

Mazamas BCEP Cook Hill Loop Trail Prospectus

Hike	Cook Hill Loop Trail	Route	Lollipop Loop
Length / elevation	8 miles 2930' Elevation gain	Grade	B
Date	5/2/2026	Meet Time	7:45 AM @ Trailhead / Parking Area
Hike Leader		Contact info	
Climb Leader	Christine Troy Toby Contreras	Contact Info	Cell: 503-318-3553 Email: csamtroy@gmail.com Cell: 503-341-6757 Email: tobcon@msn.com

Start Time

Location: Please be ready with your boots/packs on by 7:45 am. **Please call/text Christine & Toby if you are running late**	Leaving Time: 8:00 am	Return Time: Estimate 4pm
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General Information

The Cook Hill trail begins on a road in a rural residential area which transitions to a logging road and finally a trail mainly located in the Gifford Pinchot National Forest. These lands were historically home to the [Confederated Tribes of Grand Ronde](#), [Confederated Tribes of Siletz Indians](#), as well as the [Yakama](#), [Cayuse](#), [Umatilla](#) and [Walla Walla](#) nations.

Directions to Trail Head from Carpool Location:

[Google Directions from Mazamas Mountaineering Center to Cook Hill Trailhead](#)

Driving Directions: From Portland, take I-84 east out to Cascade Locks and cross the Bridge of the Gods into Washington. Bridge toll is \$3.00 each direction, cash and credit cards accepted. Turn right heading east on highway 14. Pass through the town of Stevenson and continue another 15 miles to Cook-Underwood Rd on the left. Turn up the hill. In about a ½ mile you will see a sign for Jackson Rd on your left. Continue a little further to the pullout on the right. Plan to park two cars deep to minimize the space we take in the pull out. The link shows a photo of the pull out on Cook-Underwood Rd. https://www.oregonhikers.org/field_guide/Cook_Hill_Trailhead

Round trip mileage via 84/Hwy 14 is 55 miles and takes about 1 hour from Portland. The Mazamas suggest a gas contribution of \$0.14 cents per mile for each person, so about \$8 per person to a maximum of \$30 per car.

Coordinates

Trailhead	45.7120, -121.6535, Elevation: 200 ft	Summit	45.7301, -121.6691, Elevation: 3015 ft
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Permits and/or Restrictions:

None

Hike Description:

We will take the counter-clockwise (eastern) path to the summit and then return via the western trail. Snow is unlikely this year but you might pack gaiters just in case. Note: There are no restroom facilities at the trailhead or parking lot.

Map and Weather:

[Cook Hill Hike Map](#)

Weather Resources:

- [MeteoBlue](#)
- [Windy](#)
- [NOAA](#)

Location of nearest Restroom: There are no restrooms at the parking location or trailhead.

In Stevenson: [Porta Potty outside Main Street Store in Stevenson](#)

Porta Potties outside the Main Street Convenience Store. Look for a West Chevron gas Station on the left immediately entering Stevenson from the West.

[Home Valley Park](#) - The Home Valley Park might not be open before the meet up time.

Closest to Trailhead: [Dog Mountain Parking – the vault restroom is up the trail about 100 yards for the parking lot](#)

Checklist (x - mandatory, o – optional)

Clothes:

- ☒ Hiking boots (waterproof strongly recommended)
- ☐ Liner socks
- ☒ Wool or poly blend socks
- ☒ Fleece jacket, vest or wool sweater (middle layer)
- ☐ Fleece or wool pants (optional middle layer)
- ☒ Waterproof/breathable jacket or shell
- ☒ Waterproof/breathable pants/bibs
- ☒ Fleece balaclava or warm hat
- ☒ Synthetic underwear/base layer
- ☒ Thermal/polypro underwear top
- ☒ Thermal/polypro underwear bottom
- ☒ Mittens or gloves
- ☒ Hat with visor, for sun or rain
- ☒ Clean clothes (for drive home)
- ☒ Change of shoes (for drive to/from trail)
- ☐ Thin liner gloves
- ☐ Handkerchief/bandanna (drippy noses are a drag)

****NO COTTON on your body or in your pack****

Food/Drink:

- ☒ Water (2 liters minimum)
- ☒ Snacks
- ☒ Lunch
- ☐ Carbo or Gatorade-type mix for water

Climbing Gear:

- ☒ Climbing harness (be sure it fits over winter clothes)
- ☒ Helmet
- ☒ Regular carabiners (1)
- ☒ Locking carabiners (6)
- ☒ Autoblock
- ☒ Belay/Rappel device (ATC)
- ☒ Prusik cords (2)
- ☒ Slings (2)
- ☒ practice/pet rope 10'

Gear:

- ☒ Backpack
- ☒ Water bottles or hydration bladder
- ☒ Headlamp (with extra batteries)
- ☒ Sunscreen & Lip protection
- ☒ Sunglasses
- ☐ Ski or trekking poles
- ☐ Micro-spikes or similar (only if you have them)
- ☐ Gaiters (strongly recommended)
- ☐ Small insulite sit pad

Additional Personal Gear:

- ☒ Whistle
- ☒ Map & Compass
- ☒ Pocket knife
- ☒ Waterproof matches/lighter
- ☒ First aid kit
- ☒ Extra clothing (socks, gloves, hat)
- ☒ Garbage bags (for muddy boots in the car!)
- ☒ Blue Bags/Toilet Paper
- ☐ Emergency space blanket/Bivy sack
- ☐ Camera
- ☐ Watch/Altimeter
- ☐ Electronics (cell phone/GPS)
- ☐ Hand/foot warmers
- ☐ Post-climb snacks/water/treat