

## Scoliosis Screening

On **Thursday, October 5<sup>th</sup>**, our school will conduct a **Scoliosis Screening** during First Connection classes to find children with suspected curvature of the spine. In Georgia, scoliosis screenings are required by law in at least two grades – sixth, seventh or eighth; **we will be screening all sixth and eighth grade students this year.**

Scoliosis Screening is a simple, painless process that only takes about 30 seconds. Girls and boys will simply take off their shirts for the screening; girls and boys will be screened separately. To make the scoliosis screening process go smoothly we ask that parents discuss with their child how the process will work. Please advise them to wear only one layer of clothing on the day of the screening. Multiple layers of clothing delay the screening process. Since it is necessary for us to view your child's spine, we will need them to remove their shirt. If your child is uncomfortable removing their shirt, please encourage them to wear a bra, sports bra, camisole, undershirt, or bathing suit top under their shirt. A person trained to recognize scoliosis observes the child's spine—first with the child in a standing position and then with the child bending forward and away from screener. If the child's back, shoulders or hips seem uneven, the screener will recommend further follow-up to determine if scoliosis is present. The Forsyth County Health Department will be on hand the same day to conduct a second screening on any student with a positive first screen. You will receive a Parent Notification and Referral Form by mail if it is recommended that your child follow up with a doctor for further evaluation for scoliosis.

If you do **NOT** want your student to participate in this screening, please log into Parent Portal as soon as possible, go to the Documents section, and complete the [Scoliosis Refusal Form 23-24](#) declining the screening. You may also find the paper copy [here](#). **Please submit all refusal forms by Monday, October 2<sup>nd</sup>. We will not be able to accommodate any refusals received after this date.** If you have already submitted a Refusal Form, you may disregard this email.

You may reach out to Nurse Lorrie with any questions or concerns:  
lchalmers@forsyth.k12.ga.us