

February 2023

Health Class Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1/30	1/31	2/1	2/2	2/3
FOLEY - Risk Notes: Go through the Slides and take notes in your notebook, using the Risk Notes graphic organizer as your guide. - -Assign and begin Family Traits handout. TURNER The Teen Brain Take notes on the Brain sheet handout from The Teen Brain Prezi -Watch together: -2 min clip on Teenage Brain Under Construction -9 minute TedTalk on the Teen Brain -**10 minute clip, "The Teenage Brain Explained" start at 3:51	- Communication: Communication: Communication Slides: Take notes in your notebooks. -Individual Communication Assignment: Read the article and answer the questions in your notebook.	Review Day: - Notebooks should be complete: Assignment List You will turn in your: 1. Assignment List 2. Warm Ups 3. Family Traits All will be stapled together. - Test Review Google Slides - Test Review Google Doc: My advice is to make a copy of this document and fill it in. -Assign Digital Citizenship groups and topics. -Take notes on your assigned topic, using the resources from the website linked above. Must have at least 15 facts! Due Monday. NO LATE WORK ACCEPTED! -Group Work (if time): Create a short skit in pairs, using one of the scenarios. If you act it out in front of the class, you can get extra credit!! Use the graphic organizer as your guide.	-Personal and Community Health Test -Set up Unit 2 in Notebooks -Sleep Slides (reflection questions on the last slide)	
HW: *Review for Personal and Community Health Test *Notebook check Block Day! *Family Traits due Block Day	HW: *Family Traits due Block Day *Notebook assignment lists, warm ups and Family Traits due Block Day (all will be stapled together). *Review for Personal and Community Health Test	HW: *Review for Personal and Community Health Test	HW: *Take notes on your assigned Digital Citizenship topic, using the resources from the website linked. Must have at least 15 facts! Due Monday. NO LATE WORK ACCEPTED!	
2/6	7	8	9	10

Digital Citizenship Week: Meet in the Library! - Digital Citizenship Group Projects: - Planning Sheet: Use this to guide you as you create your Slides presentation. - Rubric	Digital Citizenship Week: Meet in the Library! Gallery Walk of Presentations	-Assign and begin working on PSAs - PSA Instructions - PSA Rubric		Rally Schedule -Work on PSAs - PSA Rubric - PSA Instructions
HW: *Make sure your Slides are ready for the Gallery Walk tomorrow!	HW:	HW: *PSAs due Friday, 2/17th	HW: *PSAs due Friday, 2/17th	
13	14	15	16	17
NO SCHOOL	Begin Nutrition and Physical Activity (NAPA) - Nutrition and Physical Activity Text Set - Text Set Response Document (turn in on GCR) - Nutrient Notes Slides or Nutrient Prezi: fill in your graphic organizer as we go through the presentation.	- Food Label Notes: Fill in your Food Label sheet, using the Slides to guide you. - Trail Mix advertising information Slides - Trail Mix - In pairs, start the trail mix assignment. The rubric is linked in the assignment. Be sure to choose your four ingredients on the order form. - Order Form		-Work on Trail Mix assignment You should have: 1. Food Label 2. Ad 3. Analysis questions
HW: *PSAs due Friday	HW: *Finish Nutrient Notes, if we did not finish in class. * Bring Food Label from home! *PSAs due Friday	HW: *PSAs due Friday * Trail Mix due next Block Day *Trail Mix Rubric	HW: * Trail Mix due Block Day Print Trail Mix Ad, Nutrition Label, and Questions.	
20	21	22	23	24

NO SCHOOL	-Healthy Eating Hyperdoc : go through the Slides and answer the questions on the Slides in your notebooks. Due Block Day. -I will make your trail mix while you work. :)	-Turn in Trail Mix assignments Physical Fitness -Fitness Slides: Fill out the Fitness Notes in your notebooks (Copy the attached graphic organizer into your notebooks and fill out with the attached Slides). - "Fed Up" with questions		-Finish " Fed Up " with questions
HW:	HW: *Trail Mix due Block Day Print Trail Mix Ad, Nutrition Label, and Questions.	HW:		HW:
27	28	3/1	3/2	3/3
-Educated Choices <i>Healthy Eating</i> video presentation: Answer the questions given in class. THESE WILL BE COLLECTED IN CLASS! -Begin Healthful Eating Meal Examination: Answer the questions in your notebook. Make sure you answer all parts. Due Block Day.	Fad Diets: -Read the Article on Fad Diets and complete the Questions in your notebook. Due Block Day. *Finish Healthful Eating Meal Examination: Answer the questions in your notebooks. Due Block Day. -Assign Sugar Article: Read "Who can Say No to Sugar", and answer these Questions in your Notebook. Due Block Day.	-Every Fifteen Minutes Modified Schedule -Fitness Activity: in your notebooks. -Time to study for the test: -I will stamp: 1. Healthful Eating Meal Examination 2. Fad Diets Questions 3. "Who Can Say No to Sugar" questions Notebook Check: I will collect cover sheet and warm ups.		Minimum Day Schedule -Nutrition and Physical Activity Test
HW: *Finish Healthful Eating Meal Examination: Answer the questions in your notebooks. Due Block Day.	HW: *Read "Who can Say No to Sugar", and answer these Questions in your Notebook. Due Block Day. *Finish Fad Diets: Read the Article on Fad	HW: *Study for the NAPA Test: Study Guide		

*Study for the NAPA Test: Study Guide	Diets and complete the Questions in your notebook. Due Block Day. *Finish Healthful Eating Meal Examination: Answer the questions in your notebooks. Due Block Day. *Notebook Check Block Day: I will collect cover sheet and warm ups *Study for the NAPA Test: Study Guide		
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