



# 2023 ANG National Championships State Team Athlete Representative (State Captain) Roles and Responsibilities

**Background:** Each State should have a State Team Manager/Assistant Manager and a Category Captain for each of the 16 Race Categories (if applicable). This position of State Team Athlete Representative (Team Captain) may be held/is likely to be held by someone who is also a Category Captain.

There will be a new competition within the current individual's competition for the State who performs best at the Championships. The top 5 athletes in each Race Category will get 5,4,3,2,1 points for their State. The winning State with the most points across the 16 categories gets the 'State Ninja Shield'. This will be presented to the State Athlete Representative (Team Captain) during the Awards Ceremony.

It is expected that being a State Athlete Representative (Team Captain) should not interfere with their own run/performance.

## **Roles and Responsibilities:**

- If their State is successful, will go onto the podium to receive the State Ninja Shield
- Be responsible for the State Ninja Shield until the next National Championships (e.g. have it on display at their gym/other gyms in the State)
- Be responsible for ensuring that the State Ninja Shield is available to be awarded at the next National Championships.
- Demonstrate support and encouragement to teammates during the competition. This may include:
  - Answering questions from other teammates and/or referring any questions they are unable to answer to State Team Manager/Assistant Manager
  - Providing verbal encouragement during their teammates run
  - Encouraging other teammates to support teammates during their run
- Understand and follow the ANG Athlete Code of Conduct – see next page

Thank you  
ANG National Championships Event Organisation Team

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Version 2, Dec 22, 2022



# ANG Athlete Code of Conduct

**Race tactics are part of the interaction between athletes, however athletes are required to:**

- **At no time** engage in any behaviour that abuses, provokes, demeans or harasses others
- Respect the decision of officials. Follow the protest and appeals process.
- Practice good sportsmanship;
- Not attempt to gain unfair advantage in any way.
- Adhere to the principles of fair play and always play by the rules, respecting the traditions of the sport and the spirit of competition
- Follow the rules set by the host gym and ANG during competitions. Clarify any uncertainties on rules PRIOR to your run
- Be responsible for your own safety and the safety of others;
- Obey instructions from race officials.
- Always demonstrate appropriate conduct, behaviours, gestures, language and communication with all people involved and attending.
- Inform a Technical Official immediately after withdrawing from a race. Failure to do so before the end of the event may result in a suspension.
- Demonstrate support for, and respect the rights and dignity of, and show courtesy to all other persons
- Never engage in inappropriate conduct including the use of offensive language and gestures that are demeaning to others
- Care for the equipment and facilities made available during training and competition
- Always consider the safety and wellbeing of other participants before performance and results
- Respect the privacy of other athletes and persons at all times
- Adhere to anti-doping policies
- Display appropriate conduct, behaviours, gestures, language and communication with all other persons.