

We're here to support you in planning for your future! This resource is intended to:

- Help you prepare for life after high school and learn about the many options available to you.
- Make the process less overwhelming.
- Give you information you might not even know yet that you'll need!

Each of the links below covers a topic related to planning for life after high school. Click on the link for a series of short videos and guided reflection questions related to this topic.

This resource is primarily intended for 10th and 11th grade students but may also be helpful for older or younger students depending on where you're at in your planning process.

Short-Term Training & Apprenticeships: Short-term training can be a great way to increase skills or jump-start your career. Apprenticeships are a great option to earn while you learn. Discover the wide variety of training options available both in-person and online throughout Vermont.

- Lesson and Videos
- Reflection Questions

Intro to Resume Writing: Find out what employers look for in a resumé and walk away with a checklist for creating a job application that will improve your odds of getting an interview.

- Lesson and Videos
- Reflection Questions

Interviewing Success Strategies: Find out how to prepare for a job interview and show off your best self to potential employers. While structured around applying for a job, these tips can also be applied to a college admissions interview.

- Lesson and Videos
- Reflection Ouestions



The College Search: Finding the Right Fit: Learn what to consider and reflect on what you want from your postsecondary experience so that you can narrow down the search to institutions that meet your values and preferences. While structured around the college search, these questions can also be helpful in thinking about what you might want in a future employer or non-degree training program.

- Lesson and Videos
- Reflection Questions

Strategies for the SAT & ACT: Want to make yourself a stronger candidate for college admissions and merit based financial aid by earning a high score on the SAT or ACT? Get "best practice" strategies and free test-prep resources from a professional test prep tutor.

- Lesson and Videos
- Reflection Questions

Navigating the Admissions Process: Overwhelmed by the college admissions process? Hear directly from college admissions counselors about the steps involved in applying, what they look for in students, and how they can support you through the process.

- Lesson and Videos
- Reflection Questions

Writing the Admissions Essay: Find out what colleges look for in the admissions essay and discover how to craft an essay that sets you apart.

- Lesson and Videos
- Reflection Questions

Financial Aid & Managing College Costs: Nervous about how you'll afford to pay for college or career training? Learn about how others make it work, the types of financial aid available and how to apply for them, and what you should be doing now to set yourself up for success.

Lesson and Videos



Reflection Questions

Scholarships: Free Money: Learn how to find and apply for local, state, and national scholarships.

- Lesson and Videos
- Reflection Questions

The Postsecondary Experience: Student Voices: What do current college and non-degree training students think you should know?

- Lesson and Videos
- Reflection Questions

Going to College – How to Stick with it and Graduate: Going to college and dropping out before receiving your degree can be expensive and disheartening. Find out the most common reasons why college students leave school, and what steps you can start taking now to help you make it to graduation.

- <u>Lesson and Videos</u>
- Reflection Questions

Gap Year 101: Learn about the benefits, challenges and opportunities surrounding the gap year option.

- Lesson and Videos
- Reflection Questions

Identifying Your Career Interests: Discover how your interests relate to clusters of nearly 900 occupations.

- Lesson and Videos
- Reflection Questions



Showcasing Essential Skills: Learn which skills are critical to success after high school, how to highlight the skills you already have and how to build new ones.

- Lesson and Videos
- Reflection Ouestions

Navigating Your Own Career Path: Connect your interests and skills with promising careers in Vermont and explore a broad range of career and education pathways.

- Lesson and Videos
- Reflection Questions

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