

Joyce Kilmer

Spring Campout Parent Info Packet

As you get this packet or before you leave the meeting go through this checklist

- Sign-in at one of the tables
- Double check your contact information
- Grab an Rx form if your child will need prescription administered during the trip
- Fill out the OTC form at the end of this packet and turn in before you leave.

Joyce Kilmer Memorial Forest Parent Meeting

March 12, 2019 4:00 PM

Trip Dates: Tue, May 7 – Fri, May 10

Purpose of Trip

Educational

- Each student will lead a workshop to teach classmates about his or her research topic. Through participation in these workshops, each student will gain a deeper understanding of the temperate forest ecosystem in which we are camping and the issues facing it.

Character Building

- This trip is a group activity which provides many opportunities for growth on a multitude of levels. Through this experience, we are facilitating students' further development of skills in many key areas including responsibility, team work, and accountability by supporting one another and performing all of the tasks required to have things go smoothly on our trip.
- There will be many opportunities to demonstrate the Habits of Evergreen Scholars in action on our trip. The three key Habits that we have been focusing on and assessing this year are: Responsibility, Compassion & Gratitude, and Self-Regulation. We will be particularly focused on the latter as we plan for our workshops, both in terms of delivering them and being positive participants.
- Each student will have the opportunity to focus on several of the ten Expeditionary Learning Design Principles: The Primacy of Self-Discovery, Having of Wonderful Ideas, Responsibility for Learning, Empathy and Caring, Success and Failure, Collaboration and Competition, Solitude and Reflection, Diversity and Inclusion, The Natural World and Service and Compassion.

Note: This trip is full of physical activities and learning opportunities for our 5th graders; therefore, we ask that no younger siblings or pets accompany any chaperones for the duration of the trip.

Contact Information:

Rattler Ford Group Campground

Campsites 2 & 3

Nearby Ranger Station:

Cheoah Ranger District

1133 Massey Branch Road

Robbinsville, NC 28771

828-479-6431

- We will be in a **remote area** so we will not have regular cell phone reception. Please verify that your information on the class phone list is accurate. See an associate if there have been any changes this year.
- Cost: The cost of the camping trip is \$40. Your account will be charged.

Trip Expectations

- **Eco-Friendly Camping:** Reusable mess kit required. Mess kit should contain: plate, bowl, fork, spoon, cloth napkin, and a cup for hot and cold drinks. No paper or Styrofoam plates, cups, towels or napkins please!
- **Students:**
 - ❖ We will be signing *Camp Agreements** (These are the rules that students create and agree to follow)
 - ❖ Work as part of a work crew to help prepare and clean after meals
 - ❖ Wash your own mess kit after each meal
 - ❖ Help willingly whenever asked!

** If a student is unable to adhere to the Camp Agreements, we will ask that the student be picked up by a parent and taken home.*

- **Teachers:**
 - ❖ Organize student workshops
 - ❖ Lead hikes with parent chaperones
 - ❖ Provide First Aid
 - ❖ Monitor safety and student behavior
 - ❖ Facilitate schedule
 - ❖ Make camp decisions
 - ❖ Be “ON” (Lead teachers are “on” 24 hours a day. However, our associate teachers still to adhere to their respective part-time work hours during the camping trip. Therefore, there will be times when Mari and Megan are “off duty.”)
- **Parent Chaperones:**
 - ❖ Supervise children at tents, stream, field and cooking area
 - ❖ Help prepare meals
 - ❖ Drive students to trailheads each day and assist on hikes
 - ❖ Share expertise
 - ❖ Act as a positive role model for students
 - ❖ Tend to students that become homesick or otherwise upset
 - ❖ Follow the daily schedule: Parents have shifts scheduled to assist with food prep or clean up. Parents also have time off!
 - ❖ If you need to arrive late or leave early, please formally check in/out with a teacher.
 - ❖ *If you have not spent time in the classroom yet and plan to chaperone during the trip, please come in during a dismissal, morning meeting, etc. to get to know the students and have them get to know you!*

Tent Assignments: Parents will not sleep in the same tent as students. Tents are arranged so that an adult tent is close to every student tent. Please be prepared to share a tent with another adult.

Equipment Needs

Individual Needs:

- ❖ Student gear & clothing list
- ❖ Label everything!!!! (Especially ALL mess kit supplies)
- ❖ Students' loose goods (pillows, blankets, sleeping bags, etc.) should be stored during transit in a labeled trash bag or in other luggage.
- ❖ Students are ultimately responsible for keeping track of their own gear.

Group Needs:

- ❖ Camping supplies: Please sign up online or on the sheet (sheet today only)
- ❖ Firewood: We need approximately a ¼ cord of wood for campfires (email Megan or Mari)

Equipment Guru:

Primary Responsibilities:

- Review equipment sign-up
- Collaborate with Food Guru to determine food storage needs (coolers, storage bins, etc.)
- Retrieve and check Evergreen-supplied tents and other equipment (usually done in one afternoon)
- On Monday, April 29, check to make sure all needed supplies have been volunteered and send email asking for supplies if not
- On Monday, May 6, double-check that all supplies have been brought in; label tents.
- Delegate any tasks to others interested in helping... Recruit!

Food Needs

Individual Needs:

- ❖ Students need to bring a paper bag lunch for the drive to camp on **Tuesday, May 7**.
- ❖ Allergies & dietary restrictions: We will cover the basics in dietary needs. If your student requires a unique diet, please plan for your child's special dietary needs and let us know what you have planned.

FOOD GURUS:

- Review last year's menu and current dietary needs for students & adults. Create shopping list, shop or delegate to volunteer shoppers, and **save receipts!**
- Create a **Sign-up Genius** for parents to volunteer to shop, bake, pre-cook, buy ice, help pack food, help sort gear and put away on Friday afternoon, etc.
- Determine packing needs (coolers, storage bins) & collaborate with Equipment Guru.
- Plan for Monday afternoon pack up, icing down cold food, loading trailer and Tues AM packing of all prepared and baked goods into boxes and coolers.

Coffee Guru:

- Make arrangements for coffee to be made daily at camp. Plan with Equipment Guru for equip needs.
- Ideas for obtaining coffee: One year, a parent volunteer was able to obtain fine coffee donated from a local coffee shop. We could also purchase fair-trade coffee from the 6th grade.

First-Aid & Medication

- All 4 teachers have been Wilderness First Aid and or First Responder trained but are not currently certified.
- Any parent chaperones in medical professions?

Hospitals we can use in case of emergency:

Tallulah Health Center

409 Tallulah Road
Robbinsville, NC 28771
(828)479-6434
(M, T, Th, F 8am – 5:30pm, W 8am – 12:30 pm)

Murphy Med Center Urgent Care

183 Ledford Street
Murphy, NC 28906
(828)837-4712
(M-Sa 8am – 8pm)

Swain Medical Center

45 Plateau Street Suite 250
Bryson City, NC 28713
(828 488-4205 (M-F 8:30am-5pm)

Harris Regional Hospital

68 Hospital Road
Sylva, NC 28779
(828)586-7000 open 24/7

- **Even if you do not want your student to receive OTC meds while on the trip, all parents** should fill out an OTC medicine form.
- Permission forms to administer prescription medication must be completed and signed by your child's doctor.
- **Ben will be in charge of prescription medicines during the trip.** Prescription medicine forms must be turned in to an associate by Friday, May 3 and exact amount of medications in bottles for dispensing turned in no later than Monday, May 6.

Hiking

Hiking protocol:

- ❖ Leave no trace
- ❖ Adults in front, middle and back
- ❖ Respect others on trail
- ❖ Closed-toed shoes
- ❖ Water, first-aid kits, extra layers of clothing
- Transportation to and from trails will be in parent cars. Please obtain and check the driving list; also know that drivers may change during the course of the trip. If certain students are assigned to your car, you must make sure those students are in your vehicle before leaving.

Weather

- Cold weather:
 - The weather is often cooler at Joyce Kilmer than it is in Asheville. Please send your child with enough warm clothing and sleeping gear.
- Rainy weather: The trip is scheduled whether **rain or shine**. In case of rain, we will proceed as planned.

Extraordinarily Important Information

- **Current parent background checks are required to chaperone.** If you do not have a current background check for Evergreen, start now! It takes a couple of weeks to get confirmed. The link is on the Evergreen website under the Parent Portal tab. (If you have been confirmed this school year OR last school year, your background check is current.)
- Double check the student packing list as your children prepare for this trip! LABEL!
- Departure: We will meet in the looping lot across from the ball field on **Tuesday, May 7 at 8:15am** to organize and load people and equipment. Please be on time!
- Return: We will return by dismissal on **Friday, May 10.**
- Please collect any gear that you loaned and your student's personal gear from classrooms upon arriving back to campus. We appreciate volunteers who will take home and wash/clean/air out Evergreen supplies at that time. ☺

Deadlines for Joyce Kilmer	
Tuesday, March 12	Meeting Make sure you completed your background check Volunteer to Guru Start signing up for Equipment Start signing up to Chaperone/Drive
Monday, April 29	All equipment signed up
Friday, May 3	igned Prescription Medication Forms turned in
Monday, May 6	rescription medication turned in to Ben All equipment brought in to the classrooms Food Guru may direct you to bring in food)
Tuesday, May 7	Departure with paper bag lunch and all gear; Meet at the looping lot across from the ball field at 8:15am.
Friday, May 10	Return to school at dismissal; pick up your student and gear! And have a great weekend! ☺

Packing List for Students
Joyce Kilmer Memorial Forest
Tuesday, May 7 to Friday, May 10



Food Items

- 2 Water bottles for hikes: 32 oz. or larger
- Brown Bag Lunch (no lunch boxes) for Tuesday (pack wisely with minimal trash)
- Mess kit that includes washable bowl, plate, fork, spoon, hot/cold cup and cloth napkin

Personal Gear

- 2 pairs of pants
- 2 pairs of shorts
- Long sleeved shirts
- Short sleeved shirts
- Swim suit or quick dry top/shorts to get wet in
- Socks, include extra pairs
- Underwear
- Hiking boots/shoes (shoes or boots fit for hiking)
- Sneakers or other closed-toe shoes to wear in the water (Yes, we swim in shoes!)
- Pajamas
- Rain jacket
- Jacket/ warm layer
- Warm clothing for layering (especially during chilly nights)
- Flashlight or headlamp
- Toothpaste, toothbrush, and other toiletries
- Sunscreen & insect repellent
- Sun hat and wool/warm cap (for nighttime warmth)
- Sleeping bag, pillow (optional), sleeping pad
- Plastic bags for wet items
- Towel (one for both stream *and* shower... just one); bandana for hikes
- Reading books in plastic bags
- Pencils
- Camera (optional. No cell phones)
- One pack or soft bag per child (no hard suitcases)
- One daypack backpack per child for trail use (for Tuesday it should have water, lunch, a warm layer, optional book for the ride)

– Dress for weather, sturdy walking shoes, and keep the daypack, snack/lunch with you for the car ride to JK.

-- All “luggage” is packed separately in the truck bed or trailer as we direct you Tues morning.

-- All electronics should be left behind, please.

Please be aware that due to higher elevation at Joyce Kilmer, the weather can be **cold** and **rainy**. Please send your kids with an extra wool blanket, a flannel sheet, socks and a wool hat for nighttime, if their sleeping bag is not toasty warm.

Please put your child's name on everything!!

Dear Families,

This authorization form grants Evergreen staff permission to dispense medications on field work/overnight trips. Please review the form and **initial** the medications that you approve for your child in the event that such medication is recommended and/or needed for your child. ***We will not be supplying or applying any bug spray or sunscreen to students. They will need to provide and apply their own bug spray and sunscreen while on these trips.***

Please circle **Yes** or **No** for each of the three medications listed below:

YES NO Advil-Junior Strength Chewable Tablets: 2.5 tablets every 6 hours, as needed.

YES NO Polysporin First Aid Antibiotic Ointment: Applied to abrasion 1 to 3 times daily, as needed.

YES NO Children's Benadryl Liquid Allergy Medication: 25mg every 6 hours, as needed

I consent to the dispersal of the medications to my child that I circled YES in the above list in the event that my child is assessed to be in need of such medications. I understand that these medications will be given out in accordance with the directions and with my child's best interest in mind.

Parent Name (printed)

Student's Name

Parent Signature

Date