

Hubmen Soccer Handbook 2025

Our Purpose and Goals

- The overriding *purpose* of our program is to provide an *environment that is safe, inclusive, supportive, challenging, enjoyable, and rewarding* for boys to participate in and
 represent their school in the sport of soccer.
- Our specific soccer program *goals* include helping student athletes become the best soccer players they can be, fielding competitive teams, and winning games whenever we can.

While everything in this Handbook applies to all participants in the Hubmen Soccer program, some 2025 Points of Emphasis are highlighted

General Expectations

All players in this program are expected to:

- Speak and act toward teammates with kindness and respect at all times.
 - We have a ZERO BLAME culture and there is no tolerance for any kind of mistreatment of teammates.
 - We have ZERO TOLERANCE for any derogatory or inappropriate language towards teammates, opponents, or officials. This includes any use of "race-based" language.
- Always exhibit good sportsmanship and show respect for the game, our opponents, fans, officials, and each other.
 - We do this whether we win, lose, or tie.
- o Commit to working hard to become the best soccer player you can be.
 - No one can ask more of you than that.
- Be open to playing new positions and taking whatever role will help the team be successful.
 - Discovering new talents and learning new roles is an important part of the game
- Take care of themselves as athletes
 - Work on strength & conditioning; pay attention to and take care of your mental health; hydrate before practices and games; practice good nutrition; get plenty of rest and sleep.

Expectations for Practices

- Players are expected to be on the field, dressed for practice, and ready to go <u>before</u> the time practice is scheduled to begin.
- Players are expected to be focused from the start to end of each practice.
 - Pre-Practice: *No just standing around!* Get to work on individual skills and/or passing with a teammate.
 - Whenever a coach is talking stand still, be quiet and pay attention.
 - Conversation during practice & games should be limited to "soccer talk".
 - Do everything at full speed; practice with game intensity.
 - Work hard in every practice don't take "days off."

Expectations for Games

- Arrive at least 45 minutes before kick-off for Home Games.
- Be on the bus a minimum 5-mins before departure time for Away Games.
- Pre-Game Warmups this is when we get ready to play. Total focus is expected.
- Always "Get Ready, Stay Ready" be ready to be called on to play at any moment.
- Do your very best on the field. Make the most of any opportunity to play, at any time in any game!

Required Attire at Practices and Games

- Designated practice shorts and t-shirts along with soccer cleats, soccer socks, and shin guards.
- Shin guards are to be brought to <u>all</u> practices and must be worn whenever we scrimmage.
- Players are responsible for taking good care of their uniforms and wearing/bringing them freshly laundered to each game.
- Players provide their own game socks: a plain **White** pair and a plain **Maroon** pair. We do not require a designated sock brand.
- Always bring the right colors depending on the game being home or away.
- Uniforms must be laundered before being turned in at the end of the season.

Criteria for Initial Roster Placement

Your physical conditioning. If you are not in excellent shape, there is a very clear limit to how much you can help our program.

Your current ability as a soccer player.

Your potential to improve over the course of the season, based on: coachability, fitness, athleticism, and how hard you are willing to work. Keys include: *Do you listen? Are you open to feedback? Do you seek to apply what coaches are teaching you?*

Your attitude and character, in particular:

- Your attitude and demeanor during practices and games, on and off the field.
- How you interact with and speak to/treat your teammates.

The Program's Head Coach reserves the right to move players between teams at any time during the season, as deemed appropriate and beneficial for the program and the individual.

Seniors

 All seniors should be leaders on the team. This is your final season to represent your school and to help move this program forward.

Criteria for Selecting Captains:

- You have shown *leadership* on and off the field to help our program grow.
- You will be a *positive role model* for all players in our program.
- You *support and challenge teammates* in a positive and encouraging manner.
- Your behavior on and off the field exhibits respect for yourself, teammates, coaches, the school staff, the school district, opponents, and referees.

Captains are expected to:

- Always be supportive leaders and positive role models for all players on all teams in our program.
- Exhibit exemplary leadership on the field including dealing with adversity, showing respect for opponents and referees.
- Represent the schools at games welcoming opponents, referees, etc.
- o Lead the pre-game stretch & warmup.
- Make sure required equipment is available at practices and games, and is collected/stored afterwards. (Includes designating others to help.)

 Playing Time - Players should embrace their role on their team and give 100% whenever they are on the field, and for however long they are on the field.

<u>Varsity</u> - Barring injury, attendance issues, or disciplinary reasons, the Head Coach will endeavor to have every player who is present participate in each game. *However*, there will be times when not all players who are present get on the pitch in a particular game.

<u>Junior Varsity and C Squad</u> - Barring injury, attendance issues, or disciplinary reasons, all players should expect to play in each half of all games. *Playing time will not be equal*.

NOTE: It is the responsibility of players themselves to engage in discussions with coaches about their playing time or their role on the team. Players are welcome and encouraged to initiate such discussions any time they wish to. Reminder: Don't ask, "Why am I not playing as much as...?" Do ask, "What area(s) do I need to improve in so that I can contribute more to the team's performance on the pitch?"

Attendance Policy

The team depends on every player and it is the responsibility of each player and their family to see that the player attends every team practice, meeting, or game and be on time.

Absences from any practice, game or other team event are considered either "excused" or "unexcused" as outlined below.

Excused Absences There are three types:

- 1. You stayed home or went home from school during the day because of *illness*.
- 2. You have an *injury* which requires you to be absent from a practice or game (for treatment or to address symptoms).
- 3. An *unexpected and/or urgent circumstance arises* and as reasonably as is possible you contacted and cleared it with your coach *beforehand*. The coaching staff (and in consultation with the Activities Director if necessary) reserves the right to make decisions based on extenuating circumstances relating to unexpected and urgent circumstances.

Unexcused Absences There are multiple types. Examples include:

- "Forgot" about the team event / "Overslept" / Didn't arrange a ride.
- Stayed home or went home from school and it was *not* excused. (If you are "unexcused" from school that day, you are also unexcused from soccer.)
- Sent a message via a teammate to say that you would be absent.
- Attended another event (not covered under Excused Absences) rather than the team event.

Consequences

- EXCUSED absence from practice day before a game: Ineligible to *start* the next game.
- UNEXCUSED absence from any team event: Ineligible to play at all in the next game; must attend the game and sit with the team.
- Second UNEXCUSED absence from any team event: Ineligible to play at all in the next two games; must attend the games and sit with the team.
- Any subsequent UNEXCUSED absences will be referred to the Activities Director.

Buses to/from Away games

- All players are expected to ride the buses as a team to and from all away games.
 - Exceptions will only be considered by Coach Wareham on a case-by-case basis and will require submission of waiver form plus an explanation to Coach Wareham via email to twareham@isd717.org or via sportsYou before departure.
 - Transportation Waiver

Game Schedule

- The official details of all teams' games can be found on the Wright County Conference calendar: <u>Events Calendar</u>
 - Be sure to use the "NOTIFY ME" feature to sign up to receive notifications of schedule changes for our teams!

Communications

We will be using sportsYou for most communications during the season. https://sportsyou.com/





You've been invited to join

Hubmen Soccer - All Teams

Use your unique access code below and follow the instructions.

Access Code D9CD-QWFE

Join via Website

New Users

- From your computer, phone, or tablet, visit sportsyou.com
- 2. Click Get Started and enter your email
- Go to your email and click Confirm Your
 Email
- Click Enter Access Code to enter code, then finish setting up your account

Existing Users

- From your computer, phone, or tablet, go to **sportsyou.com** and log in
- 2. In left column, click Join Team/Group.
- Click Enter Access Code to enter code, then Join Team or Join Group

Join via App

New Users

- On mobile device download sportsYou app from the App Store (iOS) or Google Play Store (Android)
- Open the sportsYou app and tap Create Account
- Tap Enter Access Code to enter code, then finish set up

Existing Users

- 1. On mobile device log in
- 2. In bottom tray, tap Teams/Groups
- Tap blue + button, then tap Join Team/Group
- 4. Enter access code and click Join

Guidelines for Communications between Coaches, Players, Parents:

<u>Players to Coaches</u>: All communications must only be sent from the player's @717students.org or @isd716.org email address to the coach's @isd717.org email address, <u>or</u> to Coach Wareham using *sportsYou*. (If you send a *sportsYou* message, it will go only to Coach Wareham)

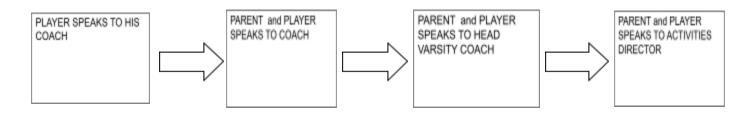
<u>Coaches to Players</u>: All communications will only be sent from the coach's @isd717.org email address to the player's @717students.org or @isd716.org email address, <u>or</u> from Coach Wareham using sportsYou.

<u>Parents/Guardians</u>: Irrespective of the team your son is on, please direct all written communications only to Coach Wareham's <u>twareham@isd717.org</u> email address <u>or</u> using <u>sportsYou</u>. (If you send a <u>sportsYou</u> message, it will go only to Coach Wareham)

- Parents/Guardians must self-identify themselves in all communications to receive a reply.
- Coaches will be approachable and willing to speak with parents, especially regarding issues that deal with a player's well-being. Feel free to request a meeting with the coaches if you have concerns, or if you think there is something the coach should be aware of regarding your son.
- Guidelines for Parent/Guardian Communications to Coaches:
 - Please use the "sleep on it" approach before sending a communication about any non-urgent player-related emotional situation or issue you may have.
 - Do <u>not</u> approach a coach with non-urgent concerns right before or after a practice or game.
 This includes in person, telephone, or via electronic communications.

"Playing time" is not a topic for direct parent-coach communications.

- This is a subjective area and it is the coach's job to determine playing time at the high school level.
 - Exception: For JV & C only, if you witness that your son did not participate in both halves and the reason is not known, please send a message to Coach Wareham to request the reasoning.
- It is the responsibility of players themselves to engage in discussions with coaches about their playing time or role on the team. Players are encouraged to initiate such discussions any time they wish to.
- **Order of contact** please follow the following progression for communication.



- Varsity Lettering Policy: Be on the game-day roster and present at the game for 12 or more Varsity games. (Being *injured but present* counts toward the total.)
- Individual Awards Conference: The number of WCC All Conference and All Conference -Honorable Mention awards will be determined by our final standing in conference play.
 Awardees will be determined at the coaches' discretion and announced at the banquet.
- Individual Awards Internal: Awarded at the coaches' discretion and announced at the banquet on October 13.

Academic Support

We will abide by the JHS policy on academic requirements. From: Activities Handbook

Academic Eligibility

All student athletes and fine arts participants are required to be making adequate progress towards earning credits towards graduation.

Academic Support

If a student is on the "F list", meaning they have an F on their current grades in infinite campus in at least one class, they will be placed on Academic Support.

- 1. Grades will be checked every Monday. Any student in activities with an F will meet with either the AD or Activities Assistant to go over expectations while on support.
- 2. During this time, the student is eligible to participate in competition.
- 3. The student will have until Friday at 3:15 pm of that same week to collect signatures from teachers of classes in which the student is earning an F, stating that the student is making academic progress.
- 4. "Academic progress" is intentionally vague because academic progress may look different from one situation to another depending upon the nature of a specific class or academic setting. A student with an F can make academic progress, while still having an F at the end of the week.
- 5. If a student does not turn in their Academic Support sheet, or is unable to successfully gather the required signatures by 3:15 pm on Friday, they will be ineligible to participate in competition the following Monday through Friday. The student should participate in practices, and can attend games out of full uniform, but is ineligible for competition. The student will then remain in the Academic Support process while ineligible with the opportunity to regain eligibility for competition on the Monday following the date on which he or she obtains the necessary signature(s) stating that he or she is making academic progress.
- 6. If a student ends a semester with a failing grade in one or more classes, they will serve an academic suspension from events and competitions for either two weeks or two contests, whichever is longer. The student should participate in practices, and can attend games out of full uniform, but is ineligible for competition. If the student is participating in an activity at the time of the end of the semester, the suspension will be administered immediately. If not, the suspension will be administered at the beginning of the season for the next activity for which they are registered.