



Trauma Informed Parenting SCIO



Policy - Health and Safety Policy			
Document Reference No. 40	Revision Level: 1	Approved By: S Scott	
References: Health and Safety		Originator: CEO	Date Approved: 20/7/2026

1. Purpose

The purpose of this policy is to ensure that Trauma Informed Parenting operates in a safe and supportive environment for all staff, volunteers, and participants in its training programmes. As a provider of trauma-informed education, the



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organisation is committed to integrating health and safety principles with trauma-sensitive practices, ensuring both physical and emotional wellbeing for all involved.

2. Scope

This policy applies to all training sessions, staff, volunteers, and participants engaged with Trauma Informed Parenting. It covers physical safety, emotional wellbeing, risk management, safeguarding, and compliance with health and safety regulations relevant to the delivery of training and organisational operations.

3. Policy

- Trauma Informed Parenting will provide a safe and structured learning environment that incorporates trauma-informed principles into its training programmes.
- Risk assessments will be conducted regularly to identify and mitigate potential hazards in both physical and online training spaces.
- Staff and volunteers will receive training on trauma-informed approaches and safeguarding.
- Safeguarding protocols will be enforced to protect vulnerable individuals participating in training sessions.
- Incident reporting and response procedures will be clearly outlined for managing health and safety concerns during training delivery.
- Safe spaces will be maintained within training environments, allowing participants to engage in learning while managing trauma-related responses.
- Trauma Informed Parenting will comply with all applicable health and safety regulations while ensuring training settings are tailored to the needs of those accessing trauma-informed education.

4. Responsibilities

- Board of Trustees: Oversee the implementation of this policy and ensure compliance with legal and regulatory requirements.
- Senior Management: Ensure training environments are safe, risk assessments are conducted, and safeguarding procedures are followed.
- Trainers & Facilitators: Integrate trauma-informed principles into sessions, ensure participant wellbeing, and follow safety protocols.
- Participants: Engage in training with awareness of health and safety guidelines and seek support when needed.



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5. Monitoring and Review

This policy will be reviewed annually or sooner if significant changes in legislation, safeguarding requirements, or training delivery practices occur.

Revision Level.	Description of Revision	Approved By:	Date
0	Approved on	CEO & Chairpersons	2/7/2025
1	Reviewed	CEO & Chairpersons	20/7/2026
2	Next Review due		20/7/2027

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6.0 Related Procedure

- Training Risk Assessment
- Incident and Crisis Response Procedure
- Safeguarding and Reporting

Chairpersons Signature

Date 20/7/26