

Jimmy Dean's Breakfast Sandwich

From Freddy:

"Really simple prep. Anyone can make this dish.

First you need to buy a box of Jimmy Dean Breakfast Sandwiches from your local grocer.

Then, once home, you gotta open the box and put the Jimmy Dean Breakfast Sandwiches in the freezer. That is an important step, as you want to preserve the sandwiches unless you're going to prepare all of the sandwiches.

Next, you wanna take one sandwich out of the freezer. Here's where it gets a little tricky. Each sandwich is individually packaged in plastic wrapping, so you'll either need some scissors or you can just use your fingers to tear open the bag. Once you have your sandwich out of the plastic, it's important to wrap a paper towel around the sandwich. Don't ask why, you'll thank me later.

Next, you put your sandwich (in the paper towel wrap) into the microwave. I'd suggest defrosting at about .1-.2 pounds of meat. This should take a minute and a half to two and a half minutes. Once defrosted, I'd suggest microwaving on high for about 30 seconds. To be sure that you've cooked all the way to the center of the sandwich, you should flip the sandwich and microwave for another 20 seconds. After this, you'll have quite a hot sandwich ready for human consumption!

Sugar-free Ice Water

From Robby:

"I cook a mean glass of water. All you need is a glass/cup, water, and ice (optional). If you (or the person you're serving) wants ice, it's a good idea to put the ice in first. If you put in the ice after filling with water you run the risk of splashing water out the glass or worse, overflowing. After you've put the ice in you want to pour the water in and then you're ready to go! It's a simple dish but I promise you everyone will try it!"