promise you, if you approach that girl and fail, she is not going to kill you.

Unless you are talking to a killer robot, there is nothing to worry about.

[If you want to see more life-changing stories like this, click here!](#)