

Katie N. Kim, LMSW, Doctoral Candidate
She/Her/Hers

EDUCATION

- 05/2026 (Expected) **Doctor of Philosophy in Social Work**
Virginia Commonwealth University, Richmond, VA
Dissertation: *Unseen and Untreated: Gendered Pathways and Risk among Parents with AUD*
Chair: Gary S. Cuddeback, Ph.D.
Committee: Karen Chartier, Ph.D.; Mer Francis, Ph.D.; Elizabeth Chin Prom-Wormley, Ph.D.
- 07/2019 **Master of Social Work**
The University of Michigan, Ann Arbor, MI
- 05/2018 **Bachelor of Science in Social Work**
George Mason University, Fairfax, VA

LICENSURE & CERTIFICATIONS

- 08/2021- Present Licensed Master of Social Work, Active License #: [0903003465]

RESEARCH INTERESTS

Parental substance use and its impact on family systems, with emphasis on promoting recovery and strengthening treatment engagement for parents. Parenting, family well-being, and the intergenerational transmission of harm in the context of alcohol and other substance use disorders (AOSUD). Trauma-informed and equity-centered approaches that guide the design of family-centered interventions and policies. Social work contributions to developing care systems that integrate addiction treatment with parenting support, reduce systemic barriers, and promote long-term healing for families. Current work includes examining how caregiving responsibilities, stigma, and institutional pressures shape treatment avoidance among parents with AUD using nationally representative datasets.

TEACHING INTERESTS

Clinical Social Work Practice, Substance Use Disorders and Treatment, Evidence-Based Practice and Intervention, Research Methods in Social Work, Human Behavior in the Social Environment (HBSE), Communities and Organizations, Social Work with Diverse and Marginalized Populations

RESEARCH EXPERIENCE

09/2023-
Present

Graduate Research Assistant

Co-PIs. Karen Chartier, Ph.D., & Rebecca Gomez, Ph.D.
Virginia Commonwealth University, Richmond, VA

Project: *Equipping Social Workers on the Front Line: The Child Welfare and Addiction Specialist Fellowship Program.* (NIDA-funded 1R25DA058484)

- Coordinated monthly telehealth case review (ECHO) sessions, including speaker outreach and session logistics, to support clinical training for child welfare fellows.
- Conducted thematic qualitative analysis on topics related to child welfare and substance use; findings informed internal reports and dissemination materials.
- Contributed to manuscript development by analyzing qualitative data and drafting content on parental substance use; engaged in collaborative peer-reviewed journal submissions.
- Developed training resources and supervision materials aligned with trauma-informed, addiction-focused pedagogy.

Project: *Electronic Health Records of Family Health History & AUD*

- Led analysis of large-scale EHR data (VCUHS and TriNetX) to examine associations between family history and alcohol use disorder outcomes.
- Contributed to manuscript writing, data interpretation, and abstract development for national conferences, including RSA.
- Performed clinical note annotation and assisted with data infrastructure management to ensure research integrity across AUD studies.
- Supported the development of grant proposals and manuscripts utilizing international registry data on family history and AUD.

08/2024-
12-2024

Graduate Research Assistant

PI. Youngmi Kim, Ph.D., Co-PIs: Gary S. Cuddeback, Ph.D.
Virginia Commonwealth University, Richmond, VA

Project: *Addressing Food Insecurity and Mental Health Needs of First-Generation Students through Peer Support.*

- Performed data cleaning, management, and analysis to examine the intersection of food insecurity and mental health among first-generation college students.
- Trained and supervised peer support specialists to ensure fidelity to intervention protocols and research procedures.
- Coordinated day-to-day research operations, including scheduling, resource planning, and inter-team collaboration.

- Contributed to manuscript preparation, with a focus on disseminating findings related to peer support and mental health outcomes.

09/2022-
08/2023

Graduate Research Assistant

PI. Mer Francis, Ph.D.

Virginia Commonwealth University, Richmond, VA

Project: *The Impact of Collegiate Recovery Programs on Recovery Capital and Participating Students.* (National Longitudinal Collegiate Recovery.)

- Conducted literature reviews to support the conceptual framework of a national longitudinal study on collegiate recovery programs.
- Developed and submitted a conference poster and abstract showcasing preliminary findings on recovery capital in higher education.
- Participated in manuscript revision, incorporating reviewer feedback and refining narrative structure.
- Assisted with quantitative data analysis and co-authored sections of the discussion, interpreting findings within the context of substance use recovery literature.

03/2022-
08/2023

Individual Investigator

PI. Yan Yuan, Ph.D.

University of Pittsburgh, Pittsburgh, PA

Project: *Intimate Partner Violence Amongst Asian Immigrant Women: Feasibility and Efficacy of an Integrative Psychosocial Program (IPP)—A Transdiagnostic and Culturally-competent Approach.* Funded by the American Psychological Foundation [APF] Visionary Grant

- Supported implementation of a culturally tailored trauma-informed psychoeducation pilot for Asian American women experiencing intimate partner violence.
- Assisted with participant engagement, data collection, and follow-up coordination to ensure protocol adherence and research integrity.
- Maintained detailed field notes and contributed to preliminary synthesis of qualitative findings for internal reports and future dissemination.
- Collaborated on the development of academic products, including poster presentations and manuscripts.

09/2019-
07/2021

Postgraduate Associate

PI. Dongju Seo, Ph.D.

Yale Stress Center, New Haven, CT

Project: *Impaired Dynamic Neurobiological Responses in Alcoholism and Early Trauma to Predict Relapse After Treatment*. Funded by the National Institute of Health (R01AA026844)

- Oversaw IRB submissions and regulatory documentation (protocols, approvals, amendments), ensuring full compliance with ethical and institutional guidelines.
- Designed and managed study databases and tracking systems using REDCap, OnCore, MetricWire, and Qualtrics to support data collection and integrity.
- Conducted longitudinal and multilevel data analyses in R and SPSS; contributed to dataset cleaning, variable coding, and interpretation of neurobiological and behavioral measures.
- Developed study operation tools (templates, evaluation forms, tracking logs) to enhance workflow efficiency and team coordination.
- Managed study supplies and logistical needs across multiple data collection sites.
- Provided training and support to study staff on protocol-specific procedures and data systems.

TEACHING EXPERIENCE

09/2024-
12/2024

Teaching Assistant

Virginia Commonwealth University, Richmond, VA

Clinical Social Work Practice I for MSW students

- Provided academic support to MSW students through content clarification, office hours, and discussion facilitation focused on clinical interventions.
- Evaluated and graded written assignments with detailed feedback aligned to CSWE competencies and practice behaviors.
- Managed course communication via Canvas and actively facilitated discussion boards to deepen student engagement with key clinical concepts.
- Led a focused instructional module on Cognitive Behavioral Therapy (CBT), delivering content on therapeutic strategies for mood and substance use disorders.

09/2023-
12/2023

Part-time Adjunct Faculty

University of Pittsburgh, Pittsburgh, PA

Advanced Direct Practice: Cognitive-Behavioral for MSW students

- Delivered course content on CBT theory and interventions for substance use, facilitating application through case-based discussion and skill-building activities.
- Assessed student work using clinical rubrics; provided tailored feedback to support the development of advanced practice competencies.
- Maintained student engagement through proactive communication, including follow-up with absentees and individualized support.
- Facilitated structured online discussions to promote peer learning, critical thinking, and evidence-based clinical reasoning.

CLINICAL EXPERIENCE

03/2022-
08/2023

Individual Investigator

PI. Yan Yuan

University of Pittsburgh, Pittsburgh, PA

Project: *Intimate Partner Violence Amongst Asian Immigrant Women: Feasibility and Efficacy of an Integrative Psychosocial Program (IPP)—A Transdiagnostic and Culturally-competent Approach.* Funded by the American Psychological Foundation [APF] Visionary Grant

- Facilitated a 12-week virtual trauma-informed psychoeducation and skills training program, delivering structured interventions to support trauma recovery and emotional regulation.
- Coordinated participant scheduling and conducted individualized follow-ups to promote continuity of care and sustained engagement.
- Designed session plans and maintained detailed clinical documentation, including case notes to monitor progress and adapt intervention strategies.

09/2019-
07/2021

Postgraduate Associate

PI. Dongju Seo

Yale Stress Center, New Haven, CT

Project: *Impaired Dynamic Neurobiological Responses in Alcoholism and Early Trauma to Predict Relapse After Treatment.* Funded by the National Institute of Health (R01AA026844)

- Conducted diagnostic evaluations using DSM-5 criteria and SCID to assess eligibility for alcohol, trauma, and stress-related clinical trials.
- Designed and implemented an 8-week CBT-based treatment program for alcohol use disorder (AUD), guided by NIAAA protocols.

- Delivered weekly evidence-based CBT sessions and stress management interventions to individuals with co-occurring AUD, depression, anxiety, and trauma histories.
- Provided trauma-informed clinical social work services within a research context, including psychoeducation, crisis intervention, and referrals.
- Maintained detailed clinical documentation, including treatment plans, progress notes, and discharge planning.
- Supervised two postgraduate research staff, offering clinical consultation, mentorship, and team coordination support.

PEER-REVIEWED JOURNAL ARTICLE

Brummer, J. E., Søndergaard Frederiksen, K., Karriker-Jaffe, K. J., **Kim, K. N.**, & Chartier, K. G. (2025). Combining family history and alcohol screening measures to identify emerging adults at risk of not being in education, employment, or training (NEET). *Social Psychiatry and Psychiatric Epidemiology*, 1-13.

JOURNAL PUBLICATIONS UNDER REVIEW

Chartier, K. G., **Kim, K. N.**, Araujo, J., French, E., Morgan, M. R., & Olex, A. (under review). Documenting family health history for alcohol and other substance use disorders: Investigating the use of ICD-10 Z codes in the electronic health record of a comprehensive urban medical center. *Substance Abuse and Addiction Journal*

Francis, M. W., Bucholz, K. K., Dick, D. M., Edenburg, H. J., Kamarajan, C., **Kim, K.N.**, Kramer, J., Kuo, S. I., Plawecki, M. H., Porjesz, B., Smith, R. L., Yang, Y. L.*, & McCutcheon, V. V. (Under review: Alcohol and Alcoholism). Social Recovery Capital, parental Alcohol Use Disorder, and drinking outcomes in young adults from a high-risk sample.

SELECTED PRESENTATIONS

Kim, K. N., Francis, M., Reddish, N., Long, A., Van de Riet, K., Gomez, R. & Chartier, K. G. (2026, January 14-18). Strengthening competence for working with families affected by addiction: A preliminary assessment of a fellowship for child welfare professionals. Poster at the Society for Social Work and Research annual conference , Washington, DC.

Francis, M., **Kim, K. N.**, Chartier, K., Reddish, N., Long, A., Van de Riet, K., & Gomez, R. (2025, October 23-26). Building knowledge, building connections: How Child Welfare Addiction Fellows are changing practice and outcomes. Presentation at the annual conference of the Council on Social Work Education, Denver, CO.

Kim, K. N. (2025, June 21-25). The role of perceived parenting factors in adolescent mental

health among children of mothers with alcohol use disorder. Poster at the annual meeting of the Research Society on Alcohol (RSA), New Orleans, LA.

Chartier, K., **Kim, K. N.**, Francis, M., Reddish, N., Long, A., Van de Riet, K., & Gomez, R. (2025, June 14-18). Equipping social workers on the frontline: Implementation of an innovative training program in addictions for child welfare professionals. Poster at the annual meeting of the College on Problems of Drug Dependence (CPDD), New Orleans, LA.

Olex, A. L., French, E., Morgan, M., **Kim, K. N.**, Lewis, A., de Araujo, J., & Chartier, K. G. (2025, June 21-25). Evaluating natural language processing methods for early alcohol use disorder detection through family health history in electronic health record clinical notes. Poster at the annual meeting of the Research Society on Alcohol (RSA), New Orleans, LA.

Kim, K. N., & Chang, C. N. (2024, June 22-26). Linking early adversities to health perceptions: The role of parental substance abuse in AUD awareness. Poster at the annual meeting of the Research Society on Alcohol (RSA), Minneapolis, MN.

Chartier, K., **Kim, K. N.**, French, E., Morgan, M., Lewis, A. & Olex, A. (2024, June 22-26). Family health history and the electronic health record: Investigating their potential to improve early detection and interventions for alcohol problems. Poster at the annual meeting of the Research Society on Alcohol (RSA), Minneapolis, MN.

Francis, M. W., **Kim, K. N.**, Yang, Y. L., The National Longitudinal Collegiate Recovery Study Group. (2024, January 10-14). Psychometric Properties of the Substance Use Recovery Evaluator in a Collegiate Recovery Program Sample. Poster presented at the annual meeting of the Society for Social Work and Research (SSWR), Washington, DC.

Francis, M. W., Yang, Y. L., **Kim, K. N.**, The National Longitudinal Collegiate Recovery Study Group. (2024, January 10-14). A comparison of the performance of two measures of recovery for collegiate recovery program participants. Poster presented at the annual meeting of the Society for Social Work and Research (SSWR), Washington, DC.

Yuan, Y., Lee, H., **Kim, K. N.**, Newhill, C., Moon, D., Andrew, K., & Mohabir, R. (2024, January 10-14). A Pilot Study Evaluating the Preliminary Efficacy of a Psychosocial Program for Asian American Women Experiencing Intimate Partner Violence. Poster presented at the annual meeting of the Society for Social Work and Research (SSWR), Washington, DC.

Kim, K. N., Francis, M. W., Spit for Science Working Group, & Chartier, K. G. (2023, June 24-28). The link between resilience and alcohol use among a sample of college freshmen and the mediating role of alcohol expectancy. Poster presented at the annual meeting of the Research Society on Alcoholism (RSA), Bellevue, WA.

Francis, M. W., Chartier, K. G., Yang, Y. L., **Kim, K. N.**, & The National Longitudinal Collegiate Recovery Study Group. (2023, June 24-28). Different sources of social support for recovery predict increased recovery capital for students at different stages in college education. Poster presented at the annual meeting of the Research Society on Alcoholism (RSA), Bellevue, WA.

Francis, M. W., Bourdon, J. L., Chartier, K. G., Smith, R., Yang, Y. L., **Kim, K. N.**, & The National Longitudinal Collegiate Recovery Study Group. (2023, June 24-28). Comparing family density of alcohol and substance use disorders and clinical and demographic characteristics between clinical inpatient and campus recovery programs. Poster presented at the annual meeting of the Research Society on Alcoholism (RSA), Bellevue, WA.

Kim, K. N., Sinha, R., & Seo, D. (2020, November 14-22). Sex differences in stress, trauma, and relationship to alcohol use severity in a community sample of non-disordered individuals. ePoster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (ABCT).

EXPERIENCE HIGHLIGHTS

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| 09/2018- | MSW Clinical Intern (Paid) |
| 09/2019 | <p>VA Jackson Community-Based Outpatient Clinic, Jackson, MI
U.S. Department of Veterans Affairs</p> <ul style="list-style-type: none"> ● Delivered individual and group psychotherapy, including ACT for mood and anxiety disorders and CBT-based life skills groups for veterans with SMI and SUDs. ● Facilitated anger management using CBT frameworks; developed and implemented weekly session plans. ● Completed clinical documentation in CPRS (VA medical record system) and led VA orientation groups introducing new clients to therapeutic services. ● Participated in psychiatric evaluations and ongoing clinical training in MI, ACT, and problem-solving therapy. |
| 08/2017-
05/2018 | <p>BSW Intern
Arlington County Department of Human Services, Arlington, VA</p> |

Clinical Coordination Unit

- Conducted intakes and needs assessments for low-income clients; created intervention and discharge plans in coordination with multidisciplinary teams.
- Documented client progress using DAP format and collaborated with county agencies to arrange shelter, treatment programs, and emergency funds.

AWARDS, FELLOWSHIPS, AND HONORS

04//2025	Recipient, School of Social Work Service and Leadership Award Virginia Commonwealth University, Richmond, VA
10/2023-present	Doctoral Fellow, Minority Fellowship Program (MFP) Council on Social Work Education (Award Amount: \$80,000 total over three years)
08/2023	Fellowship Recipient, Student and Early Career Professional Program The Beck Institute for Cognitive Behavioral Therapy, Bala Cynwyd, PA (Award Value: ~\$900 training award)
08/2018-07/2019	Recipient, School of Social Work Scholarship University of Michigan School of Social Work, Ann Arbor, MI (Award Amount: \$10,000)
08/2018-07/2019	Selected, MSW Paid Intern (GS-00 Level) U.S. Department of Veterans Affairs, Ann Arbor VA Medical Center
05/2018	Recipient, BSW Academic Achievement Award George Mason University, Fairfax, VA

TRAINING AND CERTIFICATIONS

05/2024	CSWE Forum. Visited Capitol Hill and learned about research, practice, and policy matters
08/2023	Beck Institute. CBT for Depression and Suicide Training
10/2023-09/2024	MFP/SAMHSA SUD Training Series on substance use treatment, trauma-informed care, and cultural humility

UNIVERSITY SERVICE

- 08/2023-04/2025 Radical Alliance for Anti-Racism, Change and Equity (RAACE)
PhD student representative
- 01/2024-present Research and Advocacy for Asian American Pacific Islander (AAPI) Communities, SSWR Special Interest Group
Organizer & PhD Representative
- 05/2023-07/2024 School of Social Work Doctoral Student Association (DSA)
Treasurer
- 01/2017 National Conference, Society for Social Work and Research (SSWR)
Conference volunteer

SERVICE TO THE PROFESSION

- 08/2017-12/2018 **The National Korean American Service & Education Consortium (NAKASEC)**, Annandale, VA
Document Translator
- Translated English documents into Korean to support culturally relevant communication of rights and resources for low- and middle-income immigrants, people of color, and other marginalized groups.

COMMUNITY SERVICE

- 09/2016-01/2017 **Food for Others**, Fairfax, VA
Shadow Shopping Assistance
- Provided nutritional guidance and shopping support for low-income families to encourage healthier food choices.
 - Assisted in the Emergency Food Assistance Program (TEFAP) to distribute resources to families in need.
- 2015-2017 **Evergreen Camp**, Westminster, MD
Program Assistant
- Facilitated inclusive recreational programs for youth with disabilities, including campers with autism and Down syndrome.
 - Provided direct care, ensured safety, and supported social engagement among campers.

- 03/2014-
08/2014 **Juniperina Juvenile Justice Centre**, Lidcombe, New South Wales,
Australia
Youth Support Assistant
- Supported at-risk adolescent girls in a secure setting through group dialogue and emotional regulation activities.

PROFESSIONAL AFFILIATIONS

Society for Social Work and Research, 2023-present

Council on Social Work Education, 2023-present

Research Society on Alcoholism, 2022-present