

Join the lineup! Post your photo in the FCM Member Directory. We want to get to know each other!



Instructions for Uploading your Membership Profile Photo

To view the FCM Member Directory, log in as a member to the FCM website. Select the Resources tab, then Member Resources, then FCM Member Directory. The directory is accessible to members only.

Instructions:

Please use a **headshot photo** only. A **headshot photo** is a specific type of portrait where the focus is the person's face. ... the top of the shoulders up to above the head. Why a headshot? ...because our website software will not allow the directory viewer to enlarge the photo to see it better. So please use a headshot photo, rather a full body photo, or photo with landscape included, so that you can be more easily seen and recognized by other members.

In preparation take or select a recent headshot photo and place it on your computer desktop or other convenient location on your computer.

Go to our website, www.floridamindfulness.org and **Log In**

1. Select "**View Profile**" (upper right)
2. Click the yellow box (on the left) to "**Edit Profile**"

3. Scroll down the page to "**Member Profile Photo**" (farther down than "Profile Pictures")
4. Click "**Choose File**" and select the photo you want to add from your desktop file. The picture will then appear on your profile.
5. Be sure to click "**Save**" at the bottom to finish.

(Please note that if you have a family membership, you must click on **your name** to edit **your profile**).

If you need technical help with adding your photo, FCM's mentor coordinator Bill MacMillen bmacm21@gmail.com has offered to help you. We appreciate all your efforts.

By providing a photo, the member permits FCM to publish it in Mindfulness Matters, and in the member directory on the FCM website, which is accessible only to FCM members.