

Couples Rehab For Residents of Santa Monica CA

<https://musetreatment.com/california/santa-monica/couples-rehab/>

When you find yourself struggling with a drug dependency or suffering from substance use disorder, it is easy to feel like you are all alone. Yet in all too many cases, substance abuse is truly a family affair, afflicting the addict, their spouse, and even their friends and family members.

There is a reason that substance abuse is often referred to as a family illness – when one member of the family is struggling with addiction, every member of the family suffers, and that is literally true when your spouse is also an addict. It is quite common for both spouses to be addicted at the same time, so it is surprising that so few rehab centers offer facilities where those who love each other can heal together and work toward a shared recovery.

At Muse Treatment Center, we recognize the importance of keeping spouses together as they recover and heal from the ravages of substance use disorder. We also realize that those suffering from addiction are often reluctant to get the help they need if it means leaving their similarly addicted spouse behind.

That is why we offer special accommodations for couples, spacious places where husbands and wives can work together, learn together and heal together. Whether you and your spouse are suffering from the same addiction or dependent on totally different substances, we can give you the tools you need to overcome your addictions together, so you can grow stronger, wiser and healthier as a couple.

Benefits of Couples Rehab Santa Monica

Leaving a spouse behind is difficult in the best of times, but when addiction and drug dependency is the root cause of the separation the consequences can be truly devastating. The spouse entering rehab may feel enormous guilt at leaving their spouse behind in a potentially dangerous situation, and the worry they feel as a result will negatively impact their recovery and reduce the chances of a successful rehab experience.

That is why we do not believe it is necessary, or even smart, to separate spouses in recovery. If you are brave enough to seek help for your drug addiction, you are brave enough to bring your spouse along, and we encourage you to do just that.

In fact, we feel that there are many important benefits to be gained by making substance use disorder recovery a family affair. Recovering from drug addiction with your spouse can provide a vast array of advantages, including:

- You will have someone to lean on as you go through the more difficult stages of your recovery. Getting off drugs and staying sober can be difficult, especially when you lack the support of the spouse you have always been able to rely on. Having your spouse by your side can give you the strength you need during this very difficult time.
- You will not have to worry about your spouse's well being. When one spouse is addicted, both spouses suffer, but things are even worse when both spouses suffer from substance use disorder. Not knowing what is happening to the spouse left behind can make treatment efforts less effective, but healing together can enhance the effectiveness of the rehab process.
- You can focus on your recovery as a team. Two are better than one, and that is doubly true when it comes to drug abuse treatment. Having your spouse by your side can give you the strength you need to build up your coping skills, develop new strategies for relapse prevention and succeed in your recovery efforts.

If you are worried about leaving your spouse behind when you go into rehab, you can put those fears to rest. At Muse, we are big believers in the power of family and community, and we will do everything we can to keep you and your spouse together. From the moment you walk through our doors as a couple to the minute you leave us behind to return back home to Santa Monica, we will be with you every step along the way. We encourage you, and your spouse, to give us a call today, so you can begin your journey to recovery together.

Why Choose Muse for Spousal or Partner Rehab Santa Monica, CA?

At Muse, we know that we are not the only rehab center in the Santa Monica, CA region and that there are other facilities in the area offering spousal and partner rehab to their clients. At the same time, we truly believe that we are the best around, and you can rest assured that we will always have your best interests at heart.

We know what it takes to keep you and your spouse together through what can at times be a difficult process, and through it all, we feel that the support and guidance your spouse or partner provides will be instrumental to your recovery. Far from being an impediment to your goal of a drug-free lifestyle, we know that your spouse or partner can be a boon to the effectiveness of our efforts.

If you are ready to get the help you need for your own drug addiction, or for the substance abuse of a spouse or partner, we are ready to help. Drug addiction is truly a family illness, a deadly epidemic that can sweep entire families and devastate entire communities. If you are ready to put an end to that devastation, we are here to provide the support, guidance and care you will need.

We encourage you to pick up the phone today and [give Muse Treatment Center a call](#). We are dedicated to your success, and to the success of your spouse or partner. We want you to stay together, we want you to succeed and we want you to live a happy, healthy, and loving life when you return back home to Santa Monica, CA. Just give us a call today to talk about your situation with a caring counselor and learn more about the affordable and comprehensive treatment efforts we have to offer.