

Overeaters Anonymous – Cleveland Central Intergroup (CCI)  
**CCI Business Meeting Minutes**  
via Zoom  
Sunday, December 18, 2022

The meeting opened with the Serenity Prayer at 2:30 p.m.

**I. Opening**

- The OA Purpose Statement was read.
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of December were read
- Introduction of all members. There were 22 persons in attendance, including five guests from the Toledo intergroup.

**II. Reading of the Standing Rules** – The Standing Rules were read.

**III. Old Business**

- i. **Business Cards** – As previously reported, the CCI business cards have been received. The purpose of the business card is so that members may be able to provide several to physicians and other health care providers who may pass out to patients. Several years ago a letter and brochure was offered for health care providers introducing them to OA. However, it was thought it would be helpful, along with the brochure, that the physician have cards available to distribute as needed to patients. An e-blast will be sent out to see which members would like to have these cards mailed to them. Copies of the brochure “When Should I Refer Someone to OA” will also be included in the mailing.
- ii. **Intergroup Inventory Questions** – To date, 74 responses have been received for our intergroup survey. Pam reported that the comments have been good and will be helpful in moving forward with setting goals for 2023. The survey is available through December and results will be on the agenda at the January intergroup meeting.

**IV. New Business**

- i. **2023 Theme** - The theme “Together, There Is a Solution” will continue throughout 2023.

**V. Board Reports**

- i. **Chair** – Pam reported that her World Service committee, PI/PO, is developing a letter for health care educators, introducing them to Overeaters Anonymous in hopes of being part of the curriculum. At her Region 5 committee, Intergroup-to-Intergroup, they are developing a list of best practices which the intergroups can share with one another. Pam also chairs the R5 Bylaws Committee, which is proposing several amendments for the Spring Assembly.
- ii. **Vice Chair** – will provide comments with the Events Committee report
- iii. **Secretary** – There was one correction to the November Minutes. Minutes were approved as amended. Jo added four addresses to the e-blast.
- iv. **Treasurer** – Gail presented the November financial report:
  - Checking account balance – 26,301
  - Prudent reserve – 4,250
  - November income – 764
  - November expenses – 1285
- v. **Delegate** – As a member of the World Service Unity with Diversity Committee. Marilyn has worked on a proposal to change the language of the policy regarding persons who may need

assistance speaking at the WSBC. Marilyn reported that her decision to run for an unfulfilled one-year term as delegate was prompted at the R5 Assembly when she felt a strong desire to Chair the fledgling Sponsorship Committee. The Committee will convene in January. Marilyn reported the meeting list dated December 2 current. All Sunday virtual meetings will meet on both Christmas and New Years. Concord Sunday night in-person meeting will not meet.

**Delegate** – Maryann also sits on the Sponsorship Committee at Region 5. In addition, she was asked to Chair the *ad hoc* 2023 Convention Committee which has not yet met. At World Service, Maryann has participated on the drafting of a new 12 Traditions Workbook for the Literature Committee.

## VI. Committee Reports

- i. **Events Committee** – Karen reported that IDEA Day was the most attended event this year with approximately 55 people participating. There will be six leads for the New Year’s Day Marathon beginning at 9:00 a.m. Upcoming events include:
  - Unity Day – February 26, beginning at 11:15 virtually
  - Pass-it-On Marathon – Fall 2023 – planning for in-personKaren presented the results of the committee’s 2022 Goals
  - Goal – Implement post-event surveys. Completed
  - Goal – Increase attendance at events – 10% increase at most recent IDEA DAY
  - Goal – Implement fun/social event – Super Committee has assumed.
- ii. **Super Committee** – Shana reported that the Super Committee is planning a social afternoon for members on Sunday, March 26 at a venue tbd. The virtual Newcomers Monday night meeting is going well but could use some service support from other members of CCI. Shana reviewed the committee’s 2022 goals:
  - Goal – Initiate a CCI virtual Newcomers Meeting – launched October 3, 2022
  - Goal – Outreach to BIOPAC – on hold while Newcomers meeting was launched
  - Goal – Recruit new CCI representatives – visited all unrepresented meetings
  - Goal – Initiate a fun night – planned for March 2023
- iii. **Media Committee** – Pam summarized the 2022 goals:
  - Goal – Refresh CCI website – done
  - Goal – Generate traffic at CCI Facebook page with a monthly question – done
  - Goal – Facebook ad – increased website clicks; #1 way to find OA is thru fbIn response to concerns over recent Zoom bombing reports, CCI will host a training session early in 2023. It is important that all members are knowledgeable of how to handle intruders.

### Announcements/Closing

Pam reminded everyone to ensure that meeting contact information is accurate at oa.org particularly as newcomers are expected at the first of the new year.

Pam thanked Toni S and Laura M whose terms are expiring in December.

**The next CCI Meeting is Sunday, January 15, 2023 at 2:30 p.m.**

Respectfully submitted

Jo Aslan

As Approved 1/15/2023