

Medications via the Nasal Route OER

(Practice Signature by Lab Staff)

Criteria	Comments:
Review MAR	
Check chart for allergies	
Obtain relevant history as indicated	
Perform hand hygiene	
Gather equipment: Medication, kleenex Verify expiration date on all equipment.	OER 16.3 Checklist for Alternate Medications
Perform 1 of 3 medication checks using 5 rights & expiration. Perform 2 of 3 medication checks using 5 rights & expiration.	OER 15.2 - Basic concepts of administering medications OER 15.3 - Assessments related to medication
Perform hand hygiene upon entering the patients' room	
Introduce self and identify patient with 2 identifiers. Ask patient about allergies.	
Explain procedure	
Knowledge of medication	
Provide for privacy	
Perform 3 of 3 medication checks using 5 rights & expiration at bedside. <ul style="list-style-type: none"> Scan patient and medication if using EHR 	
Don clean gloves	
Give patient a tissue. Have patient clear nose by gently blowing into tissue if able. Position patient with their head tilted backwards while sitting or lying supine, looking upwards.	
Remove medication cap and maintain sterility. Instill medications slowly by squeezing dropper or spray bottle into one nare while occluding the other nare and then activate the spray as the patient inhales. The bottle should remain compressed as it is removed from the nose to prevent contamination.	
Have patient hold their breath for a few seconds and then breathe through their mouth. They should avoid blowing their nose for 5-10 minutes after instillation.	
Recap and replace medication in proper area	
Remove gloves and perform proper hand hygiene	
Ensure safety measures in place prior to leaving patient room	
Adapt procedure to reflect variations across life span	
Document time, medication, dosage, site, any complaints and assessments.	

Practice: Date: _____ **Staff:** _____