

Week-by-Week Course Map

Course number, department code, and course title HS100 Intro to Human Services

Instructor Name/Institution: Alexandra Olsen (Umpqua Community College)

Course description: An overview of the scope and development of human services, including models of service delivery, historical context, clientele, the helping process, career opportunities, and professional ethics

Course Learning Outcomes:

- Analyze strategies that support client change.
- Evaluate various Human Services (HS) careers and requirements for successful HS professionals
- Apply procedures for assessing needs of individuals, families and special populations seeking HS services.
- Evaluate intrapersonal and systemic barriers that may inhibit optimal functioning for people receiving HS organization services.

Week+Topic	Module-Level Learning Objectives	Assignments or Assessments	Formative Feedback	Learning Activities	Lecture Topics, Readings, and/or Other Resources
1 Introduction to the field of human services	• Define the field of human services, including its core principles(CLO 2) • Describe the relationship between human services and	• Weekly Journal • Weekly Quiz • Student Intro and Verification Discussion Board	• Quiz Graded in LMS • Rubric for Weekly Journal	• Introduction on Discussion board	• Chapter 1: An Overview: Human Services • Week 1 Panopto Lecture and Quiz • The Importance of Cultural Humility- UBuffalo School of Social Work (Viewing time: 12 minutes and 49 seconds)

	related fields (CLO2) - Describe the key theories and practices of human services (CLO1,3) - Describe the needed characteristics, skills, and knowledge of helping professionals (CLO1,2,3,4)				Brené Brown on Empathy vs Sympathy (Viewing time: 2 minutes 53 seconds)
2 History of the field of human services	- Describe the historical context, and what it means to “whitewash” the human services field (CLO3,4) - Explain what it means to decolonize the history and current practices of human services (CLO 3,4) - Describe cultural humility, the social construction of	- Weekly Journal - Weekly Quiz - Week2 Flipgrid Discussion	- Quiz Graded in LMS - Rubric for Weekly Journal - Rubric for Discussion	Flipgrid Discussion	Chapter 2- Historical Context and Contemporary Focus - Week 2 Panopto Lecture & Quiz How the US stole thousands of Native American Children (Viewing time: 13 minutes and 41 seconds) The Homophobic Origins of U.S. Law - PBS (Viewing time: 11 minutes and 37 seconds) What is Intersectionality - Peter Hopkins (Viewing

	difference, and intersectionality (CLO3,4) Identify the dimensions of diversity (CLO3,4)				time: 2 minutes and 49 seconds) Cultural Humility: People, Principles, and Practices - Vivian Chaves (Viewing time: 29 minutes and 28 seconds)
3 Ethics and Workplace s in Human Services	- Describe the HOHS Code of Ethical Standards. (CLO1,3) - Apply the Code of Ethical Standards to identified dilemmas. (CLO 1,3,4) - Describe the settings and roles associated with working with people with disabilities and justice-involved individuals. (CLO 1,2,3,4) - Analyze the characteristics, skills, and knowledge needed to work with people with	- Weekly Journal - Weekly Quiz	- Quiz Graded in LMS - Rubric for Weekly Journal		Chapter 4: Ethical Standards - Week 3 Panopto Lecture Commemorating 30 years of the Americans with Disabilities Act (Viewing time: 10 minutes and 58 seconds) What are Vocational Rehab Services? - Disability Rights North Dakota (Viewing time: 3 minutes and 48 seconds) A Typical Day in the Life of a Caseworker - FCCS Video (Viewing time: 6 minutes and 17 seconds) What is the definition of microaggression? - Quartz (Viewing time: 4 minutes and 29 seconds)

	disabilities and justice-involved individuals (CLO 1,2,3,4)				
4 Social welfare, social problems, poverty, and intersectionality	• Explain the concept of social welfare (CLO 1) • Describe the components of social problems (CLO 1) • Articulate the intersectionality between poverty, social identities, and social problems. (CLO 4) • Describe the social patterns and consequences of poverty. (CLO 4) • Compare and contrast social welfare programs and social insurance programs; give examples of each(CLO 1)	• Weekly Quiz • Weekly Journal • Week 4 Flipgrid Discussion	• Quiz Graded in LMS • Rubric for Weekly Journal • Rubric for Discussion	• Flipgrid Discussion	• Chapter 5-Social Safety Net Programs, Community Organizations, and Social Issues • Week 4 Panopto Lecture • What is Supplemental Security Income (SSI)? (2020) - Idaho Dept of LaborLinks to an external site. (Viewing time: 4 minutes and 6 seconds) • HCV Program: Basics, Benefits, and Ways to Participate (Viewing time: 7 minutes and 31 seconds) • Medicaid, explained: why it's worse to be sick in some states than others - Vox (Viewing time: 11 minutes) • Food Stamps, Hunger, and How Nutrition Assistance Works - Healthcare Triage (Viewing time: 9 minutes and 06 seconds) • TANF, Cash Assistance, and How Work

					Requirements Effect Poverty Relief (Viewing time: 5 minutes and 30 seconds) • Understanding SSDI Benefits Citizens Disability (Viewing time: 1 minute and 59 seconds) • Medicare Basics: Parts A, B, C & D - United Healthcare (Viewing time: 11 minutes and 30 seconds) • How Social Security Retirement Benefits Work (Viewing time: 1 minute and 44 seconds) • How unemployment benefits are calculated - CNBC (Viewing time: 3 minutes)
5 Human services roles within the healthcare system	• Describe the variety of people that human services workers serve. (CLO2,4) • Explain ways that human services can be organized. (CLO2)	• Weekly Quiz • Weekly Journal • Qualities of a Human Service Professional Mini Essay	• Quiz Graded in LMS • Rubric for Weekly Journal • Rubric for Qualities of Human Service Professional Mini essay		• Chapter 6-Models of Care: Medical, Public Health and Human Services • Week 5 Panopto Lecture • 2017 Income, Poverty and Health Insurance - Health Insurance Presentation - US Census Bureau (Viewing time: 7 minutes and 44 seconds)

	- Describe the relationship between human services and related fields.(CLO2) - Analyze the relationship between health, health care, and health insurance. (CLO2,4) - Describe the variety of health care settings, and roles for human services workers. (CLO2,4)				What is the role of a hospital Social Worker? - BIDMilton (Viewing time: 3 minutes 31 seconds) What is a Clinical Social Worker - Greater Baltimore Medical Center (Viewing time: 1 minute) A Day in the Life: Hospice Social Worker - Jenny Unity Hospice (Viewing time: 3 minutes and 59 seconds) Ask an HSS Expert: Pediatric Social Work - Hospital for Special Surgery (Viewing time: 2 minutes and 19 seconds) What is Public Health?? - Let's Learn Public Health (Viewing time: 5 minutes and 33 seconds) A Day in the Life of Community Social Worker, Greer Hamilton (Viewing time: 4 minutes and 56 seconds) Empowering human trafficking survivors through trauma-informed health care (Viewing time: 5 minutes and 21 seconds)
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6 Human services roles within mental health care	• Explain in brief the history of mental health treatment in the United States.(CLO2) • Discuss some of the potential causes of mental illness (CLO2) • List several modalities of mental health treatment, including the special needs of particular populations in mental health treatment. (CLO2, 3,4) • Describe the settings and roles associated with working with mental illness, military service members and veterans, and people with substance use disorders. (CLO2,3,4) • Analyze the characteristics,	• Weekly Quiz • Weekly Journal	• Quiz Graded in LMS • Rubric for Weekly Journal		• Chapter 7-Mental Health • Week 6 Panopto Lecture • How America Got Hooked on Opioids The War on Drugs (Viewing time: 11 minutes and 10 seconds) • What is Harm Reduction? - NIDA (Viewing time: 3 minutes and 51 seconds)
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	skills, and knowledge needed to work with military service members and veterans, and people with substance use disorders. (CLO2,3,4)				
7 Human services roles within schools and families	- Describe how systems theory applies to families (CLO1,3) - Describe child welfare efforts (CLO1) - Identify the developmental needs of children and adolescents that relate to having specific services for this population(CLO 3,4) - Explain how human services in schools affect all members of the family and community using the bioecological model (CLO1, 3) .	- Weekly Quiz - Weekly Journal - Week 7 Flipgrid Discussion	- Quiz Graded in LMS - Rubric for Weekly Journal - Rubric for Discussion	Flipgrid Discussion	Chapter 8-Families, Children, and School - Week 7 Panopto Lecture Where does the Nuclear Family Come From? PBS Origins (Viewing time: 8 minutes and 43 seconds) The Heart of ICWA: Becky - National Indian Child Welfare Association (Viewing time: 5 minutes and 32 seconds) The Heart of ICWA: Lukas - National Indian Child Welfare Association (Viewing time: 5 minutes and 34 seconds) The Heart of ICWA: Rhonda - National Indian Child Welfare Association (Viewing time: 7 minutes 32 and seconds)

	Describe various school-based human services partnerships (CLO1, 2)				
8 Human services roles within older adult populations	- Summarize the role of developmental theory in the study of aging (CLO3) - Identify the current issues related to the aging population (CLO4) - Recognize the current challenges facing older adults (CLO 1,3, 4) - Compare and contrast the major social programs currently serving older adults. (CLO1)	- Weekly Quiz - Weekly Journal - Career Interest Essay	- Quiz Graded in LMS - Rubric for Weekly Journal - Rubric for Career Interest Essay		- Chapter 9: Serving Older Adults - Week 8 Panopto Lecture Raising children for a second time, 'grandfamilies' struggle during the pandemic - PBS Newshour (Viewing time: 7 minutes and 30 seconds) Ageism in the USA: The paradox of prejudice against the elderly Ashton Applewhite Big Think (Viewing time: 4 minutes and 32 seconds) Problem Drinking and Older Adults - NIAH (Viewing time: 4 minutes and 41 seconds)
9 Human services roles and trauma	Identify common kinds of traumatic experiences, the frequency and commonality, and who is most likely	- Weekly Quiz - Weekly Lecture - Week 9 Flipgrid Discussion	- Quiz Graded in LMS - Rubric for Weekly Journal - Rubric for Discussion	Flipgrid Discussion	Chapter 3-Trauma and Support Practices - Week 9 Panopto Lecture 3 E's of Trauma: Event, Experience, & Effect - Phoenix Trauma Center & Dr. Scott Giacomucci

	to experience them. (CLO 4) • Describe the ways that human service providers try and address traumatic experiences. (CLO1,4) • Compare and contrast trauma-informed care approaches with trauma-specific practices (CLO 1). • Explain trauma-informed care and provide examples of what this looks like in a different settings. (CLO 1). • Describe how working with people who have experienced trauma can impact Human Services professionals. (CLO 2).				(Viewing time: 16 minutes and 24 seconds) • The Attachment Theory: How Childhood Affects Life - Sprouts (Viewing time: 7 minutes and 35 seconds) • Trauma-Informed Care: The 4 'R's - Phoenix Trauma Center & Dr. Scott Giacomucci (Viewing time: 222 minutes and 41 seconds) • Power and Control Wheel (Viewing time: 2 minutes and 18 seconds)
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10 Becoming a human services professional	• Apply reflective tools for career assessment. (CLO2) • Describe self-care strategies, especially mindfulness. (CLO2) • Explain the value of participating in field placements, understanding organizational culture, and identifying a mentor.(CLO2) • Apply knowledge and skills to identify next steps in the career paths including education, internships, and career focus. (CLO2)	• Weekly Quiz • Weekly Journal • Collective Final Exam Study Guide • Self Care Plan	• Quiz Graded in LMS • Rubric for Weekly Journal • Rubric for Final Exam Study guide • Rubric for Self Care Plan	• Collective Final Exam Study	• Chapter 10-Becoming a Professional • Week 10 Panopto Lecture • Beyond the Cliff Laura van Dernoot Lipsky TEDxWashingtonCorrecti onsCenterforWomen (Viewing time: 19 minutes and 23 seconds)
F		• Final Exam			

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