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Exercise 1 – Fill in Blanks

以下のトランスクリプトの空欄に入る語句を書き起こしてください。

Doctor: It is true that (1)_____.
 And that does (2)_____,
 which is why we typically recommend for kids, “Hey, enjoy everything. Be involved in everything. Do a lot of different things.”
 There will always be sports that one athlete will excel more than another, but it's still healthy to be a (3)_____.
 When you're growing and developing, (4)_____
 versus when you get older in those growth plates close.
 And if you're doing (5)_____,
 you can have a problem there.

- (1) _____
- (2) _____
- (3) _____
- (4) _____
- (5) _____

Exercise 2 – Translation

以下のセンテンスを日本語に翻訳してください。

(1) There will always be sports that one athlete will excel more than another, but it's still healthy to be a multi-sport athlete and then use different body parts and different mechanisms.

A.

Exercise 3 – Multiple Choices

全てのエクササイズを終えてから以下の問題に答えて下さい。音声は繰り返し聴いても大丈夫です。

You hear a scientist deliver a talk on physical activities for children.

(1) What does he advocate?

- A. repetitive activities for specific areas
- B. minimise overuse of certain parts
- C. must play in a variety of sports