

Sexual Health and HIV/AIDS Education in North Whidbey Middle School

As part of the district's health curriculum and to fulfill a graduation requirement, secondary students are taught about sexual health and HIV/AIDS prevention. The teaching of HIV/AIDS prevention is required by the state each year beginning in the fifth grade.

Human Sexuality

In middle school, students are enrolled in a required health class that is one semester long in the 7th grade. Students learn about the reproductive system, human growth and development. The health curriculum also focuses on sexual, emotional, and physical health, especially during adolescence.

HIV/AIDS Prevention

The HIV/AIDS prevention education is limited to the discussion of the life-threatening dangers of the disease, its transmission and prevention.

Adopted Curriculum

In the 7th grade health class, students learn sexual health and AIDS prevention education through core and supplemental materials.

Sexual Health Education

- [Teen Health](#) by McGraw-Hill, 2014
- Family Life and Sexual Health Education ([FLASH](#)) program
- [Teenshealth.org](#)

HIV/AIDS Prevention

- OSPI-developed KNOW Curriculum
 - [KNOW Grades 7/8](#)

Local Sexual Health Resources

The Oak Harbor Public Schools provides a [list of resources](#) as an optional service. The views of providers and website content do not necessarily reflect those of the district or its employees.

Note: Clicking any of these links will take you to a site outside of Oak Harbor Public Schools' control.